

# TOWER

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John Adams High School, South Bend, Indiana 46615

## Adult teacher's aides prove valuable

By Christina Bird

It is hard for many students to understand the work teachers put in. But for the past year, the School Corporation has tried to make things easier for them, by hiring adult teacher aides. These aides, whose positions were created approximately two semesters ago, were negotiated for by the teachers' union and are included in the contract.

Five teacher aides are currently employed at Adams. They are Kaye Dreibelbis, business education, home economics, industrial arts, health, foreign languages, and music; B.J. Gadd, science; Jackie Hardy, who works for Peggy Warren in the special



Jackie Hardy



Gail Kirkland



Kathy Phillips



Betty Jean Gadd



Hazel Orr



Kaye Dreibelbis

photos by Jerry Danton

education department; Gail Kirkland, social studies; Hazel Orr, English; and Kathy Phillips, math.

While not actively involved in teaching, aides are able to significantly reduce the work loads on teachers and department heads. Some of their duties include inventory of supplies, clerical work, correcting papers, running errands, and taking care of the annoying little distractions that can keep a teacher from his or her class. Teacher aides perform many valuable functions, obviously; Adams is lucky to have them.

## Commended Scholars Announced



Rick Conklin, Kathy Conolly, John Manier, and Brian Hayes smile in a moment of academic inactivity. These commended scholars scored second-highest on their PSAT/NMSQT.

photo by Dave Wisniewski

## French ambassador to visit

From October 12th to 16, John Adams' foreign language department will be entertaining a visitor from France. Mr. Phillippe Romon, a French Cultural Ambassador, is visiting various high schools in Indiana and other portions of the United States. Mr. Romon will be giving several formal lectures and informal discussions to acquaint American students with some French culture. The subject of his discussions will range from European soccer, (which should be called football), to the French Political system. Mr. Romon, a native of the Alsace region of France, is interested in international relations. During his stay in the United States, Mr. Romon hopes to learn about the American way of life and perfect his English.

## Responsibility key-asset for COE officer

COE students elected their choice of officers which they thought were best qualified to hold positions requiring responsibility. These people include Shelly Jablonski, President; Carla Wood, Vice President; Stacy Scott, Secretary; Melody Jenson, Treasurer; Tina Whitaker, Parliamentarian; Donna Swope, Reporter/Historian; and two Board Members, Roena Owns and Debbie Rose. The election was held on September 23 and they will be installed at a District Leadership Conference on October 15 at Penn High School. We wish the best of luck and are sure they will serve at their best capability.



Newly elected COE officers.

photo by Dave Wisniewski

## In spite of changes . . . Adams survives

by Kevin Baer

In spite of all the new policies set by the school corporation, Adams has not changed much. School does start twenty minutes earlier, but everyone will get used to it. The new discipline code is not new; it was simply discarded in the late 60's and early 70's. The biggest change is buses. All the information here is direct from the head man; Mr. Przybysz.

Mr. Przybysz feels that the greatest change is that more students are leaving the school quicker to catch their buses. This is the main reason for the activities period. For anyone new or anyone who forgot, the activities period is held every other Tuesday between first and second hours. All clubs meet during this time. It is much easier than meeting after school.

Most teachers have already handed out their first discipline forms. It might have seemed awful the first day when the teachers began talking about discipline, but we all know the rules and if we wish to break them, we know what will happen. Mr. Przybysz says that the teachers seem happy, and that he has not had one complaint about the rules from any parent. The assertive discipline is not Mr. Przybysz's idea. It was introduced to all the teachers in the South Bend Community School Corporation at their meeting before school started. During the late 60's and early 70's the rules fell off, but recently parents and teachers have realized that discipline must be reinstated in the schools. Now, with the rules set, the students who go to school to goof around won't interfere with the learning process of others.

Mr. Przybysz wants to see all the students getting involved and having a good time. He also wants to hear students' opinions. If anyone has a complaint, suggestion or a question, feel free to stop by Mr. Przybysz's office and talk with him.



# Issue at hand - Abortion

## Three students advocate their points of view

### Illegal

by Greg Burns

The U.S. Supreme Court has ruled it is legal to murder a baby . . . and the only requirement is that the baby still lives inside the mother; the mother wants the baby killed and the doctor is willing to perform the killing.

January 22, 1973, Roe v. Wade-the monumental Supreme Court decision that now makes it illegal for any state to interfere with the right of a mother to have an abortion any time prior to birth if, in the opinion of "one licensed physician," the abortion is necessary to preserve "the life or health" of the mother.

Her life?--Of Course. Even the staunchest pro-life person would agree an exception should be made in the case of a mother whose life is in danger, but as Dr. Everet Koop, the current nominee for U.S. Surgeon General, has said: in all his years as a physician he has never once come across a case where there was absolutely no hope for the expectant mother.

Her health?--What did they mean by health: In Doe v. Bolton the Court explains, "The medical judgment may be exercised in the light of all factors--physical, emotional, psychological, familia and the woman's age--relevant to the well-being of the patient. All these factors may relate to health." This includes, according to Roe v. Wade, when a pregnancy would:

- "Force upon a woman a distressful life and future."
- Produce "psychological harm."
- Will tax mental and physical health by child care.
- Will bring distress "associated with the unwanted child."

These are not medical reasons . . . these are social reasons. The child is simply an incon-



venience. Pro-lifers believe that people are responsible for the welfare of their brothers and sisters on earth and that it is everyone's responsibility to care for an unwanted baby. As a practical back-up for this philosophy, they can cite the increasingly large number of couples on adoption waiting lists as well as the numerous agencies devoted to the aid of the expectant mother.

Many pro-abortionists feel pregnancy caused by rape or incest is a moral cause for abortion.

Human life begins at conception - it's a biological fact. By the time virtually all abortions are performed, this new individual already has a detectable heart-beat (18 days), measurable human brain activity (40 days), and a complete human body structure (10 weeks), all definite signs of human life.

Life is sacred. To senselessly and unnaturally destroy life is simply against all human morals. To believe in life is to live and love, and to help others to live their lives to the fullest.

### Legal, non-funded

by Ram Neta

The past year has seen the bitter controversy over abortion run rampant among religious moralists and political moralists. I reject the view of the anti-abortionist on the grounds that he is decrementing the freedom of a human being and giving priority to the rights of a fetus, an organism with no present societal contribution.

Abortion is a question of constitutional reference, not religious implication. To view it religiously would be to violate one of the tenets upon which our nation is based - separation of church and state. To disallow a woman to have the right to an abortion because some citizens find abortion objectionable is undemocratic. It is imposing one's religious beliefs upon others.

Thousands of women would die each year from incorrectly performed abortions, were abortion to be illegalized. Good

obstetricians would not be performing abortions, but rather it would be unprofessional charlatans who would carry out such hazardous tasks. Many women, because of the health of the fetus, or their own health, feel that they must have an abortion.

Many families are incapable of supporting children and would also be adversely affected by illegalization.

Illegalizing abortion would be putting all those women in an impasse.

The Federal government does not fund any specific medical treatments other than abortion certainly none that I can see. Abortion is, under many circumstances, a voluntary operation, and therefore needs less consideration than many standard operations or medical treatments which are necessary to preserve the life of the patient. To fund abortion would be depleting an already tight federal budget to provide for the special needs of some citizens, who are no more needy than others requiring different medical services.

Another point which must be made is that federal funding of abortion would be unfair to the large percentage of anti-abortionists in this country. By taking their tax money, and spending it to provide a service which they are against is undemocratic ("Democracy is rule of the many and consideration of the few" Proverbs of J.J. Schutz, 2-81). Besides, the public outcry expressed by these people should be enough motivation for the government to leave abortion alone.

It is for these reasons primarily that I would allow every woman the right to an abortion, without financial intervention by the government.

### Legal, funded

by Sandy Outlaw

The subject of legalized abortions remains to be political issue. One question arises from this issue: should abortions be government funded?

Whether a woman decides to abort her child is largely her decision. But often, circumstances occur where abortion is not only one alternative, but the sole alternative. This reasoning prompts me to favor government funded abortions.

Situations such as 1) The child was conceived through an act of violence such as incest or rape. 2) The life of the female is endangered by the pregnancy.

The idea of government funded abortions is a practical one. Under the aforementioned circumstances, funding is a necessity if the cost cannot be handled by the victim.

Abortion has become easily accessible in many communities through private institutions. Abortion clinics, however, are run in a very professional manner. The idea involving the doctor with an unshaven face, and unwashed shirt, employed in a little room behind the junkyard is strictly a misconception.

Because the clinics are operated in such a professional manner, no reason, other than moral, exists for the present non-fundment of abortions. The moral majority has often been a great influence on political issues. Because of their beliefs, to allow government funded abortions is definitely out of the question.

Funding could save tax-payers millions of dollars in revenue because it could decrease the amount of new welfare recipients.

The option of government funded abortions should be seriously considered not only for a victim's sake, but for society's.



photo by Ann Krege  
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The TOWER graciously welcomes letters to the editors. Due to limited space, the TOWER reserves the right to condense letters. All letters must be signed by the author, but if requested, the author may remain anonymous in publication.



## Lisa True bestowed biology grant for superior research

By See-Chun Phan

Senior Lisa True has just been awarded a grant from the Indiana Academy of Science to support her biological research project. For the past year, Lisa has been studying the effects of dietary sucrose upon the activity of mice. Her project this year involves the continuation of last year's work.

Lisa became interested in dietary sucrose because her brother was put on a sugar-free diet to improve a physical condition (arthritis of the joints). When Lisa enrolled in Mr. Longenecker's research biology class last year, she wanted to study dietary sucrose's relationship to physiological changes. After learning the basic background, she was able to design a project using laboratory mice.

Dietary sucrose has been linked to a condition known as hyperkinesis (or hyperactivity). In response to an excess of sugar in the bloodstream, the body will manufacture a chemical called insulin. Insulin's function is to lower blood sugar to normal levels. However, extra insulin will cause the release of hormones from the adrenal gland which excite the brain and nervous system. An excessive intake of sugar daily will lead to hyperactivity.

Hyperactivity is a condition characterized by excessive physical activity, a short attention span, and a hyper-response to environmental stimuli. A hyperactive person will often have difficulty concentrating. Thus, children with this condition may have difficulty learning.

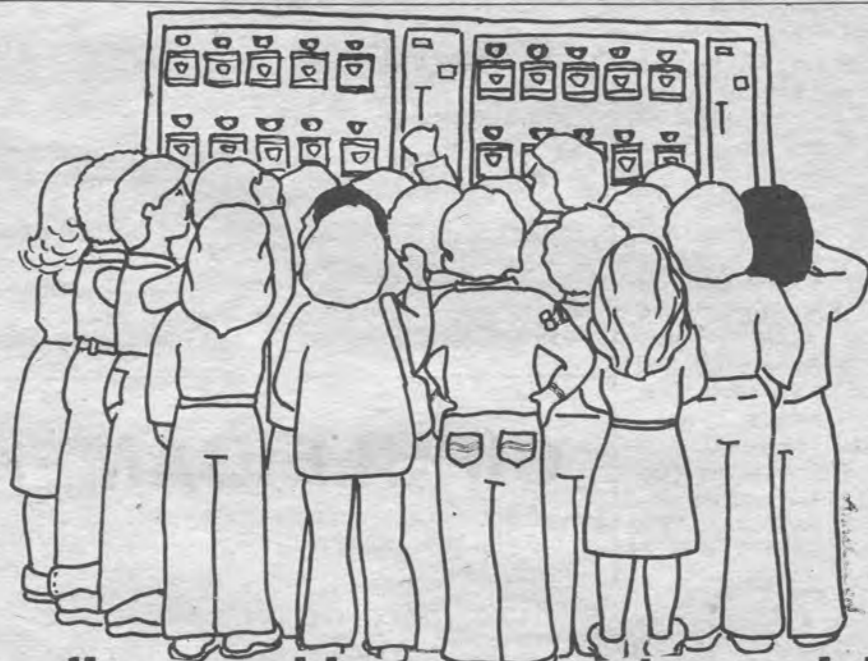
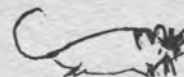
To study the relationship between hyperactivity and sugar, Lisa performed various physical and behavioral tests upon young and old mice given drinking water with 20% sugar. In her project last year ("Effect of Elevated Sucrose Intake in Mice"), Lisa found significant differences between control mice (not given additional sugar) and experimental mice. Her results show greater weight gain by the mice fed excess sugar. These mice were consuming more calories in the form of sugar. Also, basic metabolic rate, a measure of the rate energy is used by the mice, was altered. In addition, the sugar caused some changes in behavior. These included nesting habits, aggression between mice in the same cage, and response by a group of strange mice. The Indiana Academy of Science judged Lisa's proposal on the basis of her work done on this project.

The \$118 award (from funds given by the American Association for the Advancement of Science) will be used by Lisa to support this year's project. She will be studying how excess sugar intake affects learning and memory retention in mice. Lisa hopes that her study will help explain some of the learning problems of children.



Lisa True demonstrates to Mr. Przybysz her prize winning research project. She received a grant from the Indiana Academy of Science this October.

photo by Dave Wisniewski



### Vending machines support our clubs (and stomachs)

Perhaps you have noticed that two new fixtures have been installed at Adams. They are the Tom's vending machines located in front of the library.

Tom's Foods is the sole distributing company for these snacks. For thirty cents, one can purchase a bag of potato chips, popcorn, cookies or other tasty treats.

The Student Government receives credit for what some students call "a brilliant idea."

The purpose of the machines is to raise money for different activities at Adams. Various clubs and organizations such as the Booster Club and Student Government keep the machines replenished. In return they receive profits from the sales.

There are a few rules and stipulations regarding the machines. They cannot be placed within five-hundred feet of the cafeteria. (The school would not be able to reap the benefits of the

sales). Candy cannot be sold due to government nutrition laws.

The machines have already become a source of controversy. One student stated, "I think there must be a better way to raise money without encouraging students to eat junk food."

Most students however, are in favor of the machines. As one girl said, "As long as there are hungry students, the vending machines will continue to be a great idea."

By Betsy Killeen

### Communication: A poem

By Colleen Lennon

In this day  
We must talk  
To share our feelings  
and our thoughts.

To tell our friends  
Of our fun  
Of our losses  
And what we have won.

We use phones  
And writing will do;  
By looking at a face  
Will also work too.

If we try  
To talk out our woes  
We might reach new highs  
instead of lows.

We are fortunate  
We have communication;  
It informs the people  
Of many nations.

Our generation  
Advances many years;  
With communication  
We learn to face our fears.

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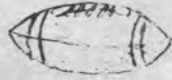
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## A Victory for the Eagles!



by Kerry Kinney

Less than two minutes remained on the clock as the Eagles, led by Coach Mihail, were plotting their final desperate attempts to score. The game had been hard-fought on both sides, with the Panthers holding on to a 7 point lead. But this was a slight fledgling lead, considering that the Eagles were deep in Panther territory, on the 15 yard line, and ready to score. Adams called its last shots as four downs slowly passed without the Eagles gaining any yardage. The eagles were forced to turn the ball back to Washington, as many reluctant Adams fans conceded that the game had been lost to the Panthers, 19-13. But the Gridders didn't give up, fighting the Panthers tenaciously inch for inch. Suddenly, the ball popped loose from the Panthers and was regained by Adams. The Eagles had one final chance, on the Washington 9 yard line, to win the game. Three plays were called, but they were to no avail as the Panther defense stubbornly refused to yield yardage, finally, the Eagles got a break, a five yard break on a penalty against Washington, which put Adams on the Panther 3 yard line. The play was called, executed and a long dream became reality. The Eagles had scored off of a one yard run to the TD-zone, and with the successful extra point, won the game 20-19, undoubtedly putting the Gridders

in football heaven.

Adams' landmark victory against Washington was followed by its match-up with Elkhart Memorial a week later. Against Memorial, the Eagles pulled off their second consecutive victory, defeating the Chargers 34-24. Although Memorial took the lead first in the first quarter, the Eagles came back, dealing blow upon blow on the Chargers, scoring an incredible four touchdowns in the second quarter. This dazzling performance was reinforced with an equally impressive second quarter, with the Eagles adding on to their lead and finally defeating the Chargers in an altogether excellent show.

## ★ Harriers face Sectionals ★

The N.I.C. battles are over, the last Invitational has been run, and everyone is once again psyching themselves up to climb the Tournament ladder and become State Finalists. John Adams as a whole, seems to be in very good shape with three of the four fall sports receiving rankings in the Top 20 polls. Cross country, ranked 18th; is one of those teams.

When starting the State Tournament, the coaches must turn in the names of their top twelve runners. For Adams, they are: Seniors; Jeff Sypniewski, Lenny Randazzo, J.P. Simon and Brian Lennon; Juniors; Doug Henkel, John Vittori and Bill Niemier; Sophomores; Kevin Otolski, Chuck Powell, Mark

Orlando and Kevin Miller; and Freshman Jamie Borden.

The girls' top seven runners are Seniors; Linda Lowman, Beth Carter and Val Schlossberg; Juniors; Monica Witsken and Marcia Hemphill; and Sophomores; Linda Hemphill and Mary Rocha.

The Eagles, defenders of sectional and regional titles, are going into the tourney looking very strong. Two weeks ago, they placed 5th as a team at the Southport Invitational. Fifth place may not seem very good, but considering the first four were ranked 3rd, 4th, 6th and 7th, it doesn't seem bad at all. Adams was the only team to place two individuals, Sypniewski and Randazzo in the top 10.

photo by Dave Wisniewski



Paul Koscielski returns a volley in Adams tennis action.

## 9th-ranked netters face Elston

Last Tuesday, the tennis team capped its spectacular season with a fitting 5-0 victory over Elston. The match clinched the NIC title for the netters. Out of a possible 45 NIC matches, Adams has won 41. Going into Saturday's sectional, the Eagles were ranked 9th in the state. Only the previous weekend's loss to Fort Wayne Homestead (#4), kept them from being ranked higher. However, last year's team rebounded from a late season loss to sweep sectional, regional and semi-state titles. Coach Allen is hoping that history repeats itself.

If they do lose in sectional play, by no means do they have reason to feel ashamed. A season record of 14-1, the LaPorte Invitational and many individual accomplishments highlight a productive fall. Last week, Chris Toal showed that he is mentally ready for anything. Losing 5-2 in the third

and final set, Chris fought back to win 7-5 - game, set and match. The good guys Lee Fonacier and Benson Yang remain undefeated. Watching Lee and Benson fire-up for each and every point is an experience. The electricity that is generated is felt by teammates and fans alike. Paul Koscielski has been busy fighting off the challenges of the top players in the area. Unfortunately for them, Paul is the best player in the area, carrying a two-year record of 38-2 (both losses were to the same person who has only lost once). Phil Grayson's ability to "rush 'n' crush" has added more than one victory to his ever-increasing list.

Chris Foley and Kurt Roemer defeated every NIC opponent to insure them a place on the All-Conference roster.

This team definitely looks to be heading down state, but must first overcome a tough sectional field. Good luck to them!

The B-Team cannot go unmentioned. All year they have been working hard, playing matches, winning and serving as constant support to the varsity. The team consists of frosh John Rohan and John Patton, sophomores Tom Crowe and Mike Morris, and juniors Paul Becker, Jamie Butler and Steve Mock. The future for this bunch is good

## Powder-puff action!

by Kerry Kinney

They did it again! For the second consecutive year, the senior 'Ea-gals' won the 'Battle of the Classes,' as the Adams Powder-puff championship is referred to. It should be noted that this year's senior class also won last year's contest (as juniors) as well. This year, the seniors defeated the juniors in the championship game, 27-6.

The action began with the junior-freshman match-up, which saw the juniors handle the frosh girls with a variety of differing plays, all ranging in style and creativity. This game ended with the junior girls defeating the frosh by a lop-sided 20-0 score.

The next contest pitted the senior girls with their counterparts in the sophomore class. This game saw the sophomores fall easy prey to the quicker and more agile senior team, who used a variety of sweep and pass plays to eventually conquer the sophomores, 22-0.

Thus, the senior/junior victors were pitted together for a match-up which proved the seniors' skill and dexterity in the face of their opposition. Their playing ability, compounded by the coordination and skill of quarterback Beth Carter and running back Greta Roemer, added up to victory for the seniors, who vanquished their opponents, the juniors, 27-6.

## Vol-eagles still rolling/ 'The Adams Family!'

The Adams' Volleyball team is at it again...they're chalking up the victories and experience on their way to the Sectional tournament. Last week, two additional teams became victims of the claws of the Eagles.

After having their perfect record marred by #2 Mishawaka, the Eagles visited LaSalle with the intention of getting back on the winning track. The majority of the squad played as Coach Ganser experimented with different line-ups looking for the "winning combination" which will make Adams a stronger team. Adams downed LaSalle 15-10 in the first game only to fall behind 6-12 in the second game. But fear not, the Eagles kept

Although the spikers on the team appear to do most of the

work, the settlers are very important also, as they set up every play. Part of the reason for Adams' near-perfect record is their setters; Peggy Duesterberg, Laura Schilling and Diane Farmer. But one must realize that a volleyball team is like a machine - it can't work if a part is missing. Coach Ganser emphasizes that "there is no best player - we are a TEAM - a FAMILY."

Adams is now 5-1 overall and 2-1 in conference action. There is no doubt that the Adams Volleyball team will continue to grind out the victories. So come out and support the team on October 13 as they face Elkhart Memorial in the John Adams Auditorium.

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