

The Tower

John Adams High School

808 S. Twyckenham Drive

South Bend, IN 46615

Cwidak has passed the test

By STEVE HARTMAN

John Adams High School has a reputation for producing winners, as a walk along the seemingly endless trophy cases will reveal.

J.A. may now add another to this long list of achievers.

Ms. Cwidak was named the 1984 Teacher of the Year for the South Bend Community School Corporation last spring. Along with the award she received a \$1,000 grant for professional development. Co-runners-up were Lavera Ruth Hughes of Monroe, and John Robinson of Jackson Middle School.

The principal and assistant principals pick a representative from each school in the corporation.

A panel of judges from various schools evaluates the portfolios of the Teacher of the Year from the individual schools and chooses the winner to represent the corporation. The portfolio includes a biography, the teacher's philosophy of education and recommendations.

Ms. Cwidak has been teaching for 16 years, all at Adams. For the past three years she has been the head of the English Department.

Presently, she is a teacher of Seniors Honors English and the Advanced College Project, which is a special program in which high school students can earn college credit.

She believes this exposure to a diverse group



Ms. Cwidak shows off her teaching abilities.

Photo by Michele Mengel

of students has helped her relate to her students, which she believes is vital to teaching.

This personal contact with students, along with a great amount of energy, has made her a favorite among students. By in-

volving everyone in class discussion, she prepares them for their continuing studies at the collegiate level.

As Teacher of the Year of the South Bend schools, Ms. Cwidak will be entered in the state compe-

tition. She will send her portfolio to the State House by September 17, and the winner will be announced in November.

On behalf of the entire student body, *The Tower* wishes Ms. Cwidak the best of luck.

Entering the age of computers

By RICHARD PRIMUS

Three years ago, Adams became the first public high school in South Bend to have a computer program. Those first computers, Commodores and PETs, have become outdated. Largely through the efforts of Mr. Goodman, Adams has recently acquired many new machines.

The science department now has a computer room with 15 Apple IIe computers. They will bring a new dimension to lab work in all branches of science. Nathan Huang, a senior in research biology, says that "many things that need to be done here would be almost impossible without the computers." Adds Steven Chen, a jun-

ior, "They're a great tool for science, and they're also great for debugging arcade programs!"

The new computers are not restricted to science. They are being used in many fields, including English and Social Studies. The business wing is filled with 30 new Zenith computers in addition to Apples it already had. To give an idea of how far the computers have come, the Zeniths have 320K memories — 20 times more than the ones used three years ago!

Computers are being used in keyboarding and accounting. "We're not teaching computer programming here," stresses Mr. Leatherman of the business department.

"The math people still do that. What these computers do is make the accounting easier and give the students an extra edge."

Freshman David Hinton, using a computer in keyboarding, said, "I used computers in a summer school class and liked it. I'm excited about using them here."

Computers are the wave of the future and are used greatly in colleges. "Most engineering schools require students to have their own computer," reports Mr. Longenecker. Adams students now have tremendous access to computers and the advantages that come with them. A lot has been done in three short years.

What's news

Housemeyer elected president

On October 25, Marilyn Housemeyer, secretary at Adams, will be installed as the president-elect of the Indiana Association of Educational Secretaries. As the president-elect, she will be learning how to serve as president the following year. Her term will end in three years.

Mrs. Housemeyer has been active in the Secretaries' Association and currently serves as vice-president. She has been with the corporation for 19 years. Of those 19 years, she has spent her last 13 years here at Adams. We wish her luck.

Merit Scholars announced

Seniors Viktor Berberi and Kurt Hoffacker have been named as National Merit semifinalists. They were selected as a result of their scores on the Pre-Scholastic Aptitude Test (PSAT). In order to become finalists, they must submit an application and also show progress during this year. Congratulations to Vik and Kurt.

Junior Rotarian

Steve Gruenig has been selected as Jr. Rotarian for the next six weeks. The Jr. Rotarian represents Adams at the weekly Rotary meetings. Rotary is a local service organization made up of businessmen, and students from all of the high schools are asked to participate. Steve is co-captain of the football team and has been a class officer.



Marching band steps in time to a new season.
Photo by Amy Richards

The drum rolls on

By VIRGINA PETERSON

The John Adams marching band, directed by Larry Dwyer and Richard Threet, has been putting forth a great amount of effort this year, and the results are rewarding.

A great deal of hard work goes into marching band. The members must perfect and memorize their music. They also must learn marching routines. All of this takes much time!

The band works on these things at their many rehearsals. The band began rehearsing two weeks

before school started.

Three dedicated members of the band prepared for the marching season over the summer. These people are Sima Medow, head drum major first class, Diane Grzeszczyk, associate drum major, and Erin Kerrihard, assistant drum major. They attended a workshop for drum majors at Smith-Wallbridge for one week during the summer. The drum majors are responsible for leading the band on the field and boosting the morale of its members.

One of the most important aspects of a marching band is its morale.

The band must be willing to work together. They must discipline themselves for the good of the entire band. "The individuals in the band," said Erin Kerrihard, "have to want to work hard and want to look good to be good."

The band has made tremendous improvement this year. According to the drum majors, this is a reflection of the enthusiasm of the members. "The people are trying a lot harder this year," said Diane Grzeszczyk.

"It would help a lot," said Sima Medow, "if the student body would support us!"

Cheating

Is it a myth ...

By MARC CONKLIN

"Do you mind if I tape my answers to your back?"

"Hey, next time we take a test, would you please stick out your elbow a little more so I can see your paper?"

Cheating.

For some it is a way of life. For others, it is a devilish temptation that climaxes when a teacher leaves the room.

The cheater can be broken down into three basic categories: the mild cheater, the cheater-fantasizer, and the hard-core criminal.

The mild cheater is the person who relies on minor gimmicks to help him/her out. He might, for instance, wear a football jersey with the number 32 on it to remind him that iron has oxidation states of 2-plus and 3-plus. He might also bring to class a Venus brand pencil to help him remember that Venus is the Roman name for the Greek goddess Aphrodite. This type of cheater is relatively harmless and not too much trouble for a teacher.

The cheater-fantasizer is the type of student who comes home, and instead of doing his homework, invents new, scientifically advanced ways to cheat: writing test answers on the inside of contact lenses, creating a calculator watch which, at the touch of a button, prints out a detailed explanation of cellular respiration. The cheater-fantasizer doesn't present much of a problem either, since he spends more time dreaming that actually cheating.

The lowest form of cheater — the kind that drives teachers to their graves — is the hard-core criminal. This is the individual who always sits with his legs crossed because he has the answers taped to the sole of his shoe. This is the person who has a watch engraved with geometric theorems. Beware of these individuals. There is probably one copying off of you right now.

A very wise person once said, "Cheaters never prosper." But in the immortal words of Viktor Berberi, "Cheating is part of the game, if you can get away with it."



Marisa Randazzo and John Newell take the easy way out for this test.
Photo by Amy Richards

... or is it a reality?

By SUSAN HOBING

"Psssssstt ... what's the answer to number three?" Cheating, or information synthesis as some teachers call it, is virtually unpreventable. Most 'profs' will readily agree that whatever measures they take to insure against cheating, 10 more different approaches present themselves during the course of the test or quiz.

"There's really no way you can stop it. They (students) have so many different ways of doing it (cheating)," says Mr.

Reed.

Being the most obvious method to prevent cheating is having neighboring rows taking different tests. But, this only eliminates some of the cheating, for many students seem to prefer the idea of making their own cheat sheets so they don't have to rely on other students' answers.

Another teacher states that, "... these kids have tried all kinds of ways on me, but despite all my efforts taken there's always some newly invented system that they come up with."

Some possibilities to minimize cheating other than alternating tests include having the teacher sit in the back of the rooms; thus people won't know if the teacher sees them cheating. Maximizing the space between seats and having all students place their excess books and papers away from the testing area, do in fact terminate the really obvious cheating.

And yet there is no real way to guarantee the prevention of all cheating. Students must learn to do their own work or accept the consequences.

Almost a 10

By P. H. MULLEN

In years past, many athletes have attained greatness while at John Adams. It seemed only natural that there would be a super-star or two somewhere in the school. Well, now there is another one to fill that role. She's Denise Lamborn, a talkative, energetic junior who happens to be the second-best gymnast (minus the Olympians) in the entire nation.

During the end of August, Lamborn flew to Jacksonville, Florida to participate in the Junior Olympics. Competing against the country's best, she performed like a champion. On the uneven bars Lamborn took a bronze medal. This is a great accomplishment all by itself.

"There was a lot of tough competition, but I did extremely well."

In addition, on the balance beam and the vault she grabbed the silver medal by performing almost flawlessly. When it came to the floor exercise, Lamborn was untouchable. With a dazzling routine, she rose above everyone else and won the gold. For all her efforts in the individual events, Lamborn placed second in the total all-around competition. This means that only one Junior Olympian in the entire country is able to beat her.

"There was a lot of tough competition," she admits, "but I did extremely well, and I had a great time. Of course, I couldn't have done it without my coach, Dan Poe."

Yes, this is the very Mr. Poe who teaches the health class in the famed John Adams tower. Anyone who has been fortunate enough to have had his class must know how hard Lamborn worked to become as good as she is.

"Well, before the big meets I'm in the gym every day for three and a

half hours. But other than that, it's only two hours a day for four days a week."

"I've been coaching her since she's been 11 or 12," explains Poe, "and she can go as far as she wants to in the sport. She can even attain the elite level if she wants to work hard enough." The elite level is the highest in the sport of gymnastics. The only members of this lofty level are the women who were involved in the Olympics, and Lamborn, at age 16, is only a single level below

Riley (Adams' pool is broken) every morning before school starts, and then after school I go work on gymnastics for a few hours."

Lamborn is no pushover in diving either. Last year, as sophomore, she set a sectional record and has broken almost every pool record in the city. But her greatest success last year was at the state meet where she closed an already brilliant season by placing sixth in the state.

Remarkably, Lamborn has kept most of her success in perspective, and



Denise Lamborn displays her second place medal.

it.

With a tough practice schedule like that, it would seem hard for anyone to do anything else. Yet Lamborn still manages to find time to hit the books, and has an impressive 3.6 grade point average. "I'd really like to get a scholarship to a college that has a good gymnastics program. But it also must have an excellent medical school," she says with a determined smile.

Now that the Junior Olympics are over, one would expect things to slow down for Lamborn. Not quite. She now stars as the number one diver on the girls swim team. "I have practice diving at

she claims that she still has one small regret. "Sometimes I really wished I could go out with my friends more often than I was able to, but I think all the long hours are beginning to pay off."

It certainly seems as though all the hard work and determination has been worth it, but Lamborn has no intention of letting up now. When asked what her future is, she hesitates for a moment. Then, with a gleam in her eye, she enthusiastically whispers, "The Olympics!" With her drive and will to win, that goal actually doesn't seem too far away.

See you in Seoul, Denise.

In the fast lane

Riding the waves

The girls swim team has two tough meets under their belt and are looking toward future meets. Both meets resulted in losses, one to state ranked Valparaiso and the other to Elkhart Memorial.

In the Memorial meet, Adams got a first place from Wendy Wolfe in the 100 backstroke. In the 100 butterfly, Michelle Thompson placed second with Ann Kusbach coming in close behind at third. Denise Lamborn got a second in diving. Michele Mengel swam two fine races with a second in the 500 freestyle and a third in the 200 freestyle. Lori Leichtman placed third in the 100 backstroke event.

The fortunes of the swim teams will be improving when they are able to use the pool at Adams. The pool is to open sooner than expected. It is open in the middle of October. Adams will be able to practice twice a day and prepare a full month for the sectionals which take place in November.

Cluster begins

The football team is hobbling along a long road. The road takes them to School Field tonight in a game against New Prairie.

The team has been hurt badly by injuries this year. Anthony Johnson, Lamon Clark, and Jeff Mitchell, the entire offensive backfield, are hurt and are questionable for tonight's clash.

The game tonight is the first of three cluster games which could lead to a playoff berth. If Adams defeats New Prairie, Washington, and St. Joe, Adams will participate in the playoffs.

Adams has had it rough so far, but they are out to get New Prairie and will need your support tonight at School Field.

Smashing returns

The boys tennis team is having a great year with a 6-0 N.I.C. record and a 10-1 regular season record.

Most of the team agrees that with the loss of several terrific players this year there was some doubt about the talent of the team, but all doubt has been put to rest because of the strong depth in talent and aggressiveness of all members which include Chris Nespo, Kurt Roemer, Tim Devetski, John Rohan, Karl Roemer, Guy Hamilton, Tim Foley. As well as a strong determined B team.

Kurt and Karl Roemer both agree that "Adams has a good chance of making it to the State Finals."

Tim Devetski said, "I don't think there's a team in the state that can get more psyched up for a match."

The Sectionals in South Bend are scheduled for Saturday, Sept. 29 at Leeper Park.

Good luck to coach Kilgore and the team! We wish you 40-love games on a no-fault court.

Soccer wants you

The 1984 Fall soccer clubs have started off what they hope will be successful seasons.

The boys team, previously coached by Walter Weber, is under the leadership of junior Brandon Hudson. They opened the year last Monday with Argos.

The girls team, coached by Ed Kelly, hopes to be as successful as last season. The club won a round robin city tournament last fall by outscoring strong teams from St. Joe and Clay. The girls started off the season last Saturday. Practices are held on Monday and Wednesday at 3:15 at Irish Park out at Notre Dame.

If any person would like to participate on one of these teams contact: for the boys, Brandon Hudson at 288-9720 or for the girls, Ed Kelly at 272-7982.

Fall in style

By LIZ PANZICA
and PAULA MAKRIS

With the arrival of fall comes the new selection of clothing, jewelry, and accessories. Year in and year out styles are created and quickly die out only to be seen again in a few seasons. This year's (1984) fashion fads could be described as large and comfortable, short and stylish.

Sweaters are large, baggy and colorful. Ava Hall comments, "Large sweaters and cropped pants are very in." Cropped pants have grown greatly in popularity. First appearing last spring on a few bold individuals, they are now all the rage.

Skirt lengths have gone to both extremes. The classic mid-calf length is joined by the updated mini.

Jewelry this year is bold and exciting. It comes in a wide range of colors and textures. Colleen



Lee Trauber models her '84 look. Photo by Merri Orr

Lennon claims that copper jewelry is one of the most popular fads. Large and daring describes accessories this season.

Hair styles are patterned after the likes and dislikes of their wearers. Some prefer short classically bobbed hair; others choose the newly popular punk cuts.

Ever since they emerged onto the fashion scene jeans have been a wardrobe staple. From stone-washed to good-old Levis, jeans hold fast to their place in the lives of teenagers. Denim has graduated to other pieces of clothing. Jackets and skirts are now a standard.

Fads come and go. There is no guarantee that any will last to see next fall. Though some might regret this, it is all part of that ever-changing, unpredictable world of fads.

From a reader

In the last Tower there was an article entitled "Changes at Adams" by Corrie Wolosin. It explained the new changes in our favorite school -- Adams.

But there were a few changes that Corrie didn't mention, and they have made me a little angry.

One of them is the fact that the freshmen are in our lockers, and we aren't. I don't know how long the front hall has been designated as "Senior Hall," but why is it "Freshman Hall" this year?

And what's the deal with the sweat suits? What are we supposed to wear when we "sweat it out" for Adams?

Why can't we wear walking shorts or Bermudas? They aren't short shorts.

But now the big question -- why can't we have pep assemblies? They only took 30 minutes out of the school week. And they weren't even held every week. How are we supposed to know that it is Friday if no one dresses up to show their school spirit?

I again propose pep rallies before games -- bon fires included. I heard that Clay had a rally before their game on the 7th of September. Why can't we? We're going to have to do something or our teams are never going to win.

NO ONE IS CHEERING THEM ON TO A VICTORIOUS SEASON!!!!

Signed,
An angry Senior

Meeting a new world

By CHRIS
HOLLINGSWORTH

One of the most tragic events that can take place during a teenager's life is moving his senior year. Not only is transferring to a different school difficult, but transferring during one's senior year is treacherous. I am in such a position. Fortunately, the atmosphere at John Adams will make my senior year easier.

Coming from a big city suburban high school, Adams is quite different.

Adams is a smaller school, which makes it easier to find classes, especially when you're new. There aren't as many students, so the halls are less crowded during passing periods, but I still find myself bumping into people.

The school itself is much older than my previous school. Although it's old, it's not rickety. It's a school of tradition.

The students at Adams

have helped me get along. They seem to be laid back and totally at ease, not like the fast-paced life as in the suburbs. Their presence has made me feel welcome.

Senior year is a year in which you're supposed to relax, kick up your heels, and have a good time. When I moved to South Bend, I thought my senior year was going to be a waste. At Adams, it will not.



Jen Weamer models her '84 look.

The Tower

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