

Betty Crocker SEARCH



for the
**American
Homemaker
of Tomorrow**

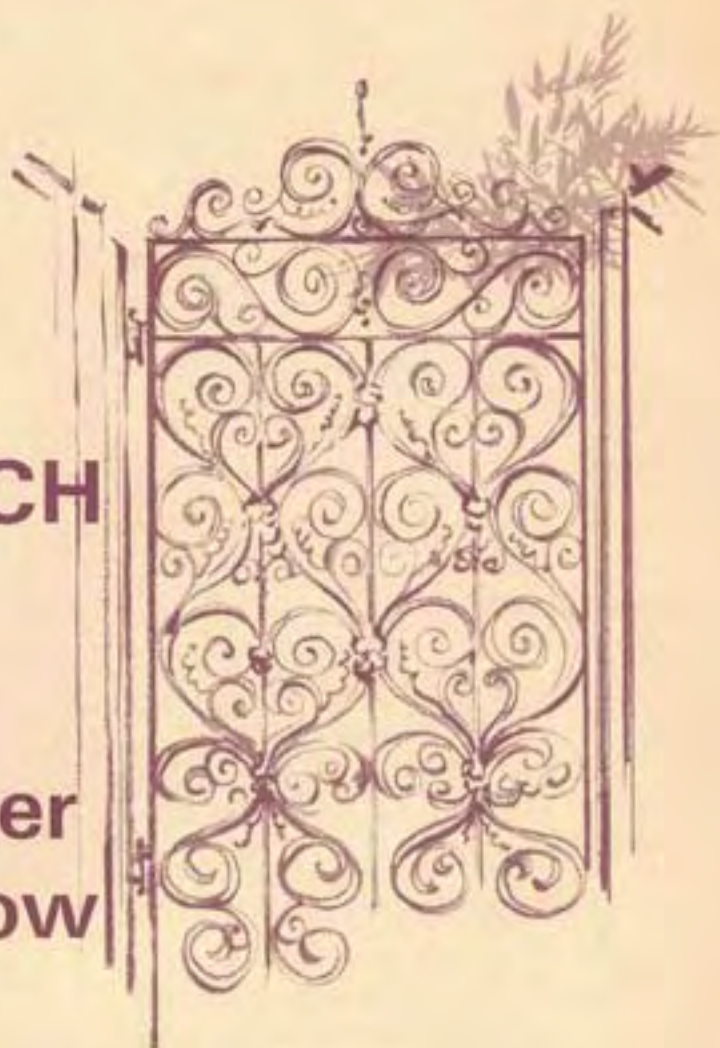
Knowledge and Attitude Test

The National Association of Secondary School Principals
has placed this activity on the Approved List
of National Contests and Activities for 1968-69.
For administration to high school senior (fourth-year) girls only.
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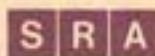


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Knowledge and Attitude Test

1. A mother should start making trips with her child to the library to get books for at-home reading when the child
 - A. begins to ask questions
 - B. enters kindergarten
 - C. begins to enjoy looking at pictures and hearing simple stories
 - D. has learned beginning reading skills at school
2. Which of the following household items can be used in making cookies, putting out grease fires, and cleaning nonaluminum pots and pans?
 - A. Cream of tartar
 - B. Baking powder
 - C. Cornstarch
 - D. Baking soda
3. A convenient and quick estimate of the quality of a school can best be made on the basis of which of the following?
 - A. Number of books in the library
 - B. Number of classrooms
 - C. Average salary of teachers
 - D. Pupil-teacher ratio
4. Which of the following foods is NOT common to the same country as the others?
 - A. Enchilada
 - B. Guacamole
 - C. Lasagna
 - D. Tamale
5. The function of a humidifier is to
 - A. add moisture to the air
 - B. remove moisture from the air
 - C. clean the air of dust
 - D. clean the air of pollen
6. Paraffin is used to
 - A. sterilize glass bottles and jars
 - B. preserve canned meats
 - C. intensify food color
 - D. seal containers used in preserving
7. Which of the following groups pays for the federal government's social security program?
 - A. Federal income-tax payers
 - B. Workers and employers
 - C. Retired workers
 - D. Widows and their dependents

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8. A sallow skin reflects which of the following skin tones?
- Red-violet
 - Red-orange
 - Orange
 - Yellow
9. Which of the following is NOT a nutritional disease?
- Cholera
 - Beriberi
 - Rickets
 - Scurvy
10. Mr. Sinclair has unexpectedly been dismissed by a company making economic cutbacks. Which of the following would be best for Mrs. Sinclair to do first?
- Get a job to support the family until Mr. Sinclair finds a job
 - Adopt strict money-saving measures and encourage Mr. Sinclair to look until he finds a job that suits him
 - Make social contacts that might result in job offers
 - Urge Mr. Sinclair to accept the first job offer if only as a stopgap measure
11. Which of the following statements implies an active concern for home safety?
- "The sin of omission is not necessarily a sin of commission."
 - "I am the powerless slave of my fate."
 - "An ounce of prevention is worth a pound of cure."
 - "I have enough troubles without looking for more."
12. Folding is to beating as simmering is to
- stirring
 - warming
 - blending
 - boiling
13. Pumice stone is used in personal hygiene to
- polish fingernails
 - file fingernails
 - smooth rough skin
 - massage tired muscles
14. Which of the following could best be substituted for a can of condensed cream of celery soup in a recipe for a casserole?
- One soup can of milk
 - One cup of medium white sauce
 - One package of dehydrated soup mix
 - One soup can of water
15. Mildew is a type of
- fungus
 - stain
 - spore
 - bacteria
16. In the manufacture of better dresses, hand sewing is done by the
- designer
 - finisher
 - patternmaker
 - operator
17. Of the following, the best reason for Sam to enter a two-year vocational-technical institute instead of a four-year college is that
- a vocational-technical institute is less expensive
 - the expected income for jobs requiring vocational-technical training is higher
 - the vocational-technical institute course of study takes less time to complete
 - Sam is interested in engineering at the sub-professional rather than the professional level

18. In the making of good coffee, it matters LEAST whether the
 - A. coffee maker is a certain type
 - B. amount of coffee is correct for the amount of water
 - C. grind of coffee is appropriate for the coffee maker
 - D. water is soft
 19. If the credit rate on a revolving charge account is $1\frac{1}{2}$ percent a month on the unpaid balance, what is the true annual rate?
 - A. 6%
 - B. 9%
 - C. 12%
 - D. 18%
-
20. Which man would most likely strive hardest to live up to his family and regional heritage?
 21. Which man would probably LEAST feel the need to justify his behavior to others?
 22. Which man would be most likely to be considered a nonconformist?
 23. Which man would be most likely to become wealthy by his own efforts?
 24. Which man, in another era in history, would most likely have believed in the divine right of kings?
 25. Which man would most likely identify with the individualism of Thoreau?
 26. Which man would probably be most prone to disregard the rights of others in achieving his goals?
 27. Which man would most likely accept a position because he regarded it as his duty to his social class?
 28. Which man would most likely attempt to influence political decisions in favor of the general welfare as opposed to his specific interests?
 29. As a student, which man would most likely have written papers he knew his professors would probably agree with?

Social values and way of life are mutually dependent. Men often behave differently under similar social conditions because they have different social values.

Four men—Abercrombie, Bolton, Culver, and Dudley—live in the same community but have different social values and essentially different philosophies of life. In answering Questions 20 through 29, assume that each man behaves and thinks consistently with his central social value, as stated below.

- A. Abercrombie: "One should do what he finds most satisfying in life."
- B. Bolton: "Helping other people is the noblest occupation."
- C. Culver: "Society and the individual are best served when everyone strives to raise his position."
- D. Dudley: "Every man's duty is to fulfill the responsibilities that heredity and background have given him."

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30. Which of the following is NOT an advantage of buying on credit?
- Carrying less money than otherwise when shopping
 - Using purchases while paying for them
 - Taking advantage of sales
 - Spending less money
31. Estrogen is a type of
- female hormone
 - protein
 - mineral
 - male hormone
32. Which of the following is a protective device built into modern home electric systems?
- Receptacle outlet
 - Circuit breaker
 - Mercury switch
 - Three-way switch
33. The scientific term for the outer layer of skin in vertebrates is
- corium
 - ectoderm
 - endoderm
 - epidermis
34. Which of the following meats can best be stored in a home freezer up to a year without serious deterioration?
- Sausage
 - Pork
 - Beef
 - Veal
35. The word *translucent* as applied to face powder means that the powder
- has a chalky white appearance
 - has a shiny finish
 - has a matte finish
 - diffuses complexion color
36. The "new sizing" in sewing patterns indicates that, compared with most moderately priced, ready-made clothes, patterns are now sized
- the same
 - a size smaller
 - a size larger
 - a half-size larger
37. Eligibility to participate in the U.S. Department of Agriculture National School Lunch Program depends in part on the agreement of a school to do all of the following EXCEPT
- use only government-surplus foods
 - serve at least one protein-rich food daily
 - serve at least one-half pint of milk per child daily
 - operate the lunch program on a nonprofit basis
38. Which of the following comes closest in meaning to this statement: "When you educate a man you educate an individual; when you educate a woman you educate a family"?
- Formal education is the best education.
 - A woman usually has more direct influence on the children's early lives than a man does.
 - A girl should prepare to become a wife and mother.
 - Girls have a more mature attitude than boys do toward education.
39. The lowest credit rates are usually given on loans for which of the following?
- A car
 - A vacation
 - Education
 - Bill consolidation
40. Which of the following features of outdoor play equipment presents the greatest potential hazard to young children?
- Swing frames constructed of heavy tubing
 - Slide steps tubular in shape
 - Swings hung on heavy-duty chains without S hooks
 - Slides constructed of stainless steel

41. A successful marriage is most usually marked by which of the following?
- A. Sharing of all interests
 - B. The absence of conflict
 - C. Sharing equally in all chores and responsibilities
 - D. Consideration for one's partner
42. Fabrics made of which of the following fibers could LEAST withstand frequent machine laundering?
- A. Cotton
 - B. Nylon
 - C. Glass
 - D. Rayon
43. If a spaghetti dinner for your family requires about 8 ounces of spaghetti, which of the following would be the most economical for you to buy?
- A. 1 lb. for 26¢
 - B. Two 7-oz. packages for 12¢ each
 - C. 8 oz. for 15¢
 - D. 12 oz. for 22¢
44. Of the following, the most common agent in poisonings among children under five is
- A. oven cleaner
 - B. aspirin
 - C. insecticide
 - D. sleeping pills
45. Which of the following is LEAST likely to be directly related to nutrition?
- A. Allergies
 - B. Anemia
 - C. Longevity
 - D. Nearsightedness
46. Which of the following types of health insurance does NOT provide protection against the cost of major illness by helping pay for health services?
- A. Medical-surgical
 - B. Major medical
 - C. Disability
 - D. Hospitalization
47. The nutrient most commonly accepted as the best indicator of the nutritional quality of a diet is
- A. vitamin C
 - B. calcium
 - C. iron
 - D. protein
48. Quarreling in marriage can be most constructive if it
- A. reveals the inner psychological defenses of each partner
 - B. makes it clear, early in marriage, which of the couple's differences are irreconcilable
 - C. tends to center on external issues, problems, and conditions rather than the personality of either partner
 - D. establishes who is right and who is wrong in each instance
49. Of the following, usually the best indicator of a child's future academic performance is his measured ability in
- A. arithmetic
 - B. reading
 - C. spelling
 - D. oral expression
50. Which of the following qualities does the polyester fiber contribute to cotton-polyester fabric blends, making them especially good for summer clothing?
- A. Heat resistance
 - B. Elasticity
 - C. Absorbency
 - D. Wrinkle resistance
51. Mary has had her brother and his family to dinner at her home several times, but her brother's wife has not invited Mary's family to their house for dinner. Of the following, the best alternative for Mary is to
- A. discuss the situation with her brother
 - B. wait until her family has been invited to her sister-in-law's before extending another invitation
 - C. invite her brother and his family to dinner whenever she wishes
 - D. suggest that her sister-in-law bring dessert the next time she comes to dinner

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The table below indicates the difference in costs between five convenience foods and their home-prepared counterparts.

COSTS PER SERVING OF CONVENIENCE AND HOME-PREPARED FOODS

	Serving size (ounces)	Purchased	Home-prepared
Beef dinner	11.0	59.0¢	45.0¢
Turkey dinner	12.5	59.0¢	22.3¢
Pizza	8.3	38.6¢	20.3¢
Hashed brown potatoes	3.9	6.7¢	3.7¢
Apple pie	4.7	8.2¢	6.2¢

SOURCE: U.S. Department of Agriculture, *The Food We Eat* (Miscellaneous Publication No. 870, rev. April 1967), p. 10.

Use the following alternatives to answer Items 52 through 57, which are based on the table above.

- A. The statement is true, according to the data presented.
 - B. The statement is probably true, but the data presented are not sufficient to show this.
 - C. The statement is false, according to the data presented.
 - D. The statement is probably false, but the data presented are not sufficient to show this.
52. The difference in cost between a convenience and a home-prepared pizza is greater than that between a convenience and a home-prepared turkey dinner.
 53. It costs about one-third more to buy ready-prepared apple pie than to make it at home.
 54. The homemaker who cooks a turkey dinner for four instead of serving four ready-prepared turkey dinners saves about \$1.50.
 55. Convenience makes little difference in consumers' choice of foods.
 56. The ratio of the cost of a ready-prepared pizza to the cost of a ready-prepared turkey dinner is about the same as the ratio of their respective serving sizes.
 57. Home-prepared turkey and beef dinners differ in cost largely because of the difference in price per pound of turkey and beef.

58. The best type of thread to use for ordinary sewing is
- A. plain cotton
 - B. silk
 - C. mercerized cotton
 - D. nylon
59. Which of the following is most important for a couple during their engagement period?
- A. Making lifetime plans
 - B. Getting to know future in-laws
 - C. Planning the wedding and honeymoon
 - D. Resolving conflicts
60. During which period of pregnancy are serious congenital malformations most likely to occur?
- A. Conception to 3 months
 - B. 3 to 5 months
 - C. 5 to 7 months
 - D. 7 to 9 months
61. Most psychologists agree that the most critical stage in the emotional and intellectual development of an individual is
- A. from birth to age six
 - B. between the ages of six and ten
 - C. during the preteen years
 - D. early adolescence
62. A Pap test is a test for
- A. diphtheria
 - B. cancer
 - C. tuberculosis
 - D. tetanus
63. If a 4-pound box of instant nonfat dry milk costs \$1.75 and makes 20 quarts of milk, what is the approximate cost of one cup (8 fluid ounces) of the reconstituted milk?
- A. 2¢
 - B. 4¢
 - C. 6¢
 - D. 9¢
64. Which of the following suggestions is most important when sewing with fabrics of man-made fibers?
- A. Straighten the grain.
 - B. Increase pressure of presser foot.
 - C. Press seam lines and details before fitting.
 - D. Test iron temperature on fabric sample.
65. The Peace Corps is to the world as VISTA is to
- A. South America
 - B. Central America
 - C. the United States
 - D. Appalachia
66. A six-year-old child is most likely to be oriented toward
- A. teacher and parents
 - B. peers
 - C. younger brothers and sisters
 - D. older brothers and sisters
67. Of the following, the best way to tell when oven-roasted meat is done is by
- A. external color
 - B. internal temperature
 - C. tenderness
 - D. cooking time
68. Which of the following courses would LEAST likely be taught at most YMCAs or YWCAs?
- A. Contract bridge for beginners
 - B. Interior decorating
 - C. Statistics for the social sciences
 - D. English for the foreign-born
69. The largest percentage of women likely to work after marriage when family responsibilities permit is to be found in the group that has pursued which of the following after high school?
- A. Secretarial training
 - B. Key punch training
 - C. Beautician training
 - D. Training for a profession

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70. Which of the following is the LEAST important recommendation for a doctor for your child?
- He is a specialist in children's development.
 - He has been a children's doctor for twenty years.
 - He is able to inspire trust in children.
 - He is on the staff of a good hospital.
71. A child can learn consideration for others when he is old enough to be aware of and understand
- his parents' example
 - verbal commands
 - manners and etiquette
 - others' needs
72. One pound is equal to two cups of which of the following foods?
- Uncooked macaroni
 - Butter
 - Dry, nonfat milk solids
 - Shelled walnuts
73. Which of the following is NOT a leafy green vegetable?
- Zucchini
 - Sorrel
 - Romaine
 - Escarole
74. Which of the following lenders offer the lowest range of interest rates?
- Small loan companies
 - Auto finance companies
 - Department stores
 - Credit unions
75. The process used in furniture finishing to make new woods appear old and timeworn is called
- polychroming
 - bleaching
 - distressing
 - highlighting
76. In order of number of calories from highest to lowest, how do the following snack foods compare?
- Ice cream ($\frac{1}{2}$ cup)
 - Soft drink (8 oz.)
 - Small banana
 - Ten potato chips (medium size)
- 1, 2, 3, 4
 - 1, 3, 4, 2
 - 1, 4, 2, 3
 - 4, 2, 1, 3
77. The process of slowly melting granulated sugar over low heat until it is brown is called
- blanching
 - caramelizing
 - crystallizing
 - glazing
78. Which of the following types of automobile insurance protects the insured against damage to his car resulting from fire, theft, or vandalism?
- Public liability
 - Collision
 - Property damage
 - Comprehensive
79. The period between initial exposure to a disease and development of symptoms is called
- incubation
 - communicability
 - quarantine
 - immunity

80. Mrs. Warren will be staying with her two grandsons while her daughter-in-law is in the hospital to have her third child. Mrs. Warren is a better housekeeper than her son's wife. During her stay, in addition to caring for the children, she should
- clean the house thoroughly
 - hire a cleaning woman to clean the house thoroughly
 - do only routine picking up, but plan to help her daughter-in-law manage better when she returns
 - do only routine picking up and not concern herself with her daughter-in-law's house-keeping standards
81. Ginny is matting a picture so that the top and side margins are to the bottom margin as 2 : 3. If she makes the bottom margin $2\frac{1}{4}$ inches, how many inches should she make the top and side margins?
- $1\frac{1}{4}$
 - $1\frac{1}{2}$
 - 2
 - $3\frac{3}{8}$
82. Which of the following oils contains the highest ratio of polyunsaturated to saturated fats?
- Safflower
 - Corn
 - Soybean
 - Peanut
83. Ideally, leisure is to living as
- frosting is to cake
 - work is to rest
 - part is to whole
 - reward is to work
84. If a family should not spend more than one-fourth of its income on housing, then a family with a yearly net income of \$12,000 should allow for housing no more than
- \$250 a month
 - \$300 a month
 - \$2500 a year
 - \$3500 a year
85. Which of the following is LEAST important in avoiding colds?
- Keeping your feet dry
 - Getting adequate sleep
 - Eating well-balanced meals
 - Avoiding contact with those who have colds
86. The meeting of a state's delegates at a national political convention to vote on a candidate for nomination is called a
- campaign
 - primary
 - debate
 - caucus
87. Which of the following best describes a well-adjusted person?
- One who avoids conflict
 - One who looks for the causes of each conflict
 - One who compromises when there is conflict
 - One who brings conflict into the open
88. Amy has chosen wall-to-wall carpeting that costs \$10 a square yard. The padding costs \$1.75 a square yard and installation is \$1.25 a square yard. How much will it cost her to carpet her $9' \times 12'$ bedroom?
- \$136
 - \$156
 - \$186
 - \$360

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89. What is the difference in meaning, if any, between the words *flammable* and *inflammable*?

- A. *Inflammable* means "noncombustible"; *flammable* means "combustible."
- B. *Flammable* means "noncombustible"; *inflammable* means "combustible."
- C. There is no difference; both mean "combustible."
- D. There is no difference; both mean "noncombustible."

90. If a two-year-old child sucks his thumb, his mother should

- A. check for reasons for unhappiness
- B. put a guard on his thumb
- C. distract his attention
- D. pay no special attention

STOP! DO NOT BEGIN DISCUSSION QUESTION UNTIL TOLD TO DO SO.

DIRECTIONS TO STUDENTS

This test concerns problems and situations encountered by typical young married people. The test has two parts: an objective section, for which you will be given 35 minutes; and a short discussion question, which you will be given 10 minutes to answer. This is a long test, and most of you will not finish all the questions in the time allowed. Work rapidly but carefully.

You may answer questions even when you are not entirely sure that your answers are correct. However, since your score will be based on the number of questions you answer correctly minus one-third the number of questions you answer incorrectly, you should avoid outright guessing. *Do not spend too much time on any one question.*

No credit will be given for anything written in the test booklet. You are to indicate all of your answers on a separate answer sheet. After you have selected one of the four answers suggested for each question, blacken the circled letter in the proper row of your answer sheet. Make your marks as large as you can without going outside the circles. If you are careful, you should be able to make satisfactory marks very quickly. Do not waste time trying to make very neat marks, but make sure each mark is heavy and black. Do not make any stray marks on the answer sheet. Use soft, No. 2 pencils only. You may use scratch paper in figuring the problems.

Most of the questions will be like the following. Directions for other kinds of questions will be given in the test booklet.

Sample Question

- S1. Dave's father is a vegetarian, so he will NOT eat
- A. breads
 - B. vegetables
 - C. meat
 - D. fruit

S1 A B C D

Give one and only one answer to each question; if you blacken more than one answer to a question, no answer to that question will be counted. If you wish to change an answer, erase your first mark completely before marking your new choice.

If you finish the objective section of the test before time is called, you may use the remainder of the time to look back over your answers on this section. *Do not* begin working on the discussion question until you are told to do so. You are to use a pen to answer the discussion question; do not use the pencil with which you have marked your answers to the objective questions. Look at the bottom of your answer sheet now to see where you are to begin answering the discussion question. Turn the sheet over to see where your answer is to be continued.

**DO NOT BREAK THE SEAL ON THIS TEST BOOKLET
UNTIL YOU ARE TOLD TO DO SO.**