

## Chapter 12 – Tracy Nogle



**Tracy Nogle**

### Personal

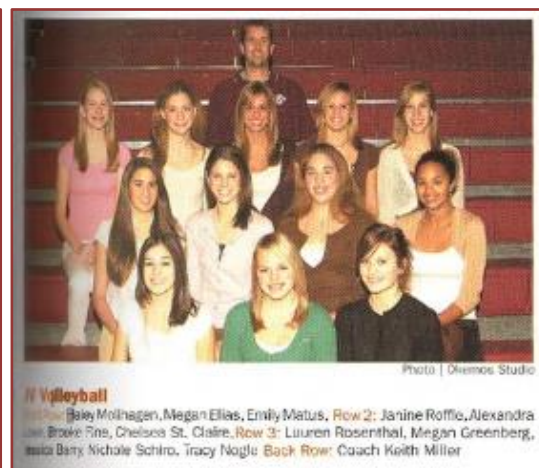
**Tracy Nogle** was born in Lansing, Michigan on March 9, 1991, to Carlton and Sally Nogle.

### Okemos High

**2005-06**



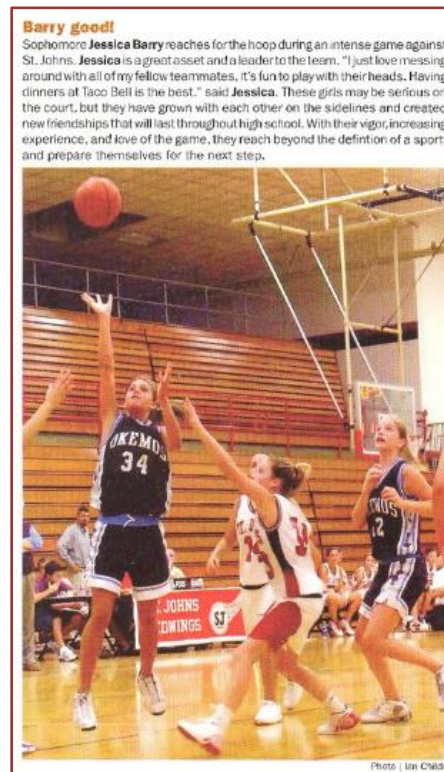
As a freshman, Nogle was on the freshmen soccer team, the JV volleyball team, and the Tom Schaberg-coached JV basketball squad.





**Tracy Nogle (#12)**

**Source: OHS *Tomahawk* (2006)**



**Tracy Nogle (#12) on Right**

**Source: OHS *Tomahawk* (2006)**

**2006-07**

As a sophomore, Nogle was on the Tom Schaborg-coached Varsity girls' basketball team, the JV girls' soccer team, and the Varsity girls' volleyball team,



### Varsity Girls' Basketball

Front Row: Ashlynn Schiro, Kim Rustem, Katy Cobbett, Elisa Miller, Kate Grady  
Back Row: Nicole Schiro, Lauren Rosenthal, Tracy Nogle, Whitney Turner, Brooke Fine, Jessica Barry, Emily Stoltz, Annie Garnett, Katherine Hsieh, Coach Shaeberg

### Scoreboard

L Howell	37:61	W E.R.	41:39
W Mason	52:22	W Everett	38:36
W Grand Ledge	46:41	W LCC	49:37
W St. Johns	40:34	W Jackson	46:38
W Sexton	58:55	L Holt	47:48
W East Lansing	60:54	W Eastern	48:40

Source: OHS *Tomahawk* (2007)

## ***Regular Season***

On August 31, 2006, in nonleague competition at **Howell**, the Chieftains lost, 61-37. Nogle had six rebounds and scored 10 points (0-1 on free throw attempts) ([Source](#)).

On September 5, in a nonleague game, Okemos (1-1 overall, 0-0 in CAAC-1 league play) defeated **Mason**, 52-22, with Nogle scoring six points on two baskets and 2-2 from the charity stripe ([Source](#)).

On September 7, in CAAC-1 league competition, Okemos (2-1, 1-0) toppled **Grand Ledge**, 46-41. Nogle scored 10 points (four field goals, 2-4 from the foul line) ([Source](#)).

On September 12, in nonleague competition, Okemos defeated **St. Johns**, 40-34, improving the Chieftains record (3-1, 1-0), with Noble scoring 10 points on five baskets ([Source](#)).

On September 14, Okemos (4-1, 2-0) topped **Sexton**, 58-55, with Nogle scoring two points on a field goal (0-1 on free throws) ([Source](#)).

On September 21, Okemos improved its season record (5-1, 3-0) by defeating **East Lansing**, 60-54, with Nogle scoring 12 points on three 2-point field goals, a 3-pointer, and 3-4 from the foul line ([Source](#)).

On September 26, with 4.7 remaining in the game, Nogle hit a jump shot to seal a 41-39 victory for Okemos (6-1, 4-0) over **Eaton Rapids**, with Nogle scoring a game high 14 points on five field goals (including a 3-pointer) and 3-4 on free throws ([Source](#)).

On September 28, "Tracy Nogle hit a field goal with 2.5 seconds left...to lift Okemos over **Everett** 38-36 in CAAC-1 play. Nogle scored seven points for the Chieftains (7-1, 4-0), adding 10 rebounds and two steals" ([Source](#)).

On October 3, Okemos (8-1, 5-0) downed **Lansing Catholic**, 49-37, with Nogle scoring 11 points on three 2-pointers and 5-10 on free throw ([Source](#)).

On October 5, Okemos (9-1, 5-0) topped **Jackson**, 45-38, with Nogle adding 10 points on four 2-pointers and 2-2 on free throws ([Source](#)).

On October 10, **Holt** defeated Okemos (9-2, 5-1), 48-47, creating a three-way tie between **East Lansing**, **Holt**, and **Okemos** for first place in the CAAC-1. Nogle scored 11 points on four field goals (including a 3-pointer) and 2-3 on free throws ([Source](#)).

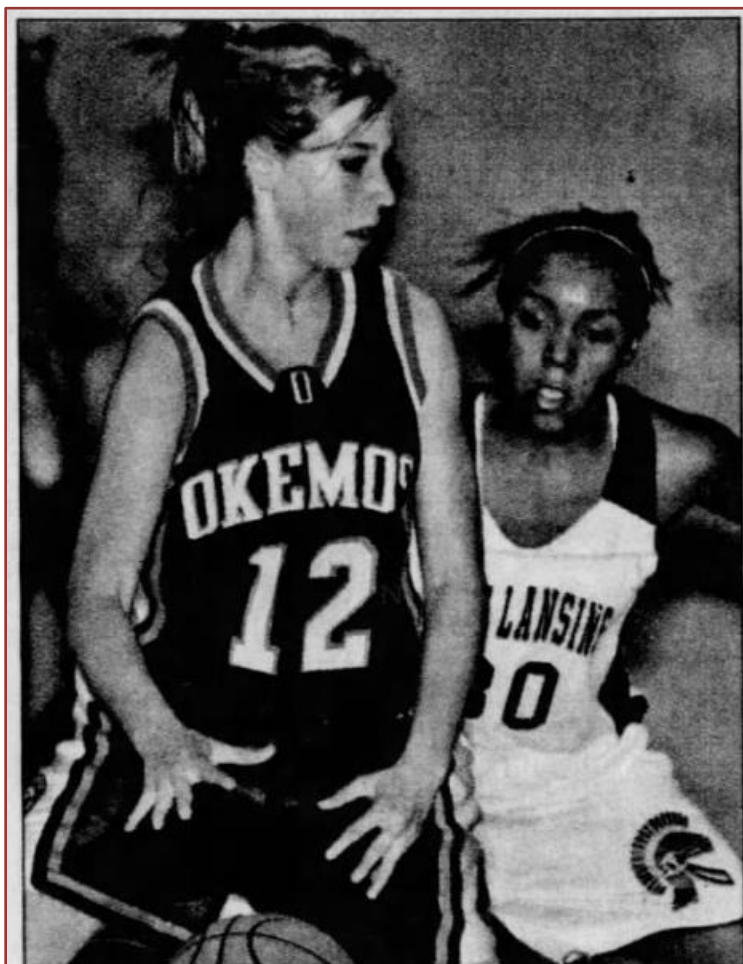
On October 12, Okemos (10-2, 6-1) defeated **Eastern**, 48-40, with Nogle contributing eight points on four field goals and 0-2 from the charity stripe ([Source](#)). With both **East Lansing** and **Holt** winning their games the same evening, the CAAC-1 continued with a three-way tie for first place.



On October 17, **Grand Ledge** downed Okemos (10-3, 6-2), 43-28, with Nogle chipping in four points on a field goal and 2-4 on free throws ([Source](#)). That same evening **Holt** fell to **East Lansing**, moving the Trojans into first place in the CAAC-1, with Okemos and **Holt** falling into a tie for second place.

On October 19, Okemos (11-3, 7-2) soundly beat **Sexton**, 50-38, with Nogle scoring ten points on four field goals and 2-3 from the foul line ([Source](#)). With both **East Lansing** and **Holt** winning the same evening, Okemos continued tied with **Holt** for second place in the CAAC-1.

On October 24, with **Holt** losing the same evening, Okemos (12-3, 8-2) moved into a first place tie by defeating **East Lansing**, 45-42. Nogle contributed eight pints on four baskets ([Source](#)).



KEVIN W. FOWLER/For the Lansing State Journal

**Chief Chieftain:** Okemos' Tracy Nogle (12) had eight points and seven rebounds to help defeat Victoria Lipscomb and East Lansing, 45-42.

On October 26, Okemos (13-3, 9-2) defeated **Everett**, 54-49, with Nogle scoring nine points on four field goals and 1-4 on free throws ([Source](#)).

On November 2, Okemos (14-3, 10-2) topped **Jackson**, 39-29, with Nogle scoring six points on three field goals ([Source](#)).

On November 7, while “Tracy Nogle...hit a 10-foot jumper as time expired in regulation to send the game to overtime”, **Holt** downed Okemos (14-4, 10-3), 48-41, in overtime ([Source](#)). This loss dropped Okemos into second place behind **East Lansing**, with the Trojans ultimately winning the CAAC-1 conference on a November 9 win over **Grand Ledge**.

On November 9, “Nogle had 14 of her 16 points in the first half” as the Chieftains beat **Eastern**, 57-47, improving Okemos’ record (15-4, 11-3). Nogle’s scoring came on seven field goals including two 3-pointers ([Source](#)).

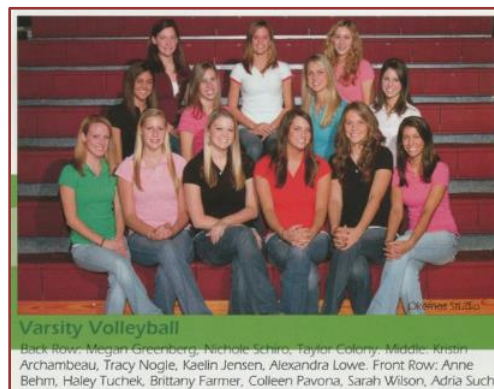
### ***Districts***

On November 13, Okemos (16-4) downed **St. Johns**, 37-29. Nogle scored 10 points on three field goals (including two 3-pointers) and 2-4 on free throws ([Source](#)).

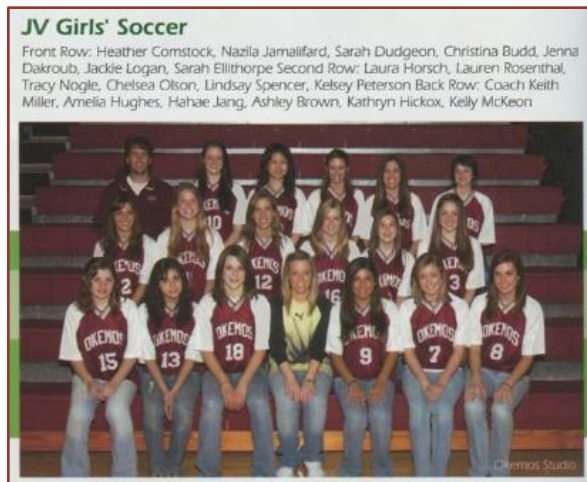
On November 15, Okemos (16-5) fell in the Class A district semifinal to **East Lansing**, 55-36. Nogle scored two points on a field goal and 0-1 on free throw attempts ([Source](#)).

### ***Laurels***

On December 16, the *Lansing State Journal* posted that Tracy Nogle and teammate Whitney Turner had been named to the CAAC-1 All League Team, teammates Emily Stolz, Nichole Schiro, and Katy Corbett as Honorable Mention ([Source](#)). On December 17, the *Lansing State Journal* reported that Nogle had been named Honorable Mention to the Class A All-Area Team ([Source](#)). During her sophomore year, Nogle was also a member of the Varsity volleyball and JV Girls’ Soccer teams.



**Source: OHS *Tomahawk* (2007)**



### The Magician

Leading the team in goals scored, Sophomore **Tracy Nogle** works her magic again to penetrate the box. Using her long lean legs she knocks the ball into the back of the net to secure a win.

Source: OHS *Tomahawk* (2007)

2007-08

Nogle's basketball season began in the spring with her participation on the Capitol City Express girls basketball team that finished fourth at the AAU U-15 State Championship and qualified for nationals (see articles below).

### Area AAU team takes fourth at state event

The Capitol City Express girl's basketball team finished fourth at the AAU U-15 State Championship, March 23-25 in Grand Rapids.

The team qualified for the AAU National Tournament, which will be held July 20-27 in Nashville, Tenn. CCE also will play in the Nike Tournament, which will be held July 13-15 in Chicago.

Team members include; Jennifer Jasinski of Grand Ledge, Maddie Estrada and Stecey Furgala of Mason, Whitney Turner and Tracy Nogle of Okemos, Kayla Stevens of Holt and Klarissa Bell, Alyson Epolito, Victoria Lipscomb, Kori Reinhart and Sami Tucker of East Lansing. The team is coached by Dan DeMartin, Pete Cool and Dan Doneth.

### Capitol City Express qualifies for nationals

The Capitol City Express (CCE) girls basketball team finished fourth at the AAU U15 State Championship, March 23-25 in Grand Rapids. CCE qualified for the AAU National Tournament with the win, to be held July 20-27 in Nashville, Tenn. CCE will also play in the Nike Tournament, which will be held July 13-15 in Chicago.

Team members include Jennifer Jasinski of Grand Ledge, Maddie Estrada and Stacey Furgala of Mason, Whitney Turner and Tracy Nogle of Okemos, Kayla Stevens of Holt and Klarissa Bell, Alyson Epolito, Victoria Lipscomb, Kori Reinhart and Sami Tucker of East Lansing. The team is coached by Dan DeMartin, Pete Cool and Dan Doneth.

Going into the 2007-08 season, the Lansing State Journal reported its preview of the Okemos Chieftain:

### **Okemos**

- **Last season:** 16-5, tied for second in CAAC-1
- **Coach:** Tom Schaberg, second season
- **Returning starters:** Whitney Turner (6-0 C) soph., Tracy Nogle (5-10 G) jr., Emily Stolz (5-7 G) sr., Nichole Schiro (5-9 F) jr., Lauren Rosenthal (6-1 F) jr.
- **Other contributors:** Brooke Fine (5-7 G/F) sr., Jessie Barry (5-10 F/C) sr.
- **Outlook:** Turner and Nogle made the all-league team last season and Stolz and Schiro earned honorable mentions. Turner and Rosenthal give Okemos one of the area's tallest frontcourts, although depth and consistency as a whole must improve.

### ***Regular Season***



On November 27, “Lauren Rosenthal and Tracy Nogle keyed an 8-0 run in the final four minutes...for Okemos [1-0, 0-0] in a 43-35 victory over **St. Johns**” in the non-league season opener ([Source](#)) in For the Chieftains (1-0) Nogle scored 13 points on four baskets and 5-6 on free throws.



On November 30, Okemos (2-0, 0-0) crushed **Owosso**, 56-25, with Nogle chipping in ten points on two field goals (both 3-pointers) and 4-4 from the charity stripe ([Source](#)).

On December 4, **Portland** downed Okemos (2-1, 0-0), 42-34, though Nogle contributed 10 points on four field goals and 2-2 on free throws ([Source](#)).

On December 7, Okemos (3-1, 1-0) defeated CAAC Blue opponent **Grand Ledge**, 41-29. Nogle scored 14 points on five field goals (including one 3-pointer) and 3-3 from the free throw line ([Source](#)).



### Bring it In

These Chieftains come to the middle of the court to make a plan for what to do next in the heated game against Grand Ledge.

**Tracy Nogle (#12)**

**Okemos High 2008 *Tomahawk***

On December 11, Okemos (4-1, 1-0) downed non-league opponent **Lansing Catholic Central**, 57-39, with Nogle leading Okemos with 24 points on nine field goals (including four three-pointers) and 2-2 on free throws ([Source](#)).

On December 14, **Holt** downed Okemos (4-2, 1-1), 36-33, with Nogle scoring eight points on three field goals and 2-4 on free throws ([Source](#)).

On December 21, the Chieftains (4-3, 1-1) suffered a non-league loss to **Waverly**, 57-50, in overtime. Nogle scored 11 points on four field goals (including a 3-pointer) and shooting 2-4 on free throws ([Source](#)).

On December 28, **Canton** downed Okemos, 39-34, with Nogle scoring 18 points on seven field goals and 4-4 on free throws ([Source](#)).

On January 8, Okemos (5-3, 2-1) downed **Everett**, 53-37, in CAAC Blue action, with Nogle scoring 13 points on four field goals and 5-5 from the charity stripe ([Source](#)). Two days later the *Lansing State Journal* reported that Nogle's average 4.0 assists per game had her in third place in the Greater Lansing Area ([Source](#)).

On January 11, Okemos (6-3, 3-1) defeated **Jackson**, 50-35, with Nogle contributing six assists, seven rebounds, and ten points on four field goals (including two 3-pointers) and 0-2 from the charity stripe ([Source](#)).

On January 15, Okemos (7-3, 3-1) topped **Jackson Northwest**, 56-43, in nonleague action, with Nogle scoring seven points on three field goals and 1-2 on free throws ([Source](#)).



**I Want In**  
Sitting on the bench,  
Seniors **Jessica Barry**,  
**Emily Stoltz**, and  
Juniors **Nicole Schiro**,  
**Lauren Rosenthal**,  
and **Tracy Nogle**  
anticipate getting some  
action in the game.

### **Okemos High 2008 Tomahawk**

On January 18, Okemos (8-3, 4-1) nipped **East Lansing** in overtime, 47-46, with Nogle scoring 14 points on five field goals (including a 3-pointer) and 3-4 on free throws ([Source](#)).

## Nogle's basket with 11 seconds left lifts Okemos, 47-46

LANSING STATE JOURNAL

EAST LANSING — Tracy Nogle scored 14 points, including the game-winning basket with 11 seconds left in overtime Friday to give Okemos a 47-46 victory over No. 2-ranked East Lansing in a CAAC Blue matchup.

Nogle also scored with 27 seconds left in regulation to tie the game at 41. East Lansing called a timeout but was not able to get off a shot, sending the game to overtime.

## Okemos girls upset No. 2-ranked Trojans

EAST LANSING — **Tracy Nogle** scored the game-winning basket with 11 seconds left in overtime to lift Okemos to a 47-46 victory over East Lansing. The loss was the first of the season for the host Trojans, who started the week as the No. 2-ranked team in Class A. Story and box score, Page 7C.



### Okemos Celebrates Its Victory over East Lansing

On January 22, Nogle scored 15 points as Okemos (9-3, 5-1) defeated **Eastern**, 55-47, those baskets coming on seven field goals and 1-3 on free throws ([Source](#)).



On January 25, Okemos (10-3, 6-1) topped **Holt**, 63-53, with Nogle nailed 14 of her team-high 17 points in the second half, scoring four field goals and 9-12 on free throws ([Source](#)).

On January 29, Okemos (11-3, 6-1) defeated **Mason**, 38-25, in a non-league game, with Nogle scoring seven points on three field goals (including a 3-pointer) and 0-0 on free throws ([Source](#)).

On February 1, “Tracy Nogle led Okemos with a game-high 19 points, including 15 in the second half, as Okemos pulled away from **Everett** for a 53-33 victory” ([Source](#)). Nogle’s points came on seven field goals (including at least one 3-pointer) and 2-2 on free throws ([Source](#)). The win upped the Chieftains’ record to 12-4 overall and 7-1 CAAC Blue.

On February 5, Okemos (13-4, 8-1) topped **Jackson**, 47-36, “Okemos guard Tracy Nogle missed the game with a sprained ankle and is not expected to play Friday when the Chieftains host the Trojans” ([Source](#)).

On February 8, **East Lansing** broke a first-place tie with Okemos atop the CAAC Blue, downing the Chieftains, 57-39, with “the Chieftains (13-5, 8-2)...without junior guard and lading score Tracy Nogle who is out with an ankle sprain and scored 14 points in last month’s upset [of the Trojans]” ([Source](#)).

On February 12, in a surprise win, **Eastern** earned its first victory in the CAAC Blue, downing Okemos (13-6, 8-3), 37-33, “who again played without injured leading scorer Tracy Nogle” ([Source](#)).

On February 18, the *Lansing State Journal* published an update on the area leaders in prep girls basketball scoring, assists, area standings, and final LSJ rankings.

SCORING				ASSISTS	
G	Pts.	Avg.			
Kellie Watson (Ionia)	15	284	18.9	Kelcey Campbell (Olivet)	7.8
Kayla Crockett (Stockbridge)	20	370	18.5	Kristin Kotarba (Williamston)	5.5
Brita Kuiper (Olivet)	20	325	16.3	Tiffany Daniels (Eaton Rapids)	4.9
Olivia Yarrell (Sexton)	18	283	15.7	Stephanie Pung (Portland St. Patrick)	4.1
Joni Miller (Haslett)	20	288	14.4	Kayla Galecka (Ovid-Elsie)	3.7
Lindsey Pettit (Portland)	20	284	14.2	Devin Munroe (Lansing Christian)	3.6
Hannah Rothney (Morrice)	20	280	14.0	Jackie Cousineau (Olivet)	3.5
Tonya Thelen (Fowler)	19	262	13.8	Jessica Peatross (Holt)	3.3
Alyssa Hansen (Lan. Christian)	17	231	13.6	Brittany Galloway (Waverly)	3.2
Courtney Kurnicz (St. Johns)	20	266	13.3	Kellie Watson (Ionia)	3.2
Deborah Hoekstra (Eastern)	20	263	13.2	Tracy Nogle (Okemos)	3.2
Tracy Nogle (Okemos)	13	171	13.2	Crystal Trowbridge (Bath)	3.1
Jasmine Woods (Holt)	20	265	13.2	Taylor Peruchietti (Waverly)	3.1
Rachel Reeves (Ithaca)	19	250	13.2	Amaya Ayers (Laingsburg)	3.0
Amanda Ackerman (Fowlerville)	19	246	12.9	Maddie Estrada (Mason)	3.0
Klarissa Bell (East Lansing)	20	256	12.8		



PREP GIRLS BASKETBALL				
Area standings				
CAAC BLUE	League		Overall	
	W	L	W	L
East Lansing	11	1	19	1
Okemos	8	4	13	7
Holt	6	6	10	10
Grand Ledge	6	6	9	11
Everett	5	7	10	10
Jackson	5	7	11	8
Eastern	1	11	2	18

Final LSJ rankings	
Class A-B	
1.	Portland (20-0)
2.	East Lansing (19-1)
3.	Waverly (17-3)
4.	Sexton (17-3)
5.	Haslett (16-4)
6.	DeWitt (16-4)
7.	Eaton Rapids (13-7)
8.	Okemos (13-7)
9.	Lakewood (12-8)
10.	Ionia (14-6)

### Districts

Going into the District Tournament, the *Lansing State Journal* published the following "District Capsules" project the potential for the teams playing in the tournament.

#### Class A at St. Johns

**The ranked:** No. 3 East Lansing (19-1), Sexton (17-3) honorable mention, Okemos (13-7) honorable mention.

**The rest:** Eastern (2-18), St. Johns (10-10), Howell (9-11).

**The lowdown:** East Lansing has the deepest collection of talent in the area and will be considered the heavy favorite after being highly ranked all year. But it won't be that easy. Sexton's only losses were twice to Waverly and once to Saginaw, and like the Trojans, the Big Reds like to run. Okemos isn't in this conversation unless leading scorer **Tracy Nogle** returns from an ankle injury. With her, the Chieftains handed East Lansing its only loss; without her, they've lost three straight including to then-winless Eastern.

**Potential upset:** Okemos over East Lansing in the final.

**Sleeper alert:** St. Johns

**Champion:** East Lansing

On February 18, "Tracy Nogle led all scorers with 16 points, helping lead Okemos past **Eastern** in the Class A district open at St. Johns" ([Source](#)). Nogle's points came on six field goals (including two 3-pointers) and 2-2 on free throws ([Source](#)).

On February 20, Okemos topped **Howell**, 58-51, in the Class A division semifinal at, with Nogle scoring 17 points on five field goals (including one 3-pointer) and 6-6 on free throws ([Source](#)).

On February 22, in the Class A District final, the Chieftains fell, 55-37, to **East Lansing**, the Trojans avenging their one-point loss to the Chieftains on Jan. 18. Nogle scored six points on two baskets and 2-2 on free throws ([Source](#)).



Scoreboard			
W	St. Johns	44	35
W	Owosso	56	25
L	Portland	34	42
W	Gr. Ledge	41	29
W	LCC	57	39
W	Holt	33	36
W	Waverly	50	57
L	Canton	34	39
W	Everett	53	37
W	Jackson	50	35
W	Jackson NW	56	43
W	E. Lansing	47	46
W	Eastern	55	47
W	Holt	63	53
W	Mason	38	25
W	Howell	58	51

**Front Row:** Lauren Rosenthal, Annie Garnett, Jessica Barry, Emily Stolz, Brooke Fine **Second Row:** Kelsey Behan, Nicole Schiro, Whitney Turner, Tracy Nogle, Morgan Brehm, Morgan Bailey **Back Row:** Coach Tom Schaberg

**Okemos High 2008 Tomahawk**

## Laurels

At season's end, Nogle garnered Class A All-State Honorable Mention ([Source](#)). The *Lansing State Journal* honored Nogle as a member of the Class A "Girls Basketball Dream Team."



## 2008-09

As a senior, Nogle was on the Varsity girls' basketball team as well as the Varsity girls' soccer team, and the Varsity girls' volleyball team.



Source: OHS *Tomahawk* (2009)

With 2008-09 open approaching, on December 2 the *Lansing State Journal* published its “Area Players To Watch” List (including Tracy Nogle) and its “Prep Preview” for Okemos as a CAAC Blue team.

<b>Tracy Nogle</b> <b>Okemos</b> <b>5-10 senior guard</b>  Nogle averaged 14.2 points and 3.2 assists last season, and her impact is spelled out in this example: With her, the Chieftains beat Class A state runner-up East Lansing. While Nogle was injured, they lost to then-winless Eastern. She earned an all-state honorable mention and has plenty of Division II interest.	<b>Okemos</b> ► <b>Last season:</b> 16-7, second ► <b>Coach:</b> Tom Schaberg, third season ► <b>Returning starters:</b> Whitney Turner (6-0 C) jr., Tracy Nogle (5-10 G) sr., Nichole Schiro (5-9 F) sr., Lauren Rosenthal (6-1 F) sr. ► <b>Other contributors:</b> Morgan Brehm (5-6 G) jr., Kristen Hull (5-9 G) jr., Hannah Hoffman (6-3 C) soph., Mackenzie Lawler (5-4 G) jr. ► <b>Outlook:</b> The Chieftains return four starters and some sizable players who should help them again contend. Nogle and Turner are two-time all-league selections, and Schiro earned an honorable mention last season.
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### **Regular Season**

On December 2, “Tracy Nogle tossed in 13 points to lead Okemos to a 38-24 win over nonleague foe **St. Johns**”, with Nogle scoring four baskets (including one 3-pointer) and hitting 2-5 from the free throw line ([Source](#)).

On December 5, Okemos (2-0), in an away game, crushed **Owosso**, 72-16, with Nogle scoring seven points on three baskets (including one 3-pointer) and 0-0 from the charity stripe ([Source](#)).

On December 9, the Chieftains defeated **Portland**, 50-40. “Tracy Nogle scored 16 of her 18 points in the second half to lead Okemos. Nogle had six steals to go along with her game-high 18 points” that came on seven field goals and 2-2 on free throws ([Source](#)).

On December 12, in a nonleague contest, Okemos downed **Northwest**, 56-36, with Nogle scoring 12 pints on three field goals and 6-9 on free throws ([Source](#)).

On December 16, Okemos downed **Lansing Catholic Central**, 56-40, with Nogle scoring 10 points on five baskets and 0-0 from the free throw line ([Source](#)).

On January 9, Okemos downed **Holt**, 62-48, in overtime, with Nogle scoring seven points on two field goals and 3-8 from the charity stripe ([Source](#)).

On January 13, Okemos crushed **Grand Ledge**, 70-40, with Nogle scoring 10 points on five field goals and 0-0 from the foul line ([Source](#)). As of January 15, Nogle was among the area leaders in assists in fourth place averaging 3.9 assists per game ([Source](#)).



On January 16, Okemos topped **Waverly**, 52-23. With Nogle scoring seven points on three field goals and 1-2 on free throws ([Source](#)).

On January 23, Okemos downed **Everett**, 58-31, with Nogle scoring 19 points on eight fields, including three 3-pointers, and 0-2 from the charity stripe, to lead undefeated Okemos to a CAAC Blue win ([Source](#)).

On January 27, Okemos doubled up on **Jackson**, 52-26, with Nogle leading all scorers with 23 points on 10 field goals including three 3-pointers ([Source](#)).

On January 30, **East Lansing** handed Okemos (10-1 overall, 4-1 in CAAC Blue) their first loss of the season, downing Okemos, 46-28, with only four Chieftains scoring, led by Tracy Nogle's nine points on four field goals and 1-2 on free throws ([Source](#)).

On February 3, the Chieftains were back on track, with Okemos downing **Eastern**, 63-40. Nogle had four steals, four assists, and 18 points on eight field goals (including two 3-pointers) and 0-0 from the free throw line ([Source](#)).

On February 6, **Holt** upset Okemos (11-2, 5-2), 56-42, with Nogle scoring 11 points on four field goals (including one 3-pointer) and 2-2 on free throws ([Source](#)).

On February 10, Okemos was back in the winning column, topping **Waverly**, 60-50, with Nogle scoring 17 points on five field goals and 7-7 on free throws ([Source](#)).

On February 13, Okemos crushed **Everett**, 65-39, with Nogle scoring eight points on three field goals (including two 3-pointers) and 0-1 on free throw attempts ([Source](#)).

On February 17, Okemos defeated **Jackson**, 60-37, with Nogle again scoring eight points on three field goals (including two 3-pointers) and 0-1 on free throw attempts ([Source](#)).

On February 20, **East Lansing** toppled Okemos, 56-33, to win the CAA Blue Division, with Nogle scoring only two points, shooting 2-2 from the free throw line ([Source](#)).



**Source: OHS *Tomahawk* (2009)**

On February 24, Okemos downed **Eastern**, 75-58, with Nogle scoring seven points on three field goals and 1-1 on free throws ([Source](#)).

On February 27, Okemos topped **Grand Ledge**, 55-48, with Nogle scoring 13 points on three field goals (including one 3-pointer) and 6-8 on free throws ([Source](#)).

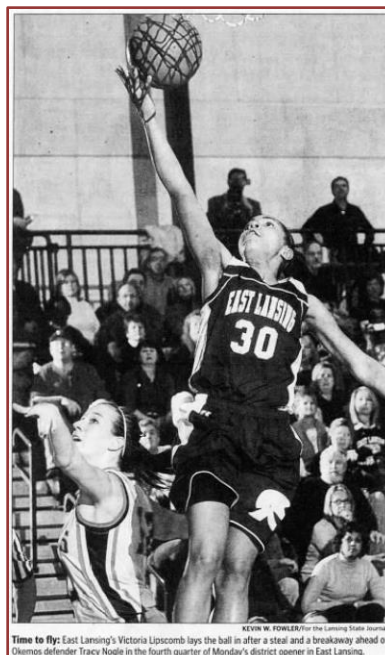


**Source: OHS Tomahawk (2009)**

On the Regular Season, the Chieftains had an overall record of 16-3, winning all their non-league games and losing only three games against CAAC Blue opponents, once to **Holt** and twice **East Lansing**.

### ***Districts***

On March 2, **East Lansing** downed Okemos, 59-44 in the opening game of the District Tournament. Nogle scored 15 points on six field goals (including two 3-pointers and 1-3 on free throws ([Source](#))). The Chieftains season ended with an overall 16-4 record.



## Laurels

On March 8, Tim Staudt of the *Lansing State Journal* announced his all-area girls basketball team, including **Tracy Nogle** of Okemos ([Source](#)). On April 13, the *Lansing State Journal* announced **Tracy Nogle** as a member of *LSJ*'s CAAC Blue All-League Team and as a member of the Class A All-Area Girls Basketball Dream Team ([Source](#)). By season's end, Nogle's assists average was 3.8 per game ([Source](#)).

<h3>CAAC Blue</h3> <p>Brenda Davis, Everett          LaTanya Thompkins, Everett          Jen Jasinski, Grand Ledge          Sami Tucker, East Lansing          Klarissa Bell, East Lansing          Victoria Lipscomb, East Lansing          Kori Reinhart, East Lansing          Jasmine Woods, Holt          Jessica Peatross, Holt          Deborah Hoekstra, Eastern          Whitney Turner, Okemos          Tracy Nogle, Okemos</p> <p><b>Honorable mention</b>—TiAnna Taylor, LaShay Bennefield (Everett); Jacque Cosgrove (Grand Ledge), Kelly Christopherson (Eastern), Zakiya Miniffee (East Lansing), Kayla Stevens, Lexi Kelly (Holt); Jaelynn Pryor (Jackson), Nichole Schiro, Lauren Rosenthal (Okemos).</p>	<h3>Tracy Nogle</h3> <p>Okemos          5-10 senior guard</p> <p>Nogle averaged 11.6 points and 3.8 assists per game in making the all-CAAC Blue team.</p> 
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## Star Citizens

The teachers of Okemos High School nominated 39 students for the Citizen of the Month Award and the recipients are chosen from that list based on specific qualifications. The recipients of those awards are honored at a dinner and given a scholarship in recognition of their accomplishments.

<h3>Rotary Awards</h3> <p>October: Nichole Schiro          November: Sophie Bright          December: Mallory Flanders          January: Jenna Chai          February: Julie Nguyen          March: Chloe Prince</p> <p><i>"Students are selected for the scholarships based on academics and their commitment to school and community service."</i></p>	<h3>69th District Citizenship Award/Mark Meadows</h3> <p>October: Alexandra Hayward          November: James Taggart          December: Tracy Nogle          January: Abby Wood          February: Sara Kim          March: Darby Dudley          April: Kevin Vermeesch          May: Kelsey Behan</p> <p><i>"Students are selected based on strong leadership within their schools and communities, mutual respect for others in the school community and exemplary hard work and responsibility in their school performance."</i></p>	<h3>Kiwanis Awards</h3> <p>November: Allison Findlay          December: Sue Li          January: Connie Shi          February: Joe Hanna          March: Lauren Frisch          April: Nishita Jain          May: Elizabeth Anderson &amp; Hemi Ghandi</p> <p><i>"Students are selected based on their citizenship, volunteer activities and community involvement and service."</i></p>
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Photo by Betty Gold and Elizabeth Anderson

Source: OHS *Tomahawk* (2009)



**Source: OHS *Tomahawk* (2009)**

### **Career Laurels at OHS**

Nogle was a three-year letter winner at Okemos High School. During her junior and senior years, she was team captain and most valuable player. Nogle was the 2008-09 recipient of the Michigan High School Athletic Association (MHSAA) Scholar-Athlete Award and the 2009 CAAC Senior Scholar-Athlete Award.

As a senior, Nogle was named Basketball Coaches Association of Michigan (BCAM) All-State honorable mention, while also being named Academic All-State. During her junior season, she was selected honorable mention All-State by the Associated Press, *Detroit Free Press* and *Detroit News*. Further, she was a three-time recipient of Capital Area Activities Conference (CAAC) all-conference as well as receiving all-academic recognition. Tracy was a three-time selection to the *Lansing State Journal* all-area team. She also lettered in volleyball and soccer at Okemos High School, garnering CAAC all-conference honorable mention recognition in both sports as a senior. Nogle also was named to the CAAC All-Academic team three times in volleyball and twice in soccer.



## **SPORT DIGEST**

### **PREP BASKETBALL**

## **All-Star game will be tonight at LCC**

The Mid-Michigan's girls basketball all-star game will tip off at 7 p.m. today at Lansing Community College's Gannon Gymnasium.

Tickets are \$5. The event is in its 19th year.

The teams are as follows:

North: Tiffany Daniels (Eaton Rapids), Tracy Nogle and Lauren Rosenthal (Okemos), Gabbi Simon (Portland St. Patrick), Alyssa Hansen (Lansing Christian), Sami Tucker and Victoria Lipscomb (East Lansing), and Krista Mashak (Dansville). Coach Rob Smith (East Lansing).

South: Brooke Adams (St. Johns), Amanda Ackerman (Fowlerville), Taelor Sanders and Breanna Kellogg (DeWitt), Stacey Furgala (Mason), Jen Jasinski (Grand Ledge), and Kayla Stevens and Jasmine Woods (Holt). Coach K.C. Keyton (Everett).

**Final Score: North (101) – South (66)**

**Tracy Nogle: 20 Points (for the North team)**

## Michigan State




**Tracy Nogle (#12)**

On October 13, the *Lansing State Journal* reported Tracy Nogle as a preferred walk-on to MSU's Women's Basketball Squad ([Source](#)). Nogle (5' 11") played four years for the Spartans, graduating from Michigan State in May 2013 with a degree in kinesiology, after which she continued her studies for an advance degree in medicine. Tracy has one brother, Bryce, who also is a MSU graduate. As of 2019, Tracy's mother, Sally, was in her 29<sup>th</sup> year working as an athletic trainer at Michigan State University.

**Tracy Nogle**  
**No. 12**

- **Height:** 5-11
- **Position:** Guard
- **Class:**  
Freshman
- **Hometown:**  
Okemos
- **Notable:**  
Daughter of MSU trainer Sally Nogle was a two-time captain and MVP for Okemos High.
- **Role:** Nogle, a walk-on, will try to help develop MSU into a contender this season by contributing on the scout team in practice. She'll see minimal playing time this winter but can shoot from 3-point range.





GUARD / 5'11"

12 TRACY NOGLE

FRESHMAN / OKEMOS, MICH. / OKEMOS

▶ FULL BIO

## 12 TRACY NOGLE



FRESHMAN  
5-11 • GUARD  
OKEMOS, MICH.  
OKEMOS

**HIGH SCHOOL:** A three-year letterwinner at Okemos High School for head coach Tom Schaberg ... Team captain and most valuable player as a junior and senior ... Named Basketball Coaches Association of Michigan (BCAM) All-State honorable mention as a senior, while also being named Academic All-State ... During her junior season, selected honorable mention All-State by the Associated Press, Detroit Free Press and Detroit News ... A three-time recipient of Capital Area Activities Conference (CAAC) all-conference and all-academic recognition ... Three-time selection to the Lansing State Journal all-area

team ... Also lettered in volleyball and soccer at Okemos High School ... Garnered CAAC all-conference honorable mention recognition in both sports as a senior ... Named to the CAAC All-Academic team three times in volleyball and twice in soccer.

**PERSONAL:** Born March 9, 1991 ... Daughter of Carlton and Sally Nogle ... Won the 2008-09 Michigan High School Athletic Association (MHSAA) Scholar-Athlete Award and the 2009 CAAC Senior Scholar-Athlete Award ... A kinesiology major.



## 2009-10 Schedule & Game Results

Nogle appeared in three games, scoring her first collegiate points with a jumper in the final minute against **Florida Gulf Coast** (12/13). She also saw action vs. **Washington** (12/19) and made her first collegiate 3-pointer vs. **Minnesota** (2/28). At the team's postseason banquet Tracy was the recipient of the Pat Canning Coaches Award.

### **2009-10 MSU WOMEN'S SEASON STATISTICS (33 games)**

## Name	GP-GS	Min	Avg	Total		3-pointers			Rebounds				PF	FO	A	TO	Blk	Stl	Pts	Avg	
				FG-FGA	Pct	3FG-FGA	Pct	FT-FTA	Pct	Off	Def	Tot									Avg
24 Schiffauer, Courtney	2-1	60	30.0	10-19	.526	8-13	.615	5-8	.625	3	12	15	7.5	6	0	8	1	1	0	33	16.5
41 DeHaan, Allyssa	33-32	779	23.6	128-308	.416	9-27	.333	86-104	.827	61	132	193	5.8	50	0	29	47	101	7	351	10.6
32 Keane, Kalisha	33-6	780	23.6	113-298	.379	48-139	.345	41-59	.695	29	101	130	3.9	72	4	84	81	10	56	315	9.5
30 Johnson, Lykendra	33-33	871	26.4	97-197	.492	22-66	.333	75-129	.581	96	154	250	7.6	108	6	45	74	34	53	291	8.8
22 Jefferson, Aisha	33-31	641	19.4	99-220	.450	9-31	.290	52-74	.703	42	84	126	3.8	68	0	39	64	9	15	259	7.8
45 Aitch, Lauren	33-1	562	17.0	90-193	.466	4-9	.444	58-93	.624	54	79	133	4.0	83	0	24	44	11	12	242	7.3
20 Thomas, Brittney	33-33	1032	31.3	82-194	.423	21-60	.350	55-70	.786	11	93	104	3.2	80	1	104	89	12	46	240	7.3
1 Thomas, Jasmine	33-14	684	20.7	76-213	.357	15-53	.283	38-48	.792	38	69	107	3.2	55	1	59	72	6	27	205	6.2
3 Poole, Porsche	32-0	475	14.8	56-125	.448	11-47	.234	24-40	.600	11	31	42	1.3	34	0	40	44	4	16	147	4.6
15 Washington, Cetera	33-14	541	16.4	28-94	.298	4-9	.444	13-36	.361	46	61	107	3.2	32	0	47	30	12	16	73	2.2
12 Nogle, Tracy	3-0	4	1.3	2-2	1.000	1-1	1.000	0-0	.000	0	0	0	0.0	0	0	0	0	0	0	5	1.7
25 Wilson, Taja	20-0	104	5.2	9-27	.333	0-0	.000	9-15	.600	9	16	25	1.3	15	0	4	10	3	4	27	1.4
33 Alton, Taylor	10-0	60	6.0	4-21	.190	4-18	.222	0-0	.000	5	4	9	0.9	2	0	3	5	3	1	12	1.2
2 Piechowski, Mandy	15-0	78	5.2	3-23	.130	3-21	.143	3-4	.750	1	3	4	0.3	5	0	9	2	0	3	12	0.8
50 Holmes, Jasmine	3-0	4	1.3	1-1	1.000	0-0	.000	0-0	.000	0	1	1	0.3	0	0	0	1	0	0	2	0.7
TEAM											58	62	120				9				
Total	33	6675		798-1935	.412	159-494	.322	459-680	.675	464	902	1366	41.4	610	12	495	573	206	256	2214	67.1
Opponents	33	6675		666-1887	.353	164-551	.298	476-688	.692	415	797	1212	36.7	595	11	309	575	88	277	1972	59.8

## 2009-10 Individual Game-by-Game Statistics: Tracy Nogle

Opponent	Date	GS	Min	---TOTAL---		---3-PTS---		-----REBOUNDS-----												
				FG-PGA	Pct	3FG-PGA	Pct	FT-FTA	Pct	Off	Def	Tot	Avg	PF	FO	A	TO	Blk	Stl	Pts
FLORIDA GULF COAST	12/13/09	1	1-1	1.000	0-0	.000	0-0	.000	0	0	0	0.0	0	0	0	0	0	0	2	2.0
WASHINGTON	12/19/09	0	0-0	.000	0-0	.000	0-0	.000	0	0	0	0.0	0	0	0	0	0	0	0	1.0
MINNESOTA	02/28/10	3	1-1	1.000	1-1	1.000	0-0	.000	0	0	0	0.0	0	0	0	0	0	3	1.7	
Totals.....		0	4	2-2	1.000	1-1	1.000	0-0	.000	0	0	0	0.0	0	0	0	0	5	1.7	
Games played: 3																				
Minutes/game: 1.3																				
Points/game: 1.7																				
FG Pct: 100.0																				
3FG Pct: 100.0																				

### **2010 (1-1) Kansas City Region (No. 5 Seed)**

First Round – Louisville, Ky. – March 20

W-No. 12 Bowling Green

Second Round – Louisville, Ky. – March 22


L-No. 4 Kentucky



**2010-11 (NCAA Second Round)**



2010-11

	<b>GUARD / 5'11"</b> <b>12 TRACY NOGLE</b>	<b>SOPHOMORE / OKEMOS, MICH. / OKEMOS</b> <a href="#">▶ FULL BIO</a>
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### 2010-11 Schedule & Game Results



**MSU's Tracy Nogle (left), Coach Suzy Merchant (middle) and Bryonna Davis watch and celebrate a Spartan 3-pointer during the second half of the Spartans' 63-56 victory over Michigan on January 9, 2011.**

Nogle played in six games, seeing action against **IPFW** (11/13), **Detroit** (11/21), **Iona** (12/12), **Dartmouth** (12/18), **Vermont** (12/21) and **Northwestern** (3/4) ... She hit a 3-pointer vs. **Iona** (12/12) and grabbed her first collegiate rebound. Her first career assist was made vs. **Dartmouth** (12/18). Tracy was named Academic All-Big Ten.

## 2010-11 SEASON STATISTICS (RECORD: 27-6)

Name	GP-GS	Min	Avg	Total		3-pointers		FT-FTA	Pct	Rebounds				A	TO	Blk	Stl	Pts	Avg
				FG-FGA	Pct	3FG-FGA	Pct			Off	Def	Tot	Avg						
Keane, Kalisha	33-33	1069	32.4	193-441	.438	71-197	.360	74-99	.747	38	127	65	5.0	75	91	16	79	531	16.1
Johnson, Lykendra	33-33	891	27.4	146-302	.483	20-60	.333	78-122	.639	133	162	295	8.9	55	88	44	79	390	11.8
Thomas, Brittney	33-33	1011	30.6	109-252	.431	13-37	.351	63-74	.851	33	69	102	3.1	96	99	8	56	294	8.9
Alton, Taylor	31-15	573	18.5	66-175	.377	48-130	.369	14-17	.824	40	39	79	2.5	18	26	1	20	194	6.3
Poole, Porsche	31-10	516	16.6	66-194	.402	29-80	.363	27-37	.730	8	40	48	1.5	37	49	3	13	188	6.1
Washington, Cetera	33-33	895	27.1	73-188	.388	7-28	.250	36-75	.480	88	121	209	6.3	57	56	25	45	189	5.7
Thomas, Jasmine	33-4	519	15.7	51-150	.340	8-30	.267	26-42	.619	23	46	69	2.1	45	59	0	21	136	4.1
Pickrel, Annalise	31-0	340	11.0	39-96	.406	6-18	.333	18-26	.692	27	48	75	2.4	14	128	17	7	102	3.3
Bell, Klarissa	28-0	347	12.4	29-81	.358	3-34	.147	7-14	.500	28	32	60	2.1	20	26	7	6	70	2.5
Davis, Bryonna	9-0	44	4.9	6-18	.333	4-10	.400	5-8	.625	0	4	4	0.4	2	4	0	1	21	2.3
Schiffauer, Courtney	25-4	269	10.8	27-73	.274	9-50	.180	9-11	.818	15	36	51	2.0	11	19	0	5	58	2.3
Smith, Kelsey	22-0	127	5.8	14-28	.500	0-1	.000	14-24	.583	13	21	34	1.5	7	12	9	4	42	1.9
Nogle, Tracy	6-0	13	2.2	1-4	.500	1-4	.250	0-0	.000	0	1	1	0.2	1	2	0	0	3	0.5
Holmes, Jasmine	6-0	11	1.8	1-3	.333	0-0	.000	0-0	.000	3	2	5	0.8	0	2	0	0	2	0.3
TEAM										61	71	132			6				
Total	33	6625		814-1976	.412	221-679	.325	371-549	.676	510	819	1329	40.3	438	574	130	336	2220	67.3
Opponents	33	6625		658-1691	.389	114-412	.277	392-560	.700	306	745	1051	31.8	302	640	86	257	1822	55.2

## 2010-11 Individual Game-by-Game Statistics: Tracy Nogle

Opponent	Date	GS	Min	---TOTAL---		---3-PTS---		FT-FTA	Pct	---REBOUNDS---				PF	FO	A	TO	Blk	Stl	Pts	Avg
				FG-FGA	Pct	3FG-FGA	Pct			Off	Def	Tot	Avg								
IPFW	11/13/10	1	0-0	.000	0-0	.000	0-0	.000	0	0	0	0.0	0	0	0	0	0	0	0	0	0.0
DETROIT	11/21/10	2	0-0	.000	0-0	.000	0-0	.000	0	0	0	0.0	0	0	0	0	0	0	0	0	0.0
IONA	12/12/10	2	1-1	1.000	1-1	1.000	0-0	.000	0	1	1	0.3	0	0	0	0	0	0	0	3	1.0
DARTMOUTH	12/18/10	4	0-2	.000	0-2	.000	0-0	.000	0	0	0	0.3	0	0	1	1	0	0	0	0	0.8
VERMONT	12/21/10	3	0-1	.000	0-1	.000	0-0	.000	0	0	0	0.2	0	0	0	1	0	0	0	0	0.6
vs Northwestern	03/04/11	1	0-0	.000	0-0	.000	0-0	.000	0	0	0	0.2	0	0	0	0	0	0	0	0	0.5
Totals.....		0	13	1-4	.250	1-4	.250	0-0	.000	0	1	1	0.2	0	0	1	2	0	0	3	0.5
Games played: 6																					
Minutes/game: 2.2																					
Points/game: 0.5																					
FG Pct: 25.0																					
3FG Pct: 25.0																					
Rebounds/game: 0.2																					
Assists/game: 0.2																					
Turnovers/game: 0.3																					
Assist/turnover ratio: 0.5																					

## 2011 (1-1) Dallas Region (No. 4 Seed)

First Round – Wichita, Kan. – March 20

W-No. 13 Northern Iowa

69-66

Second Round – Wichita, Kan. – March 22

L-No. 5 Green Bay

56-65



2011-12 (NCAA First Round)

2011-12



GUARD / 5'11"

12 TRACY NOGLE

JUNIOR / OKEMOS, MICH. / OKEMOS

► FULL BIO

## 2011-12 MSU WOMEN'S ROSTER

No.	Name	Ht.	P	Year	Hometown
0	Kiana Johnson	5-7	G	Fr.	Chicago
1	Jasmine Thomas	5-7	G	Jr.	Flint
3	Porsche Poole	5-8	G	Sr.	Canton, Ohio
4	Jasmine Hines	6-3	C	So.	Central Lake
11	Annalise Pickrel	6-3	F	So.	Grand Rapids
12	Tracy Nogle	5-11	G	Jr.	Okemos
14	Anna Morrissey	5-10	G	Fr.	Lincolnshire, Ill.
21	Klarissa Bell	5-11	G	So.	East Lansing
24	Courtney Schiffauer	6-1	F	R-Jr.	Boardman, Ohio
25	Akyah Taylor	5-11	F	Fr.	Elkhart, Ind.
30	Lykendra Johnson	6-1	F	R-Sr.	Chicago
33	Taylor Alton	5-11	G	Sr.	Highlands Ranch, Colo.
40	Madison Williams	6-7	C	R-Fr.	Berkley
52	Becca Mills	6-4	F	Fr.	Midland
54	Kelsey Smith	6-4	C	R-So.	St. Charles, Ill.







Tracy Nogle and Courtney Schiffauer goofing around during team photo shoot (September 2011)

### 2011-12 Schedule & Game Results

Nogle played in five games, scoring two points and grabbing a rebound in a career-high four minutes vs. **North Carolina A&T** (11/12), dishing out her first assist of the season and grabbing a rebound in four minutes in the Big Ten Tournament First Round vs. **Indiana** (3/1). She was the recipient of the Spartan Character Award and the Spartan Scholar-Athlete Award at the team banquet, and was Academic All-Big Ten.

### 2011-12 Individual Game-by-Game Statistics: Tracy Nogle

Opponent	Date	GS	Min	---TOTAL---		---3-PTS---		---REBOUNDS---										PF	FO	A	TO	Blk	Stl	Pts	Avg
				FG-FGA	Pct	3FG-FGA	Pct	FT-FTA	Pct	Off	Def	Tot	Avg												
vs North Carolina A&T	11/12/11	4	1-3	.333	0-2	.000	0-0	.000	1	0	1	1.0	0	0	0	0	0	0	0	0	0	2	2.0		
WESTERN MICHIGAN	11/17/11	2	0-0	.000	0-0	.000	0-0	.000	0	0	0	0.5	0	0	0	0	0	0	0	0	0	0	1.0		
OAKLAND	11/27/11	1	0-0	.000	0-0	.000	0-0	.000	0	0	0	0.3	0	0	0	0	0	0	0	0	0	0	0.7		
NEBRASKA	02/23/12	2	0-0	.000	0-0	.000	0-0	.000	0	0	0	0.3	0	0	0	0	0	0	0	0	0	0	0.5		
vs Indiana	03/01/12	4	0-1	.000	0-0	.000	0-0	.000	0	1	1	0.4	0	0	1	0	0	0	0	0	0	0	0.4		
Totals.....		0	13	1-4	.250	0-2	.000	0-0	.000	1	1	2	0.4	0	0	1	0	0	0	0	0	2	0.4		
Games played: 5																									
Minutes/game: 2.6																									
Points/game: 0.4																									
FG Pct: 25.0																									
3FG Pct: 0.0																									
Rebounds/game: 0.4																									
Assists/game: 0.2																									
Assist/turnover ratio: 99.9																									

#### 2012 (0-1) Raleigh Region (No. 10 Seed)

First Round – College Park, Md. – March 17  
L-No. 7 Louisville

55-67




2012-13 (NCAA Second Round)





2012-13



**GUARD** / 5'11"

**12 TRACY NOGLE**

**SENIOR** / OKEMOS, MICH. / OKEMOS

► FULL BIO



Click on above image for YouTube video of: "The sixth edition of the Suzy Merchant Show: Spartan Women's Basketball All-Access. In this episode, hear from Coach Merchant on the team's 3-0 start to Big Ten play, check out the living arrangements of several Spartans, and get to know junior Tracy Nogle [at 4:00, 7:35, and 8:20] and freshman Anna Morrissey." (Published Jan. 11, 2012)



**TRACY NOGLE**

Senior • Guard • 5-11 • Okemos, Mich./Okemos

**12**







## 2012-13 (NCAA Second Round)

### 2013 (1-1) Bridgeport Region (No. 5 Seed)

First Round – College Park, Md. – March 23

W-No. 12 Marist

55-47

Second Round – College Park, Md. – March 25

L-No. 4 Maryland

49-74

## Individual Career Statistics: Tracy Nogle

Year	GP-GS	Min/Avg	Total		3-Point		FT-FTA	Pct	Rebounds		PF-FO	Ast	TO	Blk	Stl	Pts/Avg
			FG-FGA	Pct	FG-FGA	Pct			Off-Def	Tot						
2009-10	3-0	4/1.3	2-2	1.000	1-1	1.000	0-0	.000	0-0	0	0.0	0-0	0	0	0	5/1.7
2010-11	6-0	13/2.2	1-4	.250	1-4	.250	0-0	.000	0-1	1	0.2	0-0	1	2	0	3/0.5
2011-12	5-0	13/2.6	1-4	.250	0-2	.000	0-0	.000	1-1	2	0.4	0-0	1	0	0	2/0.4
2012-13	11-1	40/3.6	5-8	.625	2-5	.400	0-0	.000	3-3	6	0.5	1-0	1	2	0	12/1.1
TOTAL	25-1	70/2.8	9-18	.500	4-12	.333	0-0	.000	4-5	9	0.4	1-0	3	4	0	22/0.9



Danyelle Morrow - Senior guard Tracy Nogle hugs head coach Suzie Merchant on March 3, 2013, at Breslin Center. MSU beat Wisconsin 54-48. Danyelle Morrow/The State News

## Big Ten Conference

During Nogle's four years as a Spartan, she helped MSU finish no lower than 3rd place in the **Big Ten Conference's** regular season, finishing 2<sup>nd</sup> in 2010, **1st in 2011**, tied for 2<sup>nd</sup> in 2012, and tied for 3<sup>rd</sup> in 2013.

2009-10		Big Ten		Overall	
		W-L	Pct	W-L	Pct
1.	Ohio State	15-3	.833	31-5	.861
2.	Michigan State	12-6	.667	23-10	.697
3.	Wisconsin	10-8	.556	21-11	.656
	Iowa	10-8	.556	20-14	.588
5.	Purdue	9-9	.500	15-17	.469
6.	Michigan	8-10	.444	21-14	.600
	Penn State	8-10	.444	17-14	.548
8.	Illinois	7-11	.389	19-15	.559
	Northwestern	7-11	.389	18-15	.545
	Indiana	7-11	.389	14-16	.467
11.	Minnesota	6-12	.333	13-17	.433

2010-11		Big Ten		Overall	
		W-L	Pct	W-L	Pct
1.	Michigan State	13-3	.812	27-6	.818
2.	Penn State	11-5	.688	25-10	.714
3.	Iowa	10-6	.625	22-9	.710
	Ohio State	10-6	.625	24-10	.706
	Michigan	10-6	.625	17-13	.567
	Wisconsin	10-6	.625	16-15	.516
7.	Purdue	9-7	.562	21-12	.636
8.	Northwestern	6-10	.375	19-14	.576
9.	Minnesota	4-12	.250	12-18	.400
10.	Indiana	3-13	.188	9-20	.310
11.	Illinois	2-14	.125	9-23	.281

2011-12		Big Ten		Overall	
		W-L	Pct	W-L	Pct
1.	Penn State	13-3	.812	26-7	.788
2.	Ohio State	11-5	.688	25-7	.781
	Purdue	11-5	.688	25-9	.735
	Iowa	11-5	.688	19-12	.613
	Michigan State	11-5	.688	20-12	.625
6.	Nebraska	10-6	.625	24-9	.727
7.	Michigan	8-8	.500	20-12	.625
8.	Minnesota	6-10	.375	19-17	.528
9.	Illinois	5-11	.312	11-19	.367
	Wisconsin	5-11	.312	9-20	.310
11.	Northwestern	4-12	.250	14-16	.467
12.	Indiana	1-15	.062	6-24	.200

2012-13		Big Ten		Overall	
		W-L	Pct	W-L	Pct
1.	Penn State	14-2	.875	26-6	.813
2.	Nebraska	12-4	.750	25-9	.735
3.	Michigan State	10-6	.625	25-9	.735
	Purdue	10-6	.625	25-9	.735
5.	Michigan	9-7	.563	22-11	.667
	Illinois	9-7	.563	19-14	.576
7.	Iowa	8-8	.500	21-13	.618
8.	Minnesota	7-9	.438	18-14	.563
	Ohio State	7-9	.438	18-13	.581
10.	Northwestern	5-11	.312	13-17	.433
11.	Wisconsin	3-13	.188	12-19	.387
12.	Indiana	2-14	.125	11-19	.367

## Big Ten Tournament

During Nogle's four years as a Spartan, MSU made it to the Semifinals of the **Big Ten Tournament** in 2010 and 2011, Quarterfinals in 2012, and the Final in 2014 ([Source](#)).

2010 (at Indianapolis, Ind. - Consecro Fieldhouse)	2011 (at Indianapolis, Ind. - Consecro Fieldhouse)
<b>First Round</b>	<b>First Round</b>
#7 Michigan 67, #10 Northwestern 54	#7 Purdue 66, #10 Indiana 62
#6 Penn State 63, #11 Minnesota 52	#11 Illinois 63, #6 Wisconsin 56
#9 Illinois 59, #8 Indiana 53	#8 Northwestern 53, #9 Minnesota 44
<b>Quarterfinals</b>	<b>Quarterfinals</b>
#2 Michigan State 61, #7 Michigan 50	#2 Penn State 73, #7 Purdue 61
#3 Iowa 82, #6 Penn State 75	#11 Illinois 55, #3 Michigan 47
#1 Ohio State 66, #9 Illinois 55	#1 Michigan State 56, #8 Northwestern 25
#4 Wisconsin 73, #5 Purdue 51	#5 Ohio State 71, #4 Iowa 61
<b>Semifinals</b>	<b>Semifinals</b>
#3 Iowa 59, #2 Michigan State 54	#2 Penn State 79, #11 Illinois 64
#1 Ohio State 82, #4 Wisconsin 73	#5 Ohio State 72, #1 Michigan State 57
<b>Final</b>	<b>Final</b>
#1 Ohio State 66, #3 Iowa 64	#5 Ohio State 84, #2 Penn State 70



<b>2012 (at Indianapolis, Ind. - Bankers Life Fieldhouse)</b> <b>First Round</b> #7 Michigan 68, #10 Illinois 53 #6 Nebraska 88, #11 Northwestern 56 #8 Minnesota 81, #9 Wisconsin 49 #5 Michigan State 97, #12 Indiana 68 <b>Quarterfinals</b> #2 Ohio State 57, #7 Michigan 48 #6 Nebraska 80, #3 Iowa 68 #1 Penn State 78, #8 Minnesota 74 #4 Purdue 73, #5 Michigan State 64 <b>Semifinals</b> #6 Nebraska 77, #2 Ohio State 62 #4 Purdue 68, #1 Penn State 66 <b>Final</b> #4 Purdue 74, #6 Nebraska 70 (2OT)	<b>2013 (at Hoffman Estates, Ill. - Sears Centre)</b> <b>First Round</b> #7 Iowa 60, #10 Northwestern 55 #11 Wisconsin 58, #6 Illinois 57 #9 Ohio State 58, #8 Minnesota 47 #5 Michigan 67, #12 Indiana 40 <b>Quarterfinals</b> #2 Nebraska 76, #7 Iowa 61 #3 Purdue 74, #11 Wisconsin 62 #1 Penn State 76, #9 Ohio State 66 #4 Michigan State 62, #5 Michigan 46 <b>Semifinals</b> #3 Purdue 77, #2 Nebraska 64 #4 Michigan State 54, #1 Penn State 46 <b>Final</b> #3 Purdue 62, #4 Michigan State 47
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## Women's NCAA Tournament

During Nogle's four years as a Spartan, MSU qualified each year for the **Women's NCAA Tournament**, with the Spartans winning their First Round game in 2010 against **Bowling Green**, 2011 against **Northern Iowa**, and 2013 against **Marist**, losing the First Round game only in 2012 ([Source](#)).

2010	First Round	Bowling Green	<b>W</b> 72–62
	Second Round	Kentucky	L 70–52
2011	First Round	Northern Iowa	<b>W</b> 69–66
	Second Round	Green Bay	L 65–56
2012	First Round	Louisville	L 67–55
2013	First Round	Marist	<b>W</b> 55–47
	Second Round	Maryland	L 74–49

## Michigan State in the Final National Polls

During the first two years that Nogle played as a Spartan, MSU finished the season ranked in the **Top 25 in the National Polls**, 24<sup>th</sup> in 2010 and 12<sup>th</sup> in 2011 ([Source](#)).

2009-10	AP	USA Today/WBCA	2010-11	AP	USA Today/WBCA
Ohio State	8	8	Michigan State	12	18
Michigan State	24	25	Maryland	16	23
			Ohio State	18	17
			Iowa	25	--

## Laurels

Nogle shot 50.0% (9-for-18) from the field in her career, appearing in 25 career games and totaling 22 points in only 70 career minutes. Tracy was three-time Academic All-Big Ten and the two-time recipient of the Pat Canning Coaches Award.



On March 13, 2013, Tracy celebrated her first time as a starter, along with her family and teammates.



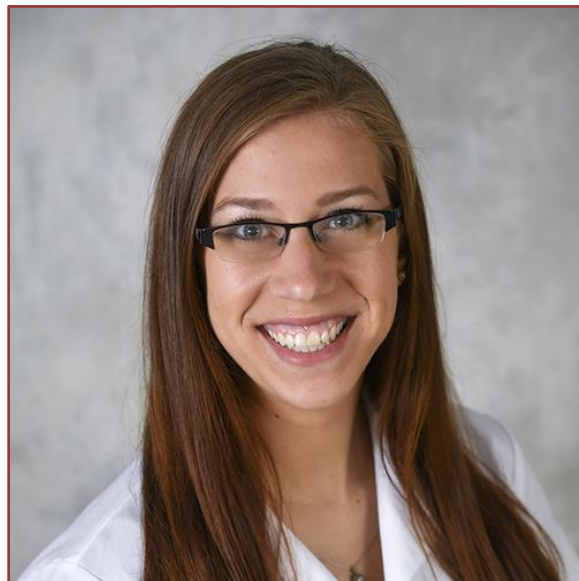
**The Nogle Family: Carlton, Tracy, Bryce, and Sally**



**Tracy (#12) & Senior Teammates Jasmine Thomas and Courtney Schiffauer  
Kiss Center Court at the Breslin Center Floor after the Senior Game**

### **After MSU**

Following graduation from Michigan State, Nogle continued her education as a Chief Resident at a hospital in Florida studying family medicine-osteopathic.



**Tracy Nogle, Chief Resident, Florida Hospital**



In 2019 Nogle married, became a mother and, in January 2020, posted on Instagram (see first post below) that, under MSU's Sports Medicine Fellowship program, she will return to MSU to work with her mother on a professional level.



## Looking Back

As the end of the MSU Women's 2012-23 season neared, the following [article](#) by Ryan Smith (MSU Athletic Communications Student Assistance) was published:

### Senior Features: Dream Fulfilled for Tracy Nogle

Posted: 3/1/2013 12:00:00 AM

by Ryan Smith, MSU Athletic Communications Student Assistant

As a kid, athletes across the country dream of one day playing for their favorite team in college. For senior guard Tracy Nogle, that dream came true when she walked onto the Michigan State women's basketball team her freshman year.

Growing up in Okemos, Nogle attended Michigan State camps and games, looking up to the girls on the team in hopes of one day being a Spartan. Now she is graduating after four years as a member of the Michigan State women's basketball program.

"It's been a dream come true to wear the Michigan State jersey," said Nogle. "Having that goal and dream as a young child and now living it means a lot to me. I know a lot of girls at a young age playing basketball have their idols that they look up to playing on different teams and sometimes it's a team from your area, so I have watched the girls that played here at Michigan State. To have them come back now that I am playing and to see them as alumni, it means a lot to think that I idolized them before and now I am one of them."



Fortunately, the dream doesn't end here for Nogle. In June, she will attend medical school at Michigan State, where she will pursue her goal to become a pediatrician. A big inspiration in her life has been her family. Her mother, Sally Nogle is in her 29th year of work at Michigan State as an athletic trainer and has been big influence on her.

"What I am going in to has a lot to do with her," said Nogle. "Growing up and always being around medicine, I have always been interested in the body. I didn't always want to be a doctor; my first dream was to be a teacher since my dad and aunt were in teaching. I thought I was going to be an elementary teacher, but as I got into schooling, I really enjoyed the sciences and anatomy. Seeing what my mom was doing every day was really inspiring so I wanted to do that.

"It is really nice having my mom just up the street at the football building. With her profession being an athletic trainer and her knowledge of the body, when I get stuck with my classes, it's always good to be able to go to her since she is such a brilliant lady."

In high school, she excelled as a three-sport athlete, earning varsity letters in volleyball, basketball, and soccer. A three-year letter winner in basketball, Nogle was the team captain and MVP in her junior and senior seasons to go along with being named all-state honorable mention her final two seasons.

On top of her athletic achievements, Nogle graduated high school with high honors in the classroom, earning Academic All-State honors as well as being a three-time recipient of Capital Area Activities Conference all-academic recognition. The balancing act between schoolwork and basketball is not easy, but is nothing new for Nogle who has been doing it her entire life.

"I don't think I ever had to think about choosing one over the other," said Nogle. "It was always which to do first. If I had to finish my homework before practice, then that is what I had to do. Being on a time schedule made me get my stuff done. Playing sports throughout high school, you know that you have to get your work done before practice because you're going to be tired after. Doing both has never been a problem. Basketball has always given me an escape from studies."

Her academic achievements continued once she was in college. Despite the heavy workload and long hours devoted to basketball, she has earned Academic All-Big Ten honors in both her sophomore and junior seasons.

"It has definitely been challenging and there have been times where I have been stressed out but I think it is something if you put your mind to it, you can do it," said Nogle. "I just have to prioritize school and practice before other things. It's been hard but I have had the support of family close by, the coaching staff and my teammates as well supporting me through the whole thing."

Nogle took advantage of opportunities presented to her outside of the classroom. In addition to a resume filled with good grades and being a Division I athlete, she has been

getting first-hand experience working with and shadowing doctors and physicians on the medical staff at MSU.

"I think that in the end, basketball has actually gotten me to where I am today," said Nogle. "With the resources I have gained from being on the team and the fact that being involved with a group of people who are doing something that requires a lot of time and discipline, medical schools take that into consideration when accepting applicants."

Nogle sites the people that she has surrounded herself with as a big contributor to allowing her to excel in multiple high stress areas.

"Support from my teammates has been unbelievable," said Nogle. "I can't even begin to explain it. Getting that feeling of accomplishment, even if it didn't go well, knowing that people care is huge. Seeing everyone and the support that I have had this whole time, going back to people that were here my freshman year that took me under their wing, I would not have been able to do it without my teammates and coaches."

And while Nogle has been positively impacted by those closest to her, head coach [Suzy Merchant](#) recognizes what Nogle has done for others.

"I think that Tracy has been such a valuable part of our program," said Merchant. "Her value doesn't show up on a stat sheet, but it means a lot to our team. She is fun, outgoing and engaging. She is very focused on the game plan and helping coach her teammates and she brings a lot of energy. I don't think there is a better ambassador to Michigan State and I don't know if there is a better MSU women's basketball ambassador than Tracy Nogle."

Nogle will continue to be a positive representative for Michigan State off the court when she attends medical school and pursues her career to be a pediatrician.

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In early 2019, with the assistance of Sally Nogle (Tracy's mother), I was able to get in touch with Tracy to share a draft of this chapter and ask if she could "look back" and share memories of her basketball and academic careers at Okemos High and Michigan State. My questions and Tracy's responses are presented below.

**How young were you when you started to play basketball, when did you decide to play basketball at OHS, and when did you begin to think you wanted to and could play basketball at MSU – and what factors influenced you at each point along the way?**

*I started playing basketball in 3rd grade. I was fortunate to grow up in a household where early exposure to sports was important and our weekends often consisted of playing a sport/game as a family.*

*My sophomore year in high school is when I truly started looking at my college career, but it was not until my junior year, when we arranged official to different universities, that I began understanding what I wanted out of college. At that time, I was playing for a strong AAU team, CCE, and we qualified for Nationals. I was also attending showcases where college recruits were present. I was receiving letters of interest from a variety of smaller D1 and D2 schools, and I began to really think about what I wanted my college career to look like. After going on some “official visits” during my junior year, I realized my desires for college were focusing around a University that could also provide me a pre-medical career path. With this in mind, I began to consider the role of a walk-on in order to complete my education at a larger D1 University than those D1 and D2 schools that were interested in me, and what better school than Michigan State.*

**In what ways did your former coaches at OHS (Tom Schaberg) and MSU (Suzy Merchant) help you to improve your skills and IQ as a basketball player?**

*My coaches helped me improve my skills and IQ as a basketball player in many ways. From on-the-court coaching to watching film, they were always finding ways to get us to think about the game. An interesting, and useful, concept that both of my coaches encouraged our team to practice was “imagery and visualization” which is mentally rehearsing aspects of your performance without physically performing those aspects. Not only did my coaches help improve my skills and IQ as a player, but they helped me become a better person on and off the court and I am thankful that.*

**What were the biggest challenges in basketball transitioning from high school-level competition to university-level competition?**

*The hardest challenge in transitioning from the high school-level to the university-level is not only the size and speed of the competition, but also the change in role most athletes experience in coming out of high school. Most recruits were top athletes on their high school teams but at the university level they now have to play with and compete against a pool of athletes who also are amongst the best. At that time, it is difficult for a lot of college athletes to go from “star player” to “role player.” This was something I had to learn to process quickly, especially as a preferred walk-on; that is, I was “on the team” but not as a “star player” but rather as a “role player.” Although a challenge, it was also a fire that pushed me to become the best in that role and strive to reach my goals.*

**What were the most exciting moments of your basketball career at (a) OHS and (b) MSU?**

**OHS** – I always loved playing against East Lansing. They were a fantastic team and challenged us to play our best. Not only were they our “rivals” but I also had many friends on the team that I played with in AAU or other sports, and it created a fun environment in which to compete.

**MSU** – One of the most exciting moments in my career at MSU was when our team won the Big Ten Title in 2011. I also enjoyed being a part of the Big Ten Tournament and NCAA tournament each year.

**Which parts of your OHS and MSU academic careers (i.e., courses, teachers, non-sports extracurricular activities) do you feel contributed the most to your personal and professional development?**

*As most know, OHS is a fantastic academic school and I am forever grateful for the experiences I gained in high school that prepared me for my college level courses and beyond. Aside from academics, my time playing sports and being a part of basketball, volleyball, and soccer teams aided in my personal and professional development. Sports parallel the “real world” in so many ways, and provide a sense of teamwork essential for any career, especially my career in medicine. This is also reflected in my time playing basketball at Michigan State. The challenges I faced helped me practice and master time management, discipline, perseverance, and facing adversity. Beyond sports, community service provided personal development and allowed me to help make a difference off the court.*

**What other memories do you feel are significant as you “look back” on playing basketball for OHS and MSU?**

*The most significant memories looking back on my career at OHS and MSU are the memories I have of those who surrounded me. The friendships and relationships that develop when you are “in the trenches” with your fellow team mates make a team a family. As athletes, we may not remember the layup we missed in game 1 or the 3-pointer we made to start game 7, but we will remember the way we felt winning a Big Ten Championship and the memories we made with our team mates during our career. I have friendships that will last a lifetime, strategies to face adversity, and memories I will cherish forever.*

**Where are you at now in your medical studies and what career in medicine do you plan to pursue?**

*I am currently one of the Chief Residents of my Family Medicine Residency at Advent Health East Orlando which I will graduate from in June of 2020. At that time I plan to explore a one-year fellowship in Sports Medicine, followed by pursuing a career as a sports medicine physician in a University setting.*



Tracy's answer to this last question provides a bit of insight that her mother, Sally Nogle, longtime athletic trainer at Michigan State, likely had as a "role model" for Tracy throughout not only her basketball career but also as she now pursues her dream of becoming a practicing physician in sports medicine. Indeed, it might not be long before we see Tracy at some university treating the on-field or on-court injuries of football players, basketball players, and other athletes, perhaps even coming back someday to Michigan State University. After all, once a Spartan, then a Spartan for life!



**The Nogle Family off the Court and on the Gridiron**

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