



TAE KWON DO BELT REQUIREMENTS

14 TINY TIGERS WHITE	4 STEP MOVEMENT (WALKING) Front Kick Pass 1 Pushup Student Creed Terminology	
13 LITTLE DRAGONS WHITE w/Gold Stripe	4 STEP MOVEMENT (WALKING) Front Kick Pass 1 Pushup Student Creed Terminology	
12 Adv. LITTLE DRAGONS WHITE w/2 Gold Stripes & Neons	4 STEP SPARRING Front Kick Pass 3 Pushups Proper Behavior in the Dojang 1 Terminology	
13 WHITE	4 STEP SPARRING Front Kick Pass 5 Knuckle Pushups Proper Behavior in the Dojang 1, 2,3 Terminology	
11 GOLD w/White Stripe	HWA RANG #1 Side Kick Pass Sparring Form #1 3 Step Sparring (Adults) 5 Knuckle Pushups Proper Behavior in the Dojang 4,5,6 Terminology Front Kick Break	
10 NEON GOLD w/2 White Stripes	HWA LANG #1 Front Kick, Side Kick Pass Sparring Form #1 5 Knuckle Pushups Proper Behavior in the Dojang 7,8,9,10 Front Kick Break	

9 GOLD	HWA RANG #2 Turn Kick Pass Jump Front Kick Sparring Form #2 4 Step Sparring #2 (Adults) 10 Knuckle Pushups Moo Duk Kwon Principals 1,2,3 Terminology Side Kick Break	
8 GOLD w /Orange Stripe	HWA RANG #3 Turn Back Kick Pass Jump Side Kick Sparring Form #3 Sparring Pattern 1,2,3 Free Sparring #1 10 Knuckle Pushups Moo Duk Kwon Principals 4,5,6 Turn Kick Break	
7 ORANGE	HWA RANG #3 Turn Back Kick Pass Jump Side Kick All Sparring Forms Sparring Patterns 1,2,3 Free Sparring #1 10 Knuckle Pushups Moo Duk Kwon Principals 7,8,9,10,11 Jump Front Kick	
6 GREEN	CHUNG MU #1 Back Side Kick Pass Jump Turn Kick 12 Basics One Step Sparring #1 (Basic) All Sparring Forms Free Sparring #2 15 Knuckle Pushups Winning Characteristics 1,2,3 Terminology Turn Back Kick Break	

5 GREEN w/ Blue Stripe	CHUNG MU #2 Chasing Kicks Pass Jump Turn Kick 12 Basics One Step Sparring #1 (Basic) One Step Sparring #2 All Sparring Forms All Sparring Patterns Free Sparring #2 15 Knuckle Pushups Winning Characteristics 4,5,6 Terminology Jump Side Kick Break	
4 BLUE	CHUNG MU #2 All Standing Kicks Jump Turn Kick 12 Basics One Step Sparring #1 (Intermediate) One Step Sparring #2 All Sparring Forms Free Sparring #2 15 Knuckle Pushups Winning Characteristics 7,8,9,10 Terminology Standing Back Side Kick Break	
3 RED	CHUNG MU #3 Chasing Kicks 12 Basics Jump Turn Back Kick One Step Sparring #1 (Intermediate) One Step Sparring #2 All Sparring Forms Free Sparring #2 20 Knuckle Pushups Winning Characteristics (ALL) Terminology Jump Turn Kick Break	

2 BROWN	CHUNG MU #3 Chasing Kicks Pass 12 Basics Plus All Jumping Kicks One Step Sparring #1 (Advanced) One Step Sparring #2 All Sparring Forms Free Sparring #2 25 Knuckle Pushups Winning Characteristics (ALL) Terminology Moo Duk Kwon Principals (ALL) Jump Turn Back Kick Break	
1 PURPLE	HO BO ALL OF THE ABOVE	
1ST DAN BLACK	CHUNG MU #4 Koryo ALL OF THE ABOVE	

