

Why "DO" Lent? How do I start?

Are you searching for something more? Tired of running in circles, but not really living life with direction, purpose or passion? It's pretty easy to get caught up in the drama of classes, relationships, family, and work. Our lives are filled with distractions that take us away from living a life with Christ. We try to fill the emptiness inside us with mindless TV, meaningless chatter, stimulants, alcohol, too many activities or other irrelevant stuff. We run away from life and from God. Lent is a great time to "repent" -- to return to God and re-focus our lives to be more in line with Jesus. It's a 40 day trial run in changing your lifestyle and letting God change your heart. You might try one of these practices for Lent:

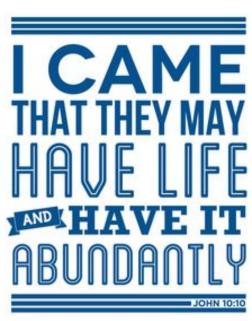
FASTING: Some people have been known to go without food for days. But that's not the only way to fast. You can fast by cutting out some of the things in your life that distract you from God. Some Christians use the whole 40 days to fast from candy, tv, soft drinks, cigarettes or meat as a way to purify their bodies and lives. You might skip one meal a day and use that time to pray instead. Or you can give up some *activity* like worry or reality tv to spend time outside enjoying God's creation. What do you need to let go of or "fast" from in order to focus on God? What clutters your calendar and life? How can you simplify your life in terms of what you eat, wear or do?

SERVICE: Some Christians take something on *for* Christ. You can collect food for the needy, volunteer once a week to tutor children, or work for reform and justice in your community. You can commit to help a different stranger, co-worker or friend everyday of Lent. Serving others is one way we serve God.

PRAYER: Christians also use Lent as a time of intentional prayer. You can pray while you walk, create music or art as a prayer to God, or savor a time of quiet listening. All can be ways of becoming more in tune with God.

Christians from many different traditions celebrate Lent. How will you use the time to grow closer to God?





You can now get a digital copy of this newsletter on our webpage at: http://www.dawsonumc.org/Newsletter.htm

We keep an archive of recent newsletters on the website so if you would like to look back at something from a couple of months ago you will be able to.

Weekly @ Dawson

Sunday - Sunday School @ 9:30 AM
Morning Worship @ 10:45 AM
Evening Worship @ 6:30 PM
Monday - All Scouts @ 7 PM
Tuesday - Bible Study @ 10 AM
Wednesday - Bible Study @ 5:45 PM
Choir @ 7 PM



This year we will offer two times when you can celebrate Ash Wednesday. On Wednesday February 18th at 9 AM and then in the evening at 7 PM. Pastor Greg will impose ashes at both service times.



If you haven't picked up your 2015 offering envelopes please do so and begin using them. They are on the table in Findley Hall.





Don't forget the Prayer Breakfast at Jimmy's Egg - Feb 12th @ 8:30 AM



Dear Friends in Christ,

Thank you very much for the hospitality and friendship you showed to The Armouraires during our visit last Saturday in Wichita. And thank you, also, for allowing us to share our ministry with you.



We as the Armouraires Quartet feel that our mission is to go where God leads and let the Lord use our personal testimonies and music to spread the Gospel of Jesus Christ. Your graciousness has allowed us to do just that.

God Bless you all. The Armouraires look forward to sharing with Dawson United Methodist again.

Andrew Wells, Jared Kannady,



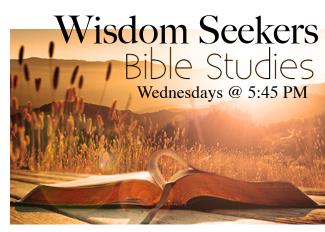
NEW ADDRESS

Ed Hutton 2300 N Tyler Road #223 Wichita, KS 67205

This is in the Reflection Ridge Retirement Community



Don't forget the 2nd Sunday potluck .. Feb 8th. It happens after morning worship. Bring a dish and stay for good food and fellowship.





MARCH NEWSLETTER DEADLINE

IF YOU HAVE ARTICLES OR INFORMATION THAT YOU WOULD LIKE IN THE FEBRUARY NEWSLETTER PLEASE HAVE THEM TO ME BY FEB. 25TH



NON-PROFIT ORG US POSTAGE PAID WICHITA, KS PERMIT NO. 702





I'M BANKRUPT WITHOUT LOVE. LOVE NEVER GIVES UP. LOVE CARES MORE FOR OTHERS THAN FOR SELF. LOVE DOESN'T WANT WHAT IT DOESN'T HAVE. LOVE DOESN'T STRUT, DOESN'T HAVE A SWELLED HEAD, DOESN'T FORCE ITSELF ON OTHERS, ISN'T ALWAYS "ME FIRST," DOESN'T FLY OFF THE HANDLE, DOESN'T KEEP SCORE OF THE SINS OF OTHERS, THE HEART REVEL WHEN OTHERS GROVEL. TAKES PLEASURE IN THE FLOWERING OF TRUTH, PUTS UP WITH ANYTHING, TRUSTS GOD ALWAYS, **ALWAYS LOOKS FOR THE BEST, NEVER LOOKS BACK,** BUT KEEPS GOING TO THE END.

LOVE NEVER DIES.









