The Trojan Trumpet - Class of 1960 Quarterly

8th Edition

October, 2012

The Holidays are upon us - here's wishing you a Happy Holiday season, how ever you may celebrate it. May next year bring you more joy and happiness than last.

Happy Birthday Class of 1960,

On the evening of August 10th 2012, the class of 1960 celebrated their 70th birthday at the Station Bistro, in Auburn, WA.

More than seventy attended as we had 65 presigned and a number signed up at the door, which was highly welcomed. It was the best looking bunch of kids (oops) seniors that I've ever seen gathered in one spot, for once we all looked the same age, well almost.

The Owners of the Bistro were the best, in that they were personally involved with our function and the food was excellent and plenty. Our menu was a beef brisket, baked chicken, multiple salads and fruit plate, veggies, homemade bread rolls, and chips. What a great job planning and finding this venue. Lilith did an excellent job getting the cake ordered with the class photo applied. Our MC was Larry Martin, an excellent talent, - kept the party moving and he also did a heart felt tribute to our classmates that had already passed away. Keep in mind since our 50th reunion in August of 2010, we lost an additional 11 classmates, (7gals & 4 guys). This is an heart breaking statistic, which we all feel, as our class was always tightly associated.

We appreciate those classmates that came from out of town, and also those that came locally. Some we hadn't seen for a long while, and others that was their first visit. The pictures of the event were made possible by volunteerism of Larry Martin's Daughter and are posted on our website <auburnhighclassof60.com>. They are the true visual of our good time.

Our class is the only alumni class from Auburn High School, that has a scholarship program that offers four scholarship per year to graduating seniors from Auburn High Schools. At our event we collected over \$1400. in donations from our classmates that will be matched by an aynomous classmate, and all will go toward our scholarship fund. The "All Class Reunion" from Auburn donated \$350 in funds again this year to our program, which is greatly appreciated.

A few of our classmates drove their classic cars to the function, which added a bit of nostalgic spirit. We had a fantastic committee of volunteers that worked well together to bring this 70th birithday party to furition.

Determine Your Destiny, by Vot

Hey all It's that time again to voice your desires with your patriotic vote. This is one of the only opportunities we have to give our input in the direction we want our country, or lifestyle, to proceed. It's such a big country and so many votes, opinions, and people out there trying their best to sway voters. My point is read and study the issues - and vote your heart. Just don't sit back and let others decide what should happen to you. Voting is easy now days, you can do it from the comfort of your home, then send in your vote - but just VOTE, (all elections local or national).

If you don't vote - one guaranteed thing will happen, some new issue or candidate, will disgust you. In November remember to VOTE.

Thank You For Volunteering

Ever wonder who may have been involved in planning the event such as our 70th Brithday Party. Well this time we had a few new classmates show up to help, and we just want to take a moment, to recognitize each one of the volunteers that gave of their personal time to assure our class had such a wonderful event.

Starting with Susan (Meade) Tibeau our leader, Nancy (Fallert) Colson, Wendy Morgan, Monica (MIller) Saafeld, Larry Martin & daughter, Tom Pranger, Patricia (Sage) Givens, Kay (Holman) Evans, Byrdena (Hoover) Hammond, Cyndy (Gordon) Doll Lilith (Brown) Rambur, Denny Holt, Marlen (Colby) Jones, Larry Worden

Each person gave their knowledge, resourses, and time on multiple occasions to assure that our event came off with out a hitch. We just want to say "Thank You" to each and every one.

In the future when the call for volunteers goes out don't hesitate to answer the bell, as the rewards are gratifying working with these kids (loose term) that we have know for sooooo long. You know we just did not reach our peak in lending our talents till sometime after high school, and it's so fortunate that we can still reach out and they will come, to help. Thank you class of 1960 classmates and their families that gave them up for a short time.

Thank you.

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One last thought: "Holding a gruge, is letting someone live rent free in your head". --- You can't afford it.

Cucumbers ????? Cucumberscontain most of the ritamins you need every day, just one cucumber contains Vitamin B1, Vitamin B2, Vitamin B3, Vitamin B5, Vitamin B6, Folic Acid, Vitamin C, Calcium, Iron, Magnesium, Phosphorus, Potassium and Zinc.

- Feeling tired in the afternoon, put down the caffeinated soda and pick up a cucumber. Cucumbers are a good source of B Vitamins and Carbohydrates that can provide that quick pick-me-up that can last for hours.
- Are grubs and slugs ruining your planting beds? Place a few slices in a small pie tin and your garden will be free of pests all season long. The chemicals in the cucumber react with the aluminum to give off a scent undetectable to humans but drive garden pests crazy and make them flee the area.
- Want to avoid a hangover or terrible headache? Eat a few cucumber slices before going to bed and wake up refreshed and headache free. Cucumbers contain enough sugar, B vitamins and electrolytes to replenish essential nutrients the body lost, keeping everything in equilibrium, avoiding both a hangover and headache!!
- Looking to fight off that afternoon or evening snacking binge? Cucumbers have been used for centuries and often used by European trappers, traders and explores for quick meals to thwart off starvation.
- Out of WD 40 and need to fix a squeaky hinge? Take a cucumber slice and rub it along the problematic hinge, and voila, the squeak is gone!
- Just finish a business lunch and realize you don't have gum or mints? Take a slice of cucumber and press it to the roof of your mouth with your tongue for 30 seconds to eliminate bad breath, the phytochemcials will kill the bacteria in your mouth responsible for causing bad breath.

Health Tip For All

Water Is Good For The Heart? I asked my Doctor why do I and other people urinate so much at night time. Answer from my Doctor = Gravity holds water in the lower part of your body when you are upright (legs tend to swell). When you lie down and the lower body (legs and etc) seeks level with the kidneys it is then that the kidneys remove the water because it is easier. I knew you need water to help flush the toxins out of your body, but this was news to me. Drinking water at a certain time maximizes its effectiveness on the body:

Ideal time to drink water... Very Important, from your hearts point of view. (coffee, tea, & other liquids are not part this suggestion)

2 glasses of water after waking up - helps activate internal organs

1 glass of water 30 minutes before a meal - aids in digestion

1 glass of water before taking a bath - assist in lower blood pressure

1 glass of water before going to bed - guards against stroke or heart attack

I can also add to this... water at bed time will also help prevent night time leg cramps. Your leg muscles are seeking hydration when they cramp and wake you up with a Charlie Horse.

Think hydrate, hydrate, hydrate, 64oz daily is ideal.

Personal Profile Review,

It's been over two years since many of us have posted our profiles on the class website. Our classmates have used those profiles to renew acquaintances and reconnect with old friends, and some have just enjoyed reading what everyone else has been doing since high school.

It was always our intention to have classmates periodically up date their profiles as a way of keeping the class informed, on your activities, pictures, families, travel, and etc.

Well it's that time to review and update your profile. So let's redo and expound on your more recent experiences, like travel, grandkids, marriages, pets, bucket lists, commitments, pictures, and future plans.

We know that our classmates are reading the profiles from the exchanges that have happened. So lets take some time and update the profiles in the areas that we didn't respond to in the past.

No need to remove or delete the existing information, just add more current information. Thank you.

Also, one other point let's commit to make contact with at least one new person this year from your class and start some new dialogue, it could make a big difference in someones life.

Humor Section

Donation

Father O'Malley answers the phone.

'Hello, is this Father O'Malley?'

'It is!'

'This is the IRS. Can you help us?'

'I can!'

'Do you know a Ted Houlihan?'

'I do!'

'Is he a member of your congregation?'

'He is!'

'Did he donate \$10,000 to the church?'

'He will.

Female Dentist;

A man goes to a female dentist to have a tooth extracted.

She pulls out a numbing needle to give the man a shot.

"No way! No needles. I hate needles" the patient said.

The dentist starts to hook up the nitrous oxide and the man says:

"I can't do the gas thing. The thought of having the gas mask on suffocates me!"

The dentist then asks the patient if he has any objections to taking a pill.

"No objection," he says. "I'm fine with pills."

The dentist gives him a couple of pills.

He swallows them. "What are they?" he says. "Viagra," says the dentist.

"Dam," the patient says, "I didn't know Viagra worked as a pain killer."

"It doesn't" said the dentist,

"But it will give you something to hold on to when I pull your tooth."

Marriage Humor;

Wife: 'What are you doing?'

Husband: Nothing.

Wife: 'Nothing . . . ? You've been reading our marriage certificate for an hour.'

Husband: 'I was looking for the expiration date.'

Playing The Horses;

A man was sitting reading his papers when his wife hit him round the head with a frying pan.

'What was that for?' the man asked.

The wife replied, 'That was for the piece of paper with the name Jenny on it that I found in your pants pocket'. The man then said 'When I was at the races last week, Jenny was the name of the horse I bet on.'

The wife apologized and went on with the housework. Three days later the man is watching TV when his wife bashes him on the head with an even bigger frying pan, knocking him unconscious.

Upon re-gaining consciousness the man asked why she had hit again.

Wife replied. 'Your horse phoned'

A Communication Lesson...

I was in a pub last Saturday night, drank a few, and noticed two

very large women by the bar. They both had pretty strong accents, so I asked, "Hey, are you two ladies from Ireland?"

One of them chirped saying, "It's WALES, you friggin' idiot!"

So, I immediately apologized and said, "I'm sorry, are you two

whales from Ireland?"

That's pretty much the last thing I remember...

More Humor Continued.....

"The Gun Slinger"

An old prospector shuffled into the town of El Indio, Texas leading a tired old mule. The old man headed straight for the only saloon in town, to clear his parched throat.

He walked up to the saloon and tied his old mule to the hitch rail.

As he stood there, brushing some of the dust from his face and clothes, a young gunslinger stepped out of the saloon with a gun in one hand and a bottle of whiskey in the other.

The young gunslinger looked at the old man and laughed, saying, "Hey old man, can you dance?"

The old man looked up at the gunslinger and said, "No son, I don't dance... never really wanted to."

A crowd had gathered as the gunslinger grinned and said, "Well, you old fool, you're gonna dance now!" and started shooting at the old man's feet.

The old prospector, not wanting to get a toe blown off, started hopping around like a flea on a hot skillet.

Everybody standing around was laughing.

When his last bullet had been fired, the young gunslinger, still laughing, holstered his gun and turned aroun d to go back into the saloon.

The old man turned to his pack mule, pulled out a double-barreled 12 gauge shotgun and cocked both hammers.

The loud clicks carried clearly through the desert air. The crowd stopped laughing immediately.

The young gunslinger heard the sounds too, and he turned around very slowly.

The silence was deafening. The crowd watched as the young gunman stared at the old timer and the large gaping holes of those twin 12gauge barrels.

The barrels of the shotgun never wavered in the old man's hands, as he quietly said;

"Son, have you ever kissed a mule's ass?"

The gunslinger swallowed hard and said, "No sir... but...but I've always wanted to."

Baptismals

A minister was completing a temperance sermon.

With great emphasis he said, If I had all the beer in the world, I'd take it and pour it into the river.'

With even greater emphasis he said, 'And if I had All the wine in the world, I'd take it and pour it into the river.'

And then finally, shaking his fist in the air, he Said, 'And if I had all the whiskey in the world, I'd take it and pour it into the river.'

Sermon complete, he sat down...

The song leader stood very cautiously and announced with a smile, nearly laughing, 'For our closing song, Let us sing Hymn #365, 'Shall We Gather at the River.'

Smile? - life is too short not to !!

See you at the river!

Communication Gap

The wife left a note on the fridge "It's just not working, - I can't take it anymore!

Gone to stay at my Mom's."

I opened the fridge, the light came on and the beer was cold.

Not sure what she was talking about!

There are a few lessons for all of us here: *Don't be arrogant., *Don't waste ammunition,.

*Whiskey makes you think you're smarter than you are. *Always make sure you know who is in control.

*And finally, don't screw around with old folks; they didn't get old by being stupid.,

I just love a story with a happy ending, don't you?

Polish Golf Club -Championship

Milo and Stosh are standing on the 18th tee at their Polish Country Club. They are the final twosome in the Polish Country Club Championship and are tied for the lead. The 18th hole is a beautiful par four with a deep valley descending down to a dogleg right.

Both Milo and Stosh hit long, straight tee shots which disappear down into the valley. A short time later, the fore caddie appears at the top of the hill and announces that both balls are within a foot of each other, but there's a problem. Both of the golf balls are Titleist #4s.

Milo and Stosh look at each other and realize that they had not informed each other as to what kind of ball they were playing, nor its number. They quickly descend into the valley and, sure enough, their two Titleist golf balls are right next to each at the bottom of the valley in the middle of the fairway.

Stosh looks at Milo and says, "We had better get a ruling from a tournament official to straighten this out." "This is the Polish Country Club Championship and we don't want to be disqualified for making a mistake and hitting the wrong ball." "After all, we are tied for the lead."

Soon after, a rules official appears and examines the two #4 Titleist golf balls. He then looks up at Milo and Stosh and says,

"OK,

Which one of you is playing the Yellow Ball?

Have a wonderful Holiday Season, and a healthy New Year,
Don't forget - Get out and Vote.
See Ya, Next Year

About the South

Tennessee

A Tennessee State trooper pulled over a pickup on I-65. The trooper asked, "Got any ID" The driver replied, "Bout whut?"

Texas

The Sheriff pulled up next to the guy unloading garbage out of his pick-up into the ditch. The Sheriff asked, "Why are you dumping garbage in the ditch? Don't you see that sign right over your head."

"Yep," he replied. "That's why I'm dumpin' it here, 'cause it says: 'Fine For Dumping Garbage.' "

Y'all kin say whut y'all want 'about the South, but y'all never heard o' nobody retirin' an' movin' North.

Mississippi

The young man from Mississippi came running into the store and said to his buddy, "Bubba, somebody just stole your pickup truck from the parking lot!"

Bubba replied, "Did y'all see who it was?"

The young man answered, "I couldn't tell, but I got the license number."

Georgia

The owner of a golf course in Georgia was confused about paying an invoice, so he decided to ask his secretary for some mathematical help.

He called her into his office and said, "Y'all graduated from the University of Georgia and I need some help. If I wuz to give yew \$20,000, minus 14%, how much would you take off?

The secretary thought a moment, and then replied, "Everthang but my earrings."