

St. Mike's Cheer

2011-2012 Season

GOALS:

- Everyone is dedicated
- Work together as a team
- Be friends
- Be committed to the team
- Work hard and focus
- Go above and beyond expectations
- Show up to practice
- Do not be late
- Take something at State
- Have lasting friendships
- Enjoy the sport of cheerleading and have fun

GROUND RULES:

- No gossiping
- No cell phone or texting during practice, games, and cheer events
- Show up to practice with a positive attitude and forget what may have happened at school
- Focus
- Talk to Angela about any issue/concern (be open and honest)
- Get to know one another
- Smile all the time
- Have fun
- Be loud
- Be dressed and prepared for practice
- Cheer, Cheer, Cheer at games and functions (no talking – you have a job to do)
- Show respect to everyone
- Being late or missing practice may mean not cheering at a game/event
- Get along with everyone
- No fighting, name calling, backstabbing
- Perform to the best of your ability
- Be a proud dedicated cheerleader
- Always come prepared
- Practice, Practice, Practice (at home and school)
- Work hard
- Always have a pressed clean uniform and polished shoes
- Make cheer a priority
- All hair up when in uniforms
- Be positive
- No jewelry and clear nail polish
- Do things correctly
- Practice safe stunting; follow the rules