

Attention: Seniors

Senior Traits, Wills, and Ambitions are due February 19 in Mrs. Maza's room (216). If you want your Will and/or Ambition published, you must bring \$1.00 to Mrs. Maza when you return your sheets.

On page 2

Student teachers have joined the staff at John Adams in the school's ever continuing struggle to provide the best education possible and to allow student teachers the opportunity to test their ability.

Personals

Valentine's Day personals appear inside this issue in a special insert. On behalf of the entire Publications staff, we wish everyone a Happy Valentine's Day.

The Tower

February 14, 1986

Vol. 46 No. 8

John Adams High School

808 S. Twyckenham Drive

South Bend, IN 46615

Black History Month

CAS honors leaders

By Pat Woodard

The month of February is the designated month to recognize Black History. After the recent celebration of Dr. Martin Luther King Jr.'s first national holiday, this month is a befitting retrospect at the history of the black race and their past accomplishments. These accomplishments are honors which have not affected merely Blacks, but they have supported America in making it the great country it is today.

The John Adams Cultural Awareness Society will sponsor its own special recognition during this month also. The program is an annual event; this year the program will be held Wednesday, February 12 at 7:00 p.m. in the school auditorium. The program's theme is "A Tribute to Black Leaders of Our Youth." The Cultural Awareness Society will honor Blacks in the community who have voluntarily devoted themselves to help and guide black youth. The club's officers—Rachelle Hetterson, President; Ava Hall, Vice-President; Montrese Threatt, Secretary; and Courtney Clark, Treasurer; will present certain guests with certificates of appreciation and recognition. Some

of the guests include Mr. Buddy Bonds, Executive Director of the South Bend Recreation Department, Mr. George Hill, Mr. Hal Lindsey, Mr. Watten Outlaw, Mr. Billy Powell, Mrs. Carol Ross, Mr. Eugene Robinson, Mr. John Reese, Ms. Renelda Robinson and Mrs. Melva Martin.

A Special Recognition Award will be presented to Miss. Ida Mitcham. Miss. Mitcham is the former youth supervisor for the Hering House Community Center. She will be presented a plaque for her past service to the community.

The Guest of Honor will be Charles Martin. Mr. Martin is the director of the South Bend YMCA Community Service Branch.

Representatives from the South Bend Community School Corporation, the Mayor's office and the Big Brother/Big Sisters of St. Joseph County will present the certificates of recognition and speak on behalf of Mr. Charles Martin. Student representatives from each of the South Bend high schools will be present.

The John Adams Cultural Awareness Society would like to encourage all students to attend this program.



Everyone's sweetheart, Mr. Aronson, celebrates his birthday today, on Valentine's Day. To find his age: rake take his room number minus the number of years that he's taught plus the number of letters in his last name minus today's month and day minus one.

Mr. Morris Aronson, an Adams teaching institution, celebrates his birthday today. Mr. Aronson, mathematics teacher of many parent-child Adams combination, attended Purdue University, served as a translator on the western front in World War II, and has since taught literally thousands of students. Mr. Aronson's many contributions to John Adams include having been wrestling coach and his ongoing afterschool activities treating injured athletes. Happy Birthday, Mr. Aronson.

Michele Ault/Tower

What's News

Leadership seminar

Martin McNamey has been selected to represent the sophomore class at the Hugh O'Brian Youth Leadership Seminar at Butler University on May 30-June 1. Martin will then be eligible to participate in the 1986 International Leadership Seminar to be held in August.

Quiz Bowl

The defending champion John Adams Quiz Bowl team hosts New Prairie Wednesday, Feb. 19, at 4:00 in room 138.

Richard Lugar Scholarship

Patrick Woodard, a senior, has been selected as one of ten finalists in the Richard Lugar Fund for Hoosier Excellence Minority Scholarship Program. Patrick will be presented with a \$500.00 scholarship and will go on to compete for a \$20,000 scholarship.

Mrs. Housemeyer honored

John Adams secretary Marilyn Housemeyer, along with Navarre teacher Pat Douglas, will be the school corporation's honoree at the annual YWCA Salute to Women in April. In addition to being a secretary, Mrs. Housemeyer is currently serving as the state president of the Indiana Association of Educational Secretaries.

The JA Cabaret

The John Adams Talent Show will be sponsored this year by the Cultural Awareness Society. The show is tentatively scheduled for the evening of April 11. Auditions will be held in March on a date to be announced.

Scripts needed

The South Bend Heritage Foundation and the "No Strings Attached" Puppet Troupe have announced a script search for a ten to fifteen minute puppet script to be performed at the Fall, 1986 Community Peace Festival. The theme of the entries should be "Peace is possible." Sixth through twelfth grade students are eligible to participate, and scripts may be individual efforts or group projects. Entries must be submitted to the Colfax Cultural Center, 914 LLW, South Bend, 46616, by February 21. Judging will be completed on February 28, and the best overall script will be performed by "No Strings Attached," with a twenty dollar cash prize to the author. For additional information, call Robin Hartzler, 287-1458.

Orchestra results

The following orchestra students received superior ratings at the Indiana State School Music Association Contest held at John Adams on Saturday, Feb. 1: Jeremy Manier, cello; Corrie Wolosin, viola; Julie Herr, violin; Susan Burzynski, violin; Jennifer Wolosin, viola; Teresa Martinov and Alison Wage, violin duet; Leslie Crothers and Teresa Wilson, violin duet; Suans and Margaret Burzynski, violin duet; Teresa Wilson, Leslie Crothers, and Susan Burzynski, violin trio.

Primus nominated

Adams junior Richard Primus has been nominated as one of twenty-two American youth to be members of an eighty member international delegation to Poland for activities commemorating the Holocaust. If selected, he will travel to concentration camps and other pertinent sites in Poland during April. Richard is a section editor of the Tower and a member of the Quiz Bowl team.



Elizabeth Miller, Lisa Johnston, Kathryn Gancarz, and Thomas Small lounge around after a long hard day of controlling menacing Adams students. Not pictured are Werner Graf, Carolyn Niemier, Terry Lehman, Christine Wozniak, Jeff Robinson, and Bradley Wolheim. Ms. Johnston works with Mr. Brady in the French Department. Ms. Wozniak with Ms. Schymanski in Math Department; Ms. Gancarz with Mrs. Gerhold in English Department; Ms. Miller with Mrs. Maza in English Department; Mr. Small with Mr. Atyea in History Department; Mr. Graf with Mrs. Bond in Business Department; Ms. Niemier with Ms. Walsh in Business Department; Mr. Robinson with Mr. Allen in Music Department; Mr. Wolheim with Mrs. Hamilton in English Department; and Mr. Lehman with Mrs. Golichowski in Math Department.

Michele Ault/Tower

Student teachers learn behind podium

By Melanie Masin

Out of the nine weeks they are here, the student teachers will spend a total of six weeks instructing. At first they observe and then they must take over full responsibility for the class. For English, the three student teachers are Kathryn Gancarz, Elizabeth Miller, and Bradley Wolheim. Even after only being at Adams a short time, Ms. Gancarz feels that it is a useful teaching program to get involved in, and it is "too bad everyone can't have experience before the job." For mathematics, two student teachers will be taking over classes: Terry Lehman and Christine Wozniak. Others include Lisa Johnston for French, Thomas Small for U.S. History, Werner Graf for accounting, Carolyn Niemier for business, and Jeff Robinson for music. Student teachers get involved in teaching programs through IUSB, St. Mary's, or Notre Dame.

Because these teachers are actually still students, they can relate better to teenagers. This ability to get through to students can give them an extra edge when it comes to earning respect. Respect is a very important attribute that only good teachers have. They are looked up to, because they have proved themselves worthy of it. Also earning

Because these teachers are actually still students, they can relate better to teenagers.

respect from others is something that cannot be taught in a book, and that is why actual instructing experience before becoming a teacher is important.

Practical experience that can not be taught in college is one of the most important reasons for getting involved in a program of student teaching. By observing and teaching they can learn to handle a rowdy class, give a lecture, or prepare a test. Also, the student teacher learns to speak effectively in front of a group, so that the subject matter that they are covering is clearly expressed. It must be expressed in such a way as to hold the students' attention. This is more easily said than done, for "life on the other side of the podium (desk) isn't all it was cracked up to be," says student teacher Thomas Small. The most exciting subjects can appear drab and lifeless when they are delivered in a stale, monotone voice. An advantage student teachers have over the doldrums of every day classes is that teaching is a whole new experience for them, so they have

many fresh ideas and concepts waiting to be put into practice. Also, they can enhance a subject and possibly make it seem more amusing, because they are still college students. And still being in college means that they can not always subdue the wild craziness inside of them. This craziness shines through at times when they are speaking to a class, and it makes the lecture seem like more fun.

By far, it is not all play, because these student teachers must attend classes at their college as well as teach. This makes their work load hard with little time for other, more pleasurable things. Teaching does have its more pleasurable and rewarding sides to it. If a student teacher with as little experience as he or she has in the teaching field, can spark some interest in otherwise uninvolved students, they know they are on the right track to a successful career. Though it can not be expected for them to turn out a protege, if they can at least get some students to want to learn, they have done a good job. Nevertheless, there is a flip

side to this; a student teacher may find that teaching is not the job for him after all. In fact, he may feel uncomfortable in front of a class or at least bored with the idea of going to school (even if it is to teach) for much of the remainder of his life. Either way they decide, it will be the next crucial nine weeks that help make the decision.

These student teachers come from different schools and places, but they are related, because they have one common, obvious objective-to become teachers. To become an instructor, they must first be sure they have the needed qualities: patience, tolerance, and understanding. During the next several weeks they will gain practical knowledge on perfunctory tasks, and more importantly, insight. This insight will help them, amongst other things, know when to be strict and when to be lenient. We need to make them feel at home, because at first they may feel like outsiders, since they are neither students nor full-fledged teachers yet.

They are here for a purpose, though, and are eager and willing to show their abilities, as well as absorb as much information as possible. One way to do this is to simply listen, and, states one student teacher, "You can sure learn a lot of things in the teacher's lounge."

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TOWER

FEDERAL SAVINGS AND LOAN ASSOCIATION

New Nautilus equipment improves bodies

By Matt Kelly

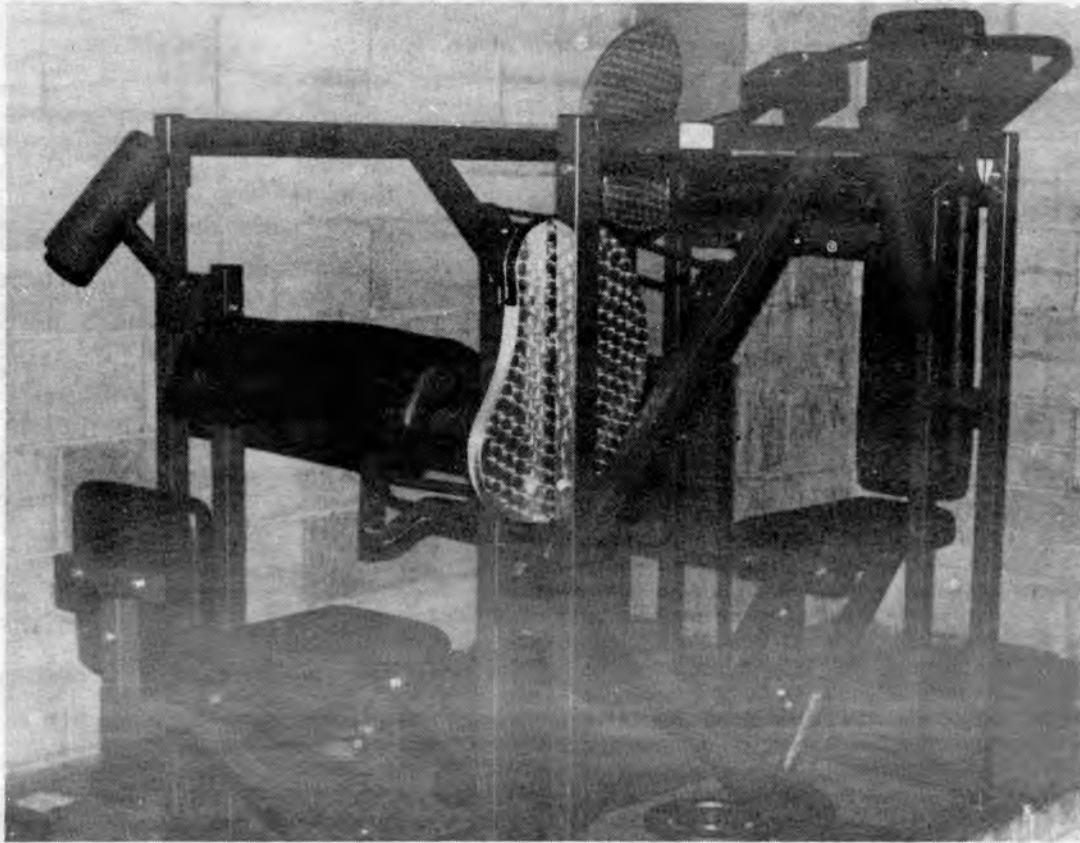
Picture this. You're a member of the varsity wrestling team. You're in the last period of a tough, grueling match and the score is tied. The coach screams, "Hang on!" But your body muscles curse at you, while they practically explode with lactic acid.

Now stop and come back to reality. If you've ever felt this kind of muscle fatigue before in an athletic event, don't worry. Many of the world's best athletes experience muscle exhaustion. There is, however, a type of training that tones the muscles and reduced lactic acid build-up. This exercise is weightlifting.

In the past, weightlifting was popular only among professional athletes. In more recent years, however, with the increasing desire for athletic perfection, many high school athletes have started lifting either during their season or the off season.

"Weightlifting is definitely a big part of my workout in the off season," says senior football tailback/linebacker Anthony Johnson. "It helps to increase muscle capacity as well as endurance."

Anthony, along with many other athletes, has lifted in the Adams weight room behind the auditorium stage under the supervision of Coach Kominkie-



The new Nautilus equipment awaits its next victim in the weight room.

Mike Szymanowski/Tower

wicz. Two weeks ago, \$25,000 worth of Nautilus equipment was installed. The advanced Nautilus systems add to the caliber of the Adams weight program.

"The Nautilus equipment is

definitely better," says Mike Trott, both a football and soccer player. "They isolate muscles that the old system couldn't and the workouts are more difficult and take up less time."

It is true that many people associate weightlifting with such sports as wrestling and football. But there are benefits in virtually any sport.

Take swimming for example.

Weightlifting offers many different techniques for muscles on the back and the latissimus dorsi region (the rear part of the thorax under each are.) "Weightlifting is very beneficial in swimming," remarks P.H. Mullen, captain. "I can single out muscles used only in swimming with the new Nautilus machines. The new back and leg machines are much better than the old ones."

Lifting also helps those who participate in soccer and track. The various leg machines strengthen all parts of the legs including the calves, the hamstrings and the quadriceps. These machines will improve speed, kicking power, and jumping ability.

Baseball players are also benefitted by lifting weights. "It (weightlifting) strengthens forearms for hitting," adds Mike Jones, "and it helps you grip the bat better."

Then there are those people who lift to build up GQ bodies and achieve the prestige of Sylvester Stallone. These people may enjoy punching around others, (as Stallone does to the Russian in Rocky IV) and thus lift to gain power and quickness.

But for whatever the objectives, one ought to lift weights. Then, the next time an opponent says to you, "I must break you," don't be afraid. Break him instead.

Basketball Stats

Field Goal Percentage

Torance Fitzpatrick	62
Jeff Mitchell	50
Ron Chrobot	46
Adam Friend	43
Tony Wilson	43
Alfonso Mack	40
Terry Bridgeman	40

Avg. Rebounds/Game

Tony Wilson	10.1
Ron Chrobot	7.4
Adam Friend	3.7
Jeff Mitchell	2.8
Alfonso Mack	2.7
Torance Fitzpatrick	1.5
Terry Bridgeman	1.1

Avg. Points/Game

Ron Chrobot	14.4
Jeff Mitchell	14.1
Tony Wilson	8.5
Alfonso Mack	8.3
Adam Friend	4.3
Torance Fitzpatrick	3.3
Terry Bridgeman	3.1

Athletic Shorts

Seagles

The John Adams' Seagles were able to end their disappointing season on a high note. In their last meet, they defeated Clay 82-79. Winners for the team included Pat Brothers in the 200 I.M., 100 fly, and 400 relay, Jeff Terled in the 100 free and 400 relay and Larry Piser in the diving event. The team has Sectionals next Thursday and Saturday at Clay. The state finals will be the week after that in Indianapolis.

Hockey

The John Adams hockey team was recently knocked out of the city tournament when cross-town rival Clay scored the winning goal with less than four minutes to play in the game. The team will try their luck in the State play-offs this weekend. The play-offs will be held in Indianapolis this Friday and Saturday. The Eagles, led by the Max trio, Rick Barnes and Chad Rosencratz, hope to upset the top teams in the state. There will be three fan buses making the trip. For information on getting a seat on the bus, see Kevin Max.

Girls' Basketball

Last weekend the girls basketball team settled for Sectional runners-up when they lost to the number one ranked team in the state, the St. Joseph Indians. Led by Diane Grundy, Terri Landen, Trish Troester, and Marilyn Thomas, the team also tied for N.I.C. champions. Landen and Grundy were selected to the first team N.I.C. The team finished the season with an impressive 13-7 record.

Guys' Basketball

On Tuesday the boys basketball team upped their record to a mediocre 8-7 with a 64-53 win over St. Joe. The Indians dropped to 2-12. Leading the way for the Eagles was Tony Wilson who had 14 points, 14 rebounds and 8 assists. Ron Chrobot and Jeff Mitchell scored in double figures, and Adam Friend reasserted himself as a strong player with another consistent game. The Eagle defense held St. Joe's high scoring freshmen, Rodney Holmes, to 16 points. Adams plays Penn tonight in the Kingmen's gym at 7:30.

Reader's Write

Creating restrictions

By Marc Conklin

Tuesday, January 21st was a great day in history, and it will prove to be a foreshadowing of many great days to come. In case you've forgotten already, that was the day that a computer messed up your schedule. But it was certainly much more than that.

It was a welcome result to just one of the many efforts being made by the people upstairs, or downtown, or wherever they're hiding to improve education-or make it more convenient.

It was the total failure of yet another attempt to take away yet another freedom of the high school student. It seems that no administrator has learned anything from the American Revolution, or from Tim Devetski's article in the last issue of *The Tower* for that matter.

What makes education work is the desire of the student to learn. By taking away freedoms, by creating restrictions, by forbidding all forms of personal expression, "the corporation" has reduced that desire to a level below that of even a simple willingness.

The fact that the computer messed things up and caused minor rioting among the students was just preliminary aggravation. Had the computer done it successfully, the rioting would have come a little bit later when students were frustrated from their lack of control over their education.

The attitudes of high school students has become increasingly more paranoid because of this helpless feeling. Some might feel the urge to make a list of everything in high school that they still can decide or express on their own, and cross each out with red pen as "the corporation" takes them away. In fact if spirit reaches the low point that it will probably reach soon, students may only find enjoyment in predicting the next privilege to be stolen.

Doesn't this go against that favorite phrase of administrators, used so often it echoes in halls all across the city, "you are responsible for your own education?" Does this mean that we can miss any class as long as we are responsible for making up the work? Does it mean that we have a say in how long we are confined to school? Or that we can decide when we want a certain class? Or who the most qualified teacher is to teach that class?

No.

It just means that we are responsible for obeying whatever "the corporation" and its computers order us to do without question.

So, why was January 21st a great day in history? Because when people look back on where and why education went wrong, they will call it the first tangible failure resulting from the creation of an atmosphere incompatible with learning.

Tragedy or comedy?

By Marc Conklin

The president of a major network once described the formula for a successful sitcom. He said, "You take a pleasant, good-looking family, and have them go through some awkward, funny situations—that's for the kids. Then you put a little lesson to be learned at the end—that's for the parents." Very Simple. Pleasant + funny x moral = family viewing and ratings.

Now, America is down to really only one good sitcom. "The Cosby Show." But most disturbing about the show is that the reason for its success is also the cause of a disturbing undercurrent present in every episode. That cause is Bill Cosby.

job. Tell them to settle down and raise a good family. Don't let them sit in their room all day listening to ROCK MUSIC!! Throw their school books at them!"

One particular episode of the "Cosby Show" made this connection extremely obvious. In the episode, Bill Cosby's oldest daughter had a "really neat" new boyfriend, and she wanted her parents to meet him during dinner.

Well, the boy turned out to be everything the Huckstable parents, and Bill Cosby, disliked. He was brilliant but didn't have any desire to go to college because he didn't believe in grades. He purposely wore socks that didn't match, and he questioned many aspects of the Huckstable's occupations.

At this point in the show, family

The reason for its success is also the cause of a disturbing undercurrent present in every episode.

There are two Bill Cosbys. There's the one that gets on stage and makes everybody laugh at the world with his ingenious routines, and there is the one who does interviews which make kids shake their heads in frustration and their parents nod with concerned approval.

With this in mind, it is very easy to see why the "Cosby Show" is the way it is. Bill Cosby's formula for life resembles that of the network president: a small amount of humor x the quantity (education and work) = success.

Bill Cosby is a symbol of American parents. During interviews he throws away his sense of humor towards society and preaches to parents everywhere. "Tell your kids to work, to compete, to get good grades, a college education, a

audiences all over the country probably had divided feelings. The children, like the children in the program, were most likely awestruck and very pleased by the incredibly liberal ideas of the young man. And the parents, like the parents in the program, were most likely awestruck and horrified for the same reasons.

So how does it turn out? Well, what would you expect from Bill Cosby? The daughter goes out with him and discovers that the young man is a "real jerk", by anyone's standards. So his ideas are thrown away, and the depressing formula remains.

"The Cosby Show" is not easy to classify. It is widely considered a comedy but it always seems to have a tragic ending.

Scheduling blues

By Julie Herr

Scheduling. For all but a lucky few, that word tells an unspeakable story of lunch-hours changed, classes deleted and hours rearranged. Some were given the same class twice in one day, others were only scheduled for four classes. Freshmen were given government, Seniors, 9th grade science.

Why the sudden problem? Adams has finally joined the other city high schools in scrapping the arena scheduling program (you know, the one where you actually got to choose what hour and what teacher you wanted for each class), and moved with the wave of the future by computerizing the entire process. Unfortunately, a computer does not understand that you cannot possibly have French 4th hour because that would give you B lunch and all your friends are in A lunch. The guidance counselors don't seem to understand this problem either. Students were sent marching back to class with their tails between their legs if they came within 50 feet of the guidance office the day following the distribution of new schedules.

But contrary to popular belief the

counselors did not change to the new scheduling program simply as a form of cruel and unusual punishment. In fact, says Mr. Fox, the guidance staff is no happier with the new system than we are.

In the arena scheduling program, a card existed for each spot in each class. We chose our classes, hours and teachers and were given six cards, one representing each class. Of course we never saw these cards after scheduling was completed. They were neatly filed away. But this semester the necessary cards were not available to the school. Therefore we were forced to convert to the computerized system.

But nonetheless many students were not pleased with the change. "It stinks," commented junior Andy Needham when asked what he thought of the new process. "I think it sucks," said one sophomore who seemed to agree. In fact no one seems to be very pleased about it.

But take heart. Mr. Fox says that next year students will have the option of locking into a year class so they won't be forced to switch teachers in mid-year. And the system is sure to work better the next time around. After all, let's face it, it couldn't get much worse!

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