

THE JOHN ADAMS TOWER

Volume XXXV Number 15

John Adams High School

Friday, April 18, 1975

Jam Cancelled From Lack of Funds

What Killed the Space Jam?

Saturday night, April 12th, WSJA planned to sponsor its first rock concert, **Space Jam, J.A.**

Two of South Bend's leading bands were selected to play, **Isaiah and The Cool People**. A third band, **Crystal Orbit** volunteered to fill in. A variety of music was to be played, from synthesized hard rock to soul.

The Jam would have cost WSJA about \$500.00. This amount is more money than any school organization has ever spent for any activity other than proms. A breakdown of expenses for your information is as follows: \$40-Janitors, \$20-Policeman, \$250-Isaiah (lowered price), \$200-Cool People, Crystal Orbit free for publicity. Strobe lights and mirror balls were donated. Four teachers were also willing to be on hand and chaperone the event.

A lot of hard work went into planning. Tickets and posters were made, people contacted, contracts signed, being hassled by higher authorities, and all sorts of mind frying details to work out. If any

one has been through this sort of thing, you know it's not easy.

The staff members of WSJA did have help in some advertising by two local rock stations and a huge concert size sound system was to be donated.

Because the So. Bend School Corp. has a rule saying that in order to put on any event, it must pay for itself in advance, tickets were pushed ahead of time. Many students interested in going to the

planned to get them at the door. As a result few tickets were sold and we had to cancel the Jam.

What happened has killed a lot of other things besides the Space Jam. When people put a lot of hard work into creating something and then watch their plans destroyed by the apathy of the student body of John Adams H.S. it is frustrating to say the least.

If this Space Jam had been a success and well attended by the students, there were plans to push for full size rock concerts.



Rick Ball (l) and Barb Keith (r), winners of four-year corporate-sponsored Merit scholarships. Photo/Vic Tyler

Merit Scholarships Awarded

Two John Adams students, Richard Ball and Barbara Keith, have been awarded four-year corporate-sponsored Merit Scholarships.

The winners of these scholarships must have achieved Finalist standing in the PSAT/NMSQT competition. The scholarships are sponsored by corporations, often where a parent of the winner is employed. Rick's scholarship is funded by Bendix Corporation and Barb's by Uniroyal.

Rick plans to use his scholarship at Purdue University, Lafayette, to

study engineering. Barb will major in journalism at Indiana University in Bloomington. To retain the renewable awards, the Scholars must make normal academic progress from year to year and maintain good academic and disciplinary standing at their college.

This is the first of three announcements of Merit Scholarships. The second on April 23, will announce winners of National Merit \$1000 Scholarships, and the third, April 30 will announce the college-sponsored four-year Merit Scholarships.



Three members of the 1974-75 basketball squad were recently named to post-season honorary teams. Val Martin was named to the A.P. All-State first team and the U.P.I. All-State first team. The senior also placed on the All-NIC Conference team. Senior Glen Sudhop was voted to the U.P.I. All-State first team and the A.P. All-State second team. He was also named to the All-NIC Conference first team. Junior Andy Harris was named to the All-State Honorable Mention team for the second consecutive year. He also was voted to the All-NIC Conference second team. Photo/B. Zutter.

BAND AND ORCHESTRA ARE BUSY THIS SPRING

April and May are always busy times for the band and the orchestra, and this year is no exception. Three concerts have taken place this past week--the Notre Dame Jazz Festival, Jazz Soundsations, and the annual Spring Band Concert--and many others are planned for the next few weeks.

The Concert Band, Wind Ensemble, and Lab Jazz Band will be taking an overnight trip to Fraser, Michigan (a suburb of Detroit) on April 22-23. While in Michigan, the bands will play a concert at Fraser High School and visit the Henry Ford Museum at Dearborn, Mich. The trip is part of an exchange program through which the Fraser band will be coming to South Bend sometime next year.

All of the junior and senior high school orchestras in South Bend will combine their talents for Orchestra Day on April 25. The program will feature a wide variety of music, with a different conductor for each piece. The concert will take place in the John Adams auditorium at 7:30 and will be free.

On Saturday, April 26, the Concert Band and the Wind Ensemble will perform at the state band contest. The contest will last the entire day at Washington High School and is open to the public.

The orchestra will play the background for the spring musical, "Music Man," which will be held on May 8, 9, and 10. Also scheduled for May is the orchestra concert at I.U.S.B. on the 20th.

Ride a Bike for Retarded

On Sunday, April 27, 1975, the Indiana State Teacher's Association and the Indiana Association for Retarded Citizens will co-sponsor a charity project entitled Ride a Bike For the Retarded. Participants in this project will ride a bike up to 30 miles after having collected sponsors who agree to donate a pre-specified amount per mile biked. After the ride, the participants can collect the donations from their sponsors by showing them their checkpoint cards which will be marked along the route at 5-mile intervals. All proceeds from this project will be given directly to the Indiana Association for Retarded Citizens.

Any students who are enthusiastic about this idea are encouraged either to sponsor their friends who are going on the ride, or to plan on going themselves. Anyone interested may phone Logan Center (289-4831) for further details.

B.C.S. Offers Scholarship

The Black Cultural Society is sponsoring a scholarship for all students in the Black Cultural Society or Black Awareness. The criteria for applying is that the student has or is in the process of making definite plans to attend college or some type of post-high school institution. Anyone interested may pick up an application in the guidance office. The deadline for all applications to be in is April 25, 1975.

Help Given For Runaways

In the next few weeks, a program named "Operation Peace of Mind" will go into effect in thirty-seven states including Indiana. The program's purpose is to alleviate the anxiety of parents who have lost contact with a runaway child.

The way in which "Operation Peace of Mind" hopes to help is by organizing a 24-hour runaway hotline service which originates in Houston, Texas.

Any runaway can call a toll-free number (1-800-231-6946) and leave a message for his or her parents. When doing this, however, he must give certain personal identification so that the parents can be positive that it is their child who has called and not an imposter.

As a result of the message, hopefully the parents will gain some peace of mind in knowing that their child is still alive and safe. The parents then have the option of leaving a message for the child in case he or she should phone the hotline service again.

Many think that the hotline will be used as a way to track down and apprehend a runaway. The program emphatically stresses, however, that it is in no way a detective bureau but that its sole purpose is to act as a means of communication between a parent and runaway child. The messages will not be interfered with in any way!

The problem of runaways is often overlooked even though it is extensive. Statistics show that 6% of all American youths run away from home for some reason or another. While the usual runaway is about 16 years old and female, calls so far have involved people varying in age from eight to thirty.

The problem is made even worse because the runaways are living in a violent and dangerous society. In fact, the program is an indirect result of a 1973 mass murder in which 27 young boys, most of them runaways, were sadistically tortured and murdered in Texas. The Governor of Texas, as a result of the suffering of the parents who wondered if their children were among those slain, initiated the program.

The movement has spread and now is a nationwide effort trying to alleviate some of the suffering which is involved in a runaway situation.

Even though its main advertising campaign will take place in late April, the program is already underway. By using media such as radio, television, and billboards to try to urge runaways to re-establish contact with their parents, Operation Peace of Mind seeks to end the agony of parental uncertainty.

Chess Club Tries for State

Having placed fourth in the regional competition, the John Adams Chess Club is eligible to compete for the state chess team title. The team, consisting of Vernon Cloud, Wayne Warren, Joe Ross, and Hugh Featherstone, will travel to Indianapolis for the state tournament on Saturday, the 19th of April.

Whatever happened to leadership conferences?

When a man gives his word to another man, he has an obligation to keep it or lose his credibility. And when a government fails to see its obligation to the people, it has exploited the trust of those who have elected its representatives. In early October of last year, we elected the members of the Student Government under the impression that it, which took a year to reorganize and improve itself, would promote good for the students.

On a Tuesday morning of last October, thirty students left John Adams to attend a leadership conference held at the Associates Corp. building across the street from Adams. After a day-long session being briefed by three leaders of the community, including Mr. Przybysz, the students returned, supposedly enlightened to the ways of leadership. Mr. Przybysz, Mr. Hadaway, and those who attended were enthusiastic about the seminar and hopeful to see more this year. Well, what ever happened to the leadership conferences?

Questioning members of the Student Government brings non-committal responses ranging from, "it was a little bit of the fault of everybody" to just "I don't know" with the blame frequently placed upon administrative red tape. Yet, not one member of the Student Government has even asked Mr. Przybysz about the possibility of having another conference.

When the Student Government had the chance to reach out to more students by involving more than a select group in activities such as the conference, it failed to meet its obligation to the students. For a democratic government, this is not a good representation. The Student Government's problem of losing trust and backing cannot be overcome by blundering and inactivity. Ironically, student apathy was one of the topics listed by students on a gripe list compiled by the government earlier this year.

Perhaps looking out from the Student Government is not where to find lack of interest. The government has enough of its own. It may be late in the year to plan for events for April and May, but together all of us must look to next year and promises for more action and election of a more active Student Government. Maybe then more students can be involved in similar activities as the leadership conference, and maybe all of us will be better served.

Christopher McCraley

Student Speaks Out on Marijuana

In view of the large number of arrests made for marijuana possession reported in the South Bend Tribune, I decided to write this article. All that I intend to do is point out a few facts that may clarify the situation for those not familiar with it.

1.) Each of the widely publicized reports claiming marijuana user's loss of memory, possible sterilization of males, and unnatural emotional states, have been disproved by later, more thorough experiments with a less sensationalistic attitude (see Consumer Report Mar. '75).

2.) Most people arrested for possession or usage by the police are not criminals, or even dropouts; they are college and high school students, almost all with no previous record. For those over 18, this means an arrest record, which is fun to have if you want a job. Is it worth someone's being labelled as having had 'past problems with the law', just to keep up a facade of righteousness?

3.) Most of the people arrested

are not dealers. Rather, they are arrested with small amounts of pot, obviously intended for their private consumption. A law reducing penalties for possession of small amounts of pot to parking ticket levels (mail in a small fine) would be one possible alternative to our present situation, although pot smoking would have to be regulated in public places as should cigarette smoking.

And yes, for those of you who were wondering, I am heavily biased in favor of the decriminalization of marijuana, although not necessarily for its legalization. I don't want any friend of mine to have a criminal record.

The Black Cultural Society has selected its outstanding female and male members for the 1974-75 school year. This year the group chose Darlene Turner and Bruce Spann as its two outstanding senior members. This decision was based on the members' participation in the organization. Also, how well the person achieved in the effort to make all of John Adams aware of Black culture, history, and problems, was used as a basis for the choice. Darlene Turner and Bruce Spann will each be presented a plaque at the Senior Awards Assembly for receiving this honor.



Recently the Black Awareness club elected officers. These are the organization's first officers, since the club was just newly founded. The group elected a chairman from each class instead of a president and vice-president. The chairmen are: Junior-Kenny Nelson, Sophomore-Annette Jackson and Freshmen-Reginald Williams. Sheila Durrell was chosen secretary and Jessie Morrow was elected as treasurer.

The Black Awareness is appealing to any student interested in helping John Adams to become more aware of Blacks, to join. This group is not prejudiced against any non-Black student that wants to get involved.

enforcement of a seventy-five year old law banning discrimination of "respectable persons" from restaurants. With several other Blacks, she went to a number of restaurants and was refused service. A suit was filed and the resulting test case went to the United States Supreme Court which said that the old law was still valid. Shortly thereafter, the walls of segregation began to fall as hotels, theaters, and other places off-limits to Blacks began to integrate.

At the age of 91, Mary Church Terrell died in Annapolis, Maryland. It had just been a few months after she had heard the Supreme Court ruling that segregation was unconstitutional.

Darlene Turner



BLACK FOCUS

Although the designated Black history week is past, we should still be learning about famous and outstanding Blacks in history. There are and have been so many accomplishments by Blacks which are unknown that it is impossible to get all of them "in" in one week. Therefore, I would like to bring one of the numerous relatively unknown Blacks to the light at John Adams. I am referring to Mary Church Terrell.

Mary Church Terrell was born in 1863, the year of the Emancipation Proclamation. Her entire life was devoted to the fight for equality. A writer, lecturer, organizer, and demonstrator, Mrs. Terrell was active in the successful campaign to secure women the right to vote. She was instrumental in the campaign to desegregate the restaurants in Washington, D.C.

Her accomplishments are many. In 1895 she was appointed to the District of Columbia school board; in 1896 she became one of the charter members of the National Association of Colored Women. In 1913-14 she aided in organizing the Delta Sigma Theta sorority and later wrote its famous creed, setting up a code of conduct for Black women. She was also active in politics, campaigning and speaking out against discrimination and segregation. During World

War I, she worked with the War Camp Community Service in the demobilization of Negro servicemen.

Mrs. Terrell was a United States delegate to several international conferences. She attended conferences in such places as London and Berlin. Her theme when she addressed a conference was always the same: equal rights for women and the Blacks, wherever they may be found.

Mary Church was born to wealth and ease. She was a native of Memphis, Tennessee and the daughter of an ex-slave of extremely high business skill who gained a fortune at the turn of the century. Since Mary's father didn't want her to be subjected to prejudice and discrimination in Tennessee, he sent her to Ohio to attend school. She graduated from Oberlin College in 1884 with a major in the classics.

Mary Church Terrell chose to live in Washington, D.C. in the 1890's, a time when the city was very segregated. Except for public transportation, the segregation did not begin to cease in Washington until 1953. In that year, at the age of eighty-nine, Mrs. Terrell won the biggest battle of her life-long struggle against racial intolerance. She headed a committee of distinguished citizens to demand

Louie's Tux Shop

formalwear in the newest styles
featuring
"The White Newport"

Scottsdale Mall
College Square
716 LWW

Nicolas Restaurant Lounge Pizzeria

Great food

809 N. Mich.
Ph: 233-8283

Schifter Drug Store
609 E. Jefferson St.
So. Bend, Ind.
Across from Howard Park
N.W. Merrick, Jr. R.Ph.
288-0300

Powell The Florist
1215 Liberty Drive,
Mishawaka
255-2588

South Bend Floral
across from JAHS

LAMONT DRUGS
3015 MISHAWAKA AVE.
SOUTH BEND, IND.
PH: 289-2476

Wygants Florist
327 LWW
Ph: 232-3354

Flowers by Stephen
4325 Michigan St.
South Bend, Indiana
Ph: 291-2250

The opinions expressed in THE JOHN ADAMS TOWER are not necessarily those of the TOWER staff, the administration and the faculty of John Adams High School or the South Bend Community School Corporation.

The TOWER cannot publish articles without knowledge of the identity of the author.

Lincoln Highway Inn
superb dining
2754 LWE Mish.
Ph: 255-4786

South Bend Floral
across from JAHS

LAMONT DRUGS
3015 MISHAWAKA AVE.
SOUTH BEND, IND.
PH: 289-2476

The Adventures of Toilettina

Once upon a time in the kingdom

of Przybyszium there lived a girl, her wicked step-mother, Bea Peeay, and her three wicked step-sisters, Uggina, Grosina, and Hopelessina. The young girl, Toilettina (often called Toilette), toiled all day long in the hot kitchen of their little four-room house while her wretched step-sisters flitted about from dance hall to dance hall hoping to catch the eyes of the gentlemen. Of all the dances that the step-sisters attended, the prom, the highlight of the year, was the most important. Poor little Toilettina wished with all her heart that she could go to the prom but she knew that with her tattered dress and straggly hair that no one, not even King Przybysz's gardner would ask her to go.

"Oh, I wish I could go, too," cried Toilettina. "All my life I've wanted to meet the young, handsome and debonair drum major that leads the Kingdom band and over whom all the girls swoon. This is my one and only chance and if I could only just get a glimpse of him..." As she said this, there came a light so brilliant that she could hardly bear to keep her eyes open. Out of the light appeared what seemed to be a man in flowing violet robes with a gigantic gold ring on his fat little pinky.

"You must be my fairy godfather who came to grant me a wish until twelve o'clock midnight," said Toilettina in wonder.

"Say, you guessed it, Toilette. I hear from my handmaids that you've been sad over that cute little drum major down in the King's band hall. Now don't fret your weenster teenster heart out 'cause Uncle Fairy will fix everything. I'll be back in a flash," he said as he vanished in an instant. Before she could blink her eyes, her fairy godfather was back with a gorgeous white evening dress in his arms.

"Here you go, Sweets. Slip into this little number and you'll be the star of the prom tonight. Hurry

now, I have a feeling that a young, handsome and debonair little fellow is going to be boop shobopping up to your door any minute now. Oh, by the way (as if I really have to tell you), be back by midnight or the outlook ain't too bright. Toodles," he called as he vanished into the night air.

The instant Toilettina put on her heavenly dress she was radiant. There came a knock on the door and she rushed into the arms of her forever-coming date.

"I thought you'd never come, John," said Toilettina.

"Neither did I, Toilette," said the young, handsome and debonair drum major.

Toilettina and John rode off to the prom in his slick new '67 Fairlane Ford (commonly referred to as "Bessie") where the words were heard whispered: "You should have done that before you left."

by Cathy Scarbrough

Notice

Due to error, Mark Owens' name was accidentally left off the list of New Thespians, printed last issue.

Star Trek Lives!

In addition, Mr. Roddenberry offered his own predictions regarding future technology and his amusing recollections of his frequent disputes with NBC network executives who wished the series' most popular character, the half-alien Mr. Spock, to be originally dropped from the cast, as they were certain that none of the potential viewers would enjoy or identify with the stoic Vulcan. To the profound embarrassment of these same officials, Spock became the idol of thousands of fans. The Great Bird was again proven correct with his theories of audience appeal!

The Great Bird, commonly known as Gene Roddenberry, the creator-producer of the acclaimed television series, captivated the imaginations of an enormous crowd packed inside the Northside auditorium at I.U.S.B. last April 8.

Mr. Roddenberry was preceded by the presentation of a twenty minute Star Trek "blooper" reel, which treated the enthusiastic audience to such memorable scenes as exposing the authoritative Captain Kirk evilly leering on camera, capturing the emotionless Mr. Spock alternately laughing or crying frenziedly, and revealing the ship's doctor McCoy leading a rhumba line composed of Enterprise officers down the vessel's corridors.

Immediately afterwards, Mr. Roddenberry himself appeared, announcing to cheering fans that the now defunct sci-fi series will return in a motion picture version, hopefully to be followed with an entirely new Star Trek television series.

Mr. Roddenberry concluded the lecture with a short question and answer session, receiving a standing ovation from his highly appreciative admirers. His exit was followed by the uncut version of Star Trek's pilot episode, "The Menagerie." This initial pilot was ultimately rejected by network officials, who described the pilot as being "too cerebral" for television audiences.

A second pilot, entitled "Where No Man Has Gone Before" was later accepted as the basis for the series, which was cancelled in 1969.

Star Trek was given new and greater recognition from the reruns carried by local stations across the country, and a vast cult of "trekkies" demanded the return of the series into production, resulting in the advent of a Star Trek cartoon program, presently being aired every Saturday morning. The fans are still not content, however, and will not be satisfied until the Enterprise journeys once again, complete with its original crew.

Hopefully, that day will arrive in the not too distant future. Until then, we would do well to remember the words of the mentally acute Mr. Spock, "Peace. Live long and prosper."

Prom Plans Announced

On May 3, 1975, the Senior Prom will take place at the Indiana Club as it was last year. The Prom itself will last from 8:30 P.M. to 12:00 P.M. and will be followed by the After Prom at the Erskine Club House.

The theme of the Prom will be "Old Times," a newly released recording by Chicago. The price of the tickets will be \$4.00 per couple, which are to be put on sale within the next two weeks. The entertainment, out of Chicago, will be provided by "Flight." Senior President Mark Risinger urges all Seniors to attend this once in a life time event.

By Leslie Kvale

Rockys Restaurant

958 LWE. CORNER OF LWE AND SAMPLE

Princess Flowers
703 W. MCKINLEY
MISHAWAKA
255-4000

Adams Students & Staff

EXCLUSIVELY YOURS!

10% Discount

on all our newly arrived Spring and Summer Fashions... fresh, exciting, up-to-the-minute styles.

April 19th and 20th
SATURDAY & SUNDAY

Just bring along your Adams identification card... or bring in this ad.

* previously reduced and specially priced merchandise not included.

Newman's

River Bend Plaza • Town & Country • Scottsdale Mall, Upper Level, West

CHARLES EHNINGER
FLORIST GIFT
Across from the Public Library

BOAR'S-HEAD
Steak & Spirits
est. 1969

Start the night out right at
CLAUDE MENELAS NEW Lido SUPPER CLUB
127 N. Main
for reservations
233-8244

gingiss formalwear
Order Your \$100.00 Drawing
Register for Our Prom
\$100.00 DRAWING TO BE HELD ON 4/2/75

WIN \$100.00 WIN \$100.00

Win \$100.00 Win \$100.00

GINGISS FORMALWEAR
1622 Mishawaka Ave.
287-5938
So Bend ING.

Diamondmen Club Wildcats

Track Starts Fast

John Dragovich's three run homer in a four run first inning climaxed a 7-4 NIC victory over the Riley Wildcats on April 10.

The victory gave Coach Len Buczowski and his diamonders their first 1975 victory against one setback.

Junior George Ushela handcuffed the visiting Wildcats for only two hits. However, those two hits happened to be home runs by opposing fireballer Jack Schraw.

Barry Coker ignited the four run first inning with a run scoring single driving in Don Steinhilber from third, who walked and advanced on a two base error. Following a fielder's choice and a walk, Dragovich connected with his three run clout.

Adams collected two more runs in the second inning and a single run in the third inning before going scoreless throughout the final three innings.

The diamondmen will battle Jackson in a 12:00 doubleheader tomorrow at the Jackson Field. Next week's schedule slates Adams in three tough conference battles against Elkhart Central, Michigan City and Penn.

The cindermen have looked very strong in their first outings. Coach Mihail has said, "Many of the teams times and distances are right where they left off last year." In the South Bend Classic the only winners were the sprint relay. The relay consisting of Ken Chambliss, Wm. Sanders, Terry Wardlow, and Mark Hardy were in fast company, but won going away.

In the long jump Wardlow was just barely outdistanced. The two mile relay of Bill Marentette, Mark Delviger, Chris Walters, and Darnell Murray finished third. The medley relay of Chambliss, Troeger, Marentette, and Daniels also finished third.

Adams sprint medley relay of Wiltrot, Sanders, Warlow, and Hardy looked like sure winners when disaster struck. Sanders stretching for Wardlow fell, but the relay still finished in third. Todd Taylor placed sixth in the 60 yd. dash and Adams as a team finished

Adams 87, Clay 39

Lead by sweeps in the 100, 440, half mile and triple winner Tom Wiltrot, Adams left Clay in the dust. In the 100 it was Hardy, Chambliss, and Taylor. Sanders, Troeger, and Spann swept the 440. Marentette, Murray, and Forest turned the same trick in the 880. Wiltrot won the high and low hurdles and was on the winning mile relay. Sanders, a double winner, took the 440 and the 220 in good form. Wardlow, also a double winner, fought an uphill battle, but won the long jump and along with Chambliss, Spann, and Hardy won an easy victory in the 880 relay. The mile relay remained undefeated in dual meets.

Adams 74½, Jackson 52½

Lead by triple winners Terry Wardlow and Tom Wiltrot Adams downed Jackson. Wardlow won the shot with a put of 44' 5"

TRACK SCHEDULE

March 29	South Bend Class-N.D.
April 1	Clay [T]
April 3	Washington [H]
April 8	Jackson [H]
April 10	Central [T]
April 15	Elston [H]
April 17	Niles [T]
April 19	Goshen Relays [T]
April 22	Memorial [H]
April 24	Riley [H]
April 25	Niles Relays [T]
April 29	Penn [T]
May 1	Mishawaka [T]
May 6	LaSalle [T]
May 10	NIHSC Meet [Penn]
May 15	IHSAA Sectional [Mish]
May 19	Freshmen City Meet [Clay]
May 20	South Bend City [Jackson]
May 22	IHSAA Regional [Valpo]
May 31	State [Indianapolis]

Female Tennis Begins

By Julie Mathews

A new type of love game for girls has come to Adams this year--tennis, that is. After two years of planning, tennis is now a varsity sport for girls. Shirley Callum and Mike Allen will be coaching the girls throughout the 1975 season. Conditioning began March 1, with twenty-five participating.

Three of the top five girls in the Northern Indiana High School Tournament, last August, are members of the Adams team. Laura Heise placed third, Nancy Gyorgi fourth, and Julie Mathews fifth. Other experienced tournament players are: Beth Ganser, Judy Peltz, Karen Green, Moira Dingley, and Patty Ehlers. The balance of the team are: Hildy Kingma, Jane and Sally Walshe, Sara Yang, Lisa Duesterberg, Leslie Bender, Debbie Jones, Cindy Patterson and Beth Baldoni.

Fourteen matches are scheduled, the first on April 10 at Elkhart Memorial.

May all the matches be love sets!

Swim Article Explained

By Dave Rubin

I am writing this article as an addition to an article on swimming I previously wrote, which was published in the TOWER just before spring vacation. My previous article inspired a bit of criticism, some of which was justified, and thus I'd like to include some additional comments with my previous article.

I used as a source, primarily, the SWIMMING WORLD magazine. In case anyone is interested in pursuing the matter further, I used the June/1974 issue. This article consisted of the opinions of many different doctors and sports experts about not just swimming, but all sports. In my article on swimming I conveyed the idea that swimming was the only sport in which dangers to an individual's health were posed. I hadn't intended to single swimming out as the lone hazard at all. There is the "possibility" of damage to the body in any sport. These damages, which I described in my previous article, are briefly as follows: an enlargement of the heart, the possibility of weight gain and obesity, "burned out" bodies, "athlete's kidney," and damages to the blood vessels around the heart. However, the SWIMMING WORLD article which I used as a source did not state any definite conclusions as to whether these damages were actually caused. Opinions were expressed by experts both ways, some feeling

there is a possibility of harm to the body, other doctors feeling there is no possibility at all, so nothing is definitely known as of yet. The article did state the presence of the need for more research in this area. I didn't include this in my original article, which thus suggested that these dangers were proven to be 100% sure, which is not known for sure yet.

Swimming is still easily considered to be a great conditioner for the body and an exciting sport, as evidenced by its nationwide popularity, and by the great team and program here at Adams, which I am a part of and take a great deal of pride in.

If you're going to college to be somebody, start with Army ROTC!

Army ROTC isn't for everyone.

In the first place, the physical and mental standards are pretty high. Only a small percentage can qualify to complete the full course.

In the second place, it takes a special personality to succeed. You need a spirit of adventure—a willingness to explore the unknown and cope with the unexpected. You must be willing to accept responsibility and step forward when a group needs a leader. And you must have a genuine interest in people and your country.

How do you know if you have all these qualifications? You really can't be certain until you try Army ROTC. Enroll in the basic course during your freshman year in college. You make no commitment. You can ace it or flunk it. Most colleges give academic credit

which counts toward your degree. Yet you can drop the course anytime during the first 2 years.

If you like Army ROTC and qualify, you can continue into the Advanced Course. You'll earn \$100 a month and get your commission when you get your degree.

And you'll be a step ahead because you'll be qualified for either a military or civilian career. You will have mastered valuable leadership techniques and learned useful management skills.

This is a big challenge for any young man or woman. We can help you decide by sending free literature. Mail this coupon or phone us toll free—1-800/626-6526.

Army ROTC. The more you look at it, the better it looks.



Army ROTC
Fort Knox,
Kentucky 40121

I'm interested in a challenge.
Send me information about Army
ROTC. No obligation on my part.

Name: _____

Address: _____

City: _____

State: _____ Zip: _____ Phone: _____

High School attending: _____

Graduation date: _____

College I want to attend: _____