

The Tower

John Adams High School

South Bend, IN 46615

It's lunchtime. Do you know whose face is on your milk carton? For answer, see page 2.

Group supports parents

by Betsy Furlong

Mrs. Loistean Mason, the new assistant principal at Adams, and Mrs. Babette Maza are beginning a parent communication workshop. The program will have sessions on Wednesday evening at seven o'clock for parents who want to improve their ability to talk with and understand their teenage children.

This program is for all parents, but is particularly aimed at those whose children have attendance problems or poor grades. However, it does not concentrate on the negative aspects. Instead it will try to accentuate the positive and help parents realize what a good job they are already doing.

Mrs. Mason believes that discipline problems at school and poor grades are "symptoms, not the problem itself." She wants to help increase parents' awareness of the difficulties which teens today are actually facing. Her enthusiasm for helping Adams students shows in Mrs. Mason's face every time she speaks about her plans and hopes.

The programs will feature speakers from the

community as well as teachers and administrators from Adams for the formal portions of the sessions. Parents will have the opportunity to exchange ideas which have been successful in their own families. Question and answer periods with the speakers are planned for most of the sessions.

This program is to help parents know what support is available through the schools so that they may better encourage and understand their children. It will show parents what the school is trying to accomplish so they can work together.

All of the sessions will be centered on "current topics in teenage lives," according to Mrs. Mason. Later sessions will be offshoots from the earlier subjects depending on what parents are most interested in.

Students should not be paranoid about their parents attending these sessions, since they do not mean that they are in trouble. Better communication can only improve the relationship between teenagers and their parents.

The whole point of the program is to "encourage the positive" and let parents know that "they will survive!"



Holly and Betsy continue their research with grants from the Lung Association. Matt Laherty/Tower

Grants fund research

by Lisa Primus

There's some good news for allergy sufferers, diabetics, and seniors Holly Lindberg and Betsy Furlong. Holly and Betsy have received grants for their biology research projects.

Betsy's project deals with passive air filters, filters that take allergy-aggravating pollen out of the air. She is trying to improve the filters by using charged polymer spheres-electrically charged balls of soft plastic. The spheres should take the pollen out of the air that passes through the filter.

The project, suggested to her by the course instructor Mr. Longenecker, appealed to Betsy because she grew up with hay fever, and allergies are common in her family. The new air filter could clean air better, less expensively, and more conveniently than the large ones.

There are still many questions to answer. "I don't how long the charge will last," explained Betsy, but she is optimistic.

"If it works," she said, "It'd be great."

Holly's subject, diabetes, comes very close to home. Both of her grandmothers have the disease.

Holly is testing the effects of strenuous exercise on diabetes. People with diabetes have abnormally high blood glucose levels. Exercise brings the levels down by increasing the cells' need for glucose.

"That's the big deal about my project," explained Holly.

The information Holly gains may be used to set up a reasonable exercise program for people with diabetes, though Holly stressed that exercise is not the only factor that diabetics must consider and that "proper diet and a good mental attitude must be taken into account."

Both students have plenty of work in front of them. Besides actually performing their experiments, they must keep up to date with research being done elsewhere that relates to their projects, and they must prepare a research report to show what they have done and learned. Later, they will present their projects in other biology classes and at the regional science fair.

Just earning the grant required plenty of work, and completing the project will take even more, but there are many rewards as well. Holly and Betsy have a chance to earn a college scholarship from the American Lung Association, the association that provided the two grants. Eight Indiana students receive the \$1,000 scholarship every year.

The possible scholarship, however, is only one of the advantages.

For Holly, who is interested in a career in sports medicine, the whole project is a real learning experience. "It's going to give me more insight on the career I might take," she said.

And in some ways, the class itself is a reward.

"Being in the class," explained Holly, "teaches me a lot of responsibility and independence that I'm going to need in the future."

What's News

Commended Scholar

Congratulations to senior Nicole Byrd for her outstanding performance on the PSAT. She has been commended by the National Achievement Scholarship Program for Outstanding Negro Students in recognition of her high score.

Band awards

Congratulations to the John Adams Marching Band for receiving a second division trophy in the district I.S.M.A. Marching Band contest, held October 2 at Concord High School. This was the first time the John Adams band has competed in this event in over 15 years. The Eagles received high ratings for best guard marching and maneuvering skills. This award reflects the dedication of the band members and their instructors.

Also, the Marching Band received a first place for overall performance and a special award for Best General Effect at the S.B.C.S.C. Marching Festival on October 14.

Peace Essay Contest

The U.S. Institute of Peace is sponsoring a National Peace Essay Contest. Essays should deal with the protocols of the Helsinki Accords which emphasize the relationship between peace and human rights, fundamental freedoms, and the self-determination of people. To be submitted, the essay must be published in the school newspaper anytime between October 15, 1987 and March 15, 1988.

Prizes range from \$150 to \$5,000 in scholarships. For further information, see Mrs. Maza in room 216.

Fall Youth Conference

On October 20 and 21, two students from each of the four classes at Adams attended the Fall Youth Conference at Ancilla College. The conference, which was sponsored by the Mental Health Association of St. Joseph County, was designed to increase students' awareness and share their ideas through discussions on such topics as self-esteem, drug and alcohol abuse, stress and depression, and teenage suicide.

Fall play

The fall play, "Voices From the High School," will be presented on November 12 and November 13 in the Little Theater. The play presents a realistic view of the problems and dreams of today's teenagers, covering such topics as alcoholism, teenage suicide, love premarital pregnancy and drugs. Show your support of the Drama Club by attending.

College visits

Valparaiso on October 26 at 9:00 a.m.
Harvard on October 27 at 11:30 a.m.
Adrian on October 28 at 11:00 a.m.
Dayton on November 3 at 8:30 a.m.
Marian (Indianapolis) on November 5 at 10:30 a.m.
Purdue on November 5 at 1:15 p.m.
Rose-Hulman on November 10 at 10:15 a.m.
Miami on November 10 at 11:30 a.m.
Goshen on November 12 at 10:30 a.m.

Safetypup is gone - but not forgotten

by Ida Primus

These are uncertain times. No one can be sure whom they can count on, whom to trust. For a few brief years, South Bend students were an exception. They had someone they could look up to, someone who visited their cafeteria every day, whom they knew cared about them and would never let them down.

Ask any public highschool student in the city and they'll tell you who this someone, the hero in uncertain times is, or was. It's Safetypup. "A dog?" you may ask. Yes, Safetypup is a dog, but not just any dog. Safetypup is a dog with a mission.

Safetypup's mission is to educate young children and teens about safety precautions. His inventors, the National Safety Council developed him as part of their campaign to educate children about kidnapping and other dangers.

Safety's advice was short and simple. Two of the dog's most common messages were, "Don't go with strangers" and "Always use the buddy system."

Safetypup preached his warnings through a variety of

media, but he gained his fame in South Bend through his daily appearances in schools.

Allen Dairy Products, Inc. printed Safetypup on the backs of milk cartons which were sold at lunch in South Bend schools. Thus, Safetypup became a regular in local cafeterias. "Safetypup was a part of John Adams," explained senior Betsy Furlong.

Last September, for economic reasons, the South Bend City School Corporation abandoned Safetypup. Schools switched to Borden milk. For a full school year, students bought milk cartons with trivial, uneducational backs. Few students can remember what sat on their lunch trays every day. "Wasn't it Safetypup," asked senior Rita Deranek. In short, buying lunch milk was a drab affair.

This year, South Bend schools realized their error and switched back to Allen Dairy Products. Tragically, they were too late. Safety had been canned.

Allen Dairy now prints Archie on their milk cartons. Archie tells milk drinkers that he doesn't need drugs to meet friends, enjoy a date, or handle pressure. Archie



has always been a favorite cartoon character, but somehow he seems out of place on milk cartons. "Face it," said junior Tricia Davis. "Safetypup is ten times cooler than Archie."

Archie began to appear on Allen Dairy milk cartons in August. The general manager of Allen Dairy Products in Fort Wayne, Jerry Bullis, is a board member of the Fort Wayne National Safety Council Chapter.

Nonetheless, Bullis was responsible for replacing the National Safety Council's character. In a recent letter, Bullis explained that, "We felt the anti-drug message was both important and timely."

Safetypup's disappearance from cafeterias has not smothered his avid following. Many students buy Allen Dairy milk for home use. Others simply cherish the memory of the dog or check for

his latest messages while shopping.

What is the reason for the dog's huge popularity? This will probably always be a mystery.

Despite his loyal fans, Safety Pup is rapidly losing his fame in South Bend. Today's second graders never went to school with Safetypup. Even the fifth graders can barely remember the days when Safety visited their schools regularly.

Barri Grimstad, a fifth grader at Perley Elementary School, was asked what she knew about Safety Pup. There was a long pause before she responded. "Can you repeat that?" was all she said.

What is the effect of Safety's forced retirement? Hundreds of South Bend students will know that Archie doesn't need drugs to meet friends, but what will become of these friends if they don't know to use the buddy system?

Concerned citizens and Safety pup fans (is there a difference?) should not lose hope. According to Jerry Bullis, "You will see Safetypup back again in the near future."

For Barri Grimstad's sake, let's hope it's not too late.

The freshman class is anything but boring

by Guy Loranger

It is 8:55 on a typical Wednesday morning in John Adams High School. Seated and ready for their fearless leader, the honors' Algebra teacher, to commence class are thirty of the best math students in the freshman class. Yet, for about the twentieth straight day, class will not start on time. The students' streak remains intact and they can sleep well tonight indeed.

One student situated in the back of the classroom awakes from his slumber. He realizes that it is only 50 minutes till a composition is due for his next class. He glances around the room, and simultaneously begins scribbling away furiously on his graffitied notebook.

Sitting four rows down from him, first seat, is "Mike." Mike is the typical jock. It is almost certain that in four years he will be attending Northwestern University on a swimming scholarship. Yet, at the present time, he must pass Mr. McSmithski's class. He sits with a mask of confidence. Yet, deep inside himself he is questioning, "Why didn't I wear deodorant this morning? How could I ever forget? Does anyone notice?"

Sitting three rows down, second seat, is "Molly." She is talking about how her older sister's ex-boyfriend's younger brother set her up on a date with his cousin visiting from Chicago. Molly claimed that he didn't meet up to her level and knowing Molly, the cousin from Chicago didn't stand a chance. Molly is the prettiest girl in the freshman class. Yet it borders on impossible to tell because she wears close to five pounds of make-up everyday.

Sitting directly behind Molly is "Indira," the foreign exchange student from India who is only

about three feet tall. Indira has her hair in a pony tail and is wearing an Andre Dawson Cub's T-shirt, brand new and unwashed Wrangler jeans, argyle socks, and (of course) the original Zips tennis shoes. She sits upright and intently eavesdrops on Mike and Molly's conversation.

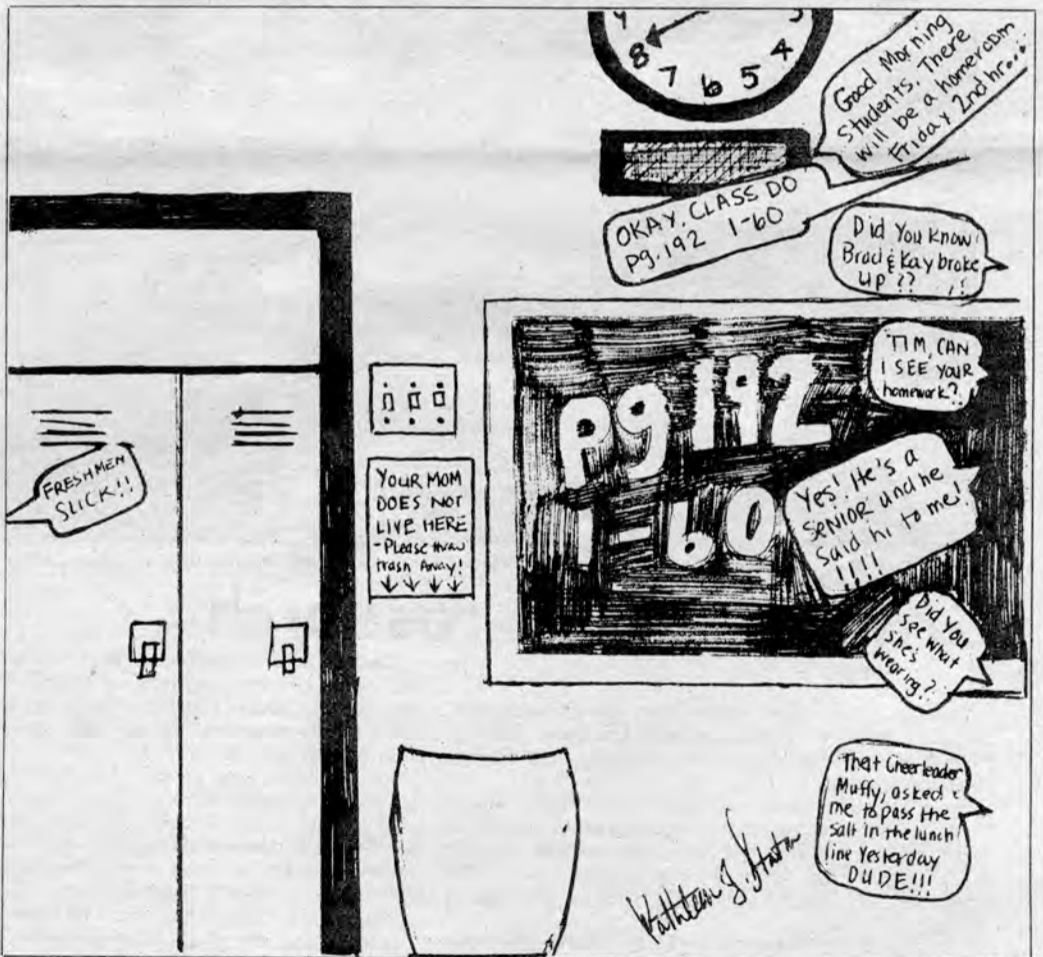
Sitting two rows down, third seat, is "Stanley." He is involved in a highly intellectual conversation with his "buddies" ("Binky, Rinkey, Dinkey, Herbie, and Chuckey"). They have all come to the conclusion that "King Kong" Bundy and George, "The Animal" Steele should have been disqualified for their actions last Saturday. They then resolve to meet at Showbiz upon completion of their individual paper routes.

Gathered in a group behind them is the drama club, Matty, Shelley, Boo Boo, Warren, Sophia, and Mugs are also the class fashion consultants. The club is, at the moment, engaged in a fit of laughter. The group ahead of them has a definite pattern of visible underwear hanging out of their pants.

Sitting in the next row first seat, is "Farmer" Ted. This boy is the typical freshman nerd. He sports a plaid oxford, green Osh Hosh B' Gosh pants, blue tube socks, and velcro Adidas. His right pocket contains over 200 pens and pencils. Yet, he refuses when asked if a student may borrow one of his many writing utensils.

At 9:55 A.M. (or is it P.M.?) the bell rings. Mr. McSmithski does not let the class leave until he says they can. It must be his way of convincing himself that at middle age, he still can rule a class. He assigns page 90, 1-86 evens, and dismisses class in a tone of authority.

It is 10:00 on a typical Wednesday morning in John Adams High School.....



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Volleyball "sets-up" for Sectionals

by Sarah Friend and Amy Golden

While the general consensus is that the volleyball team's bunbuggers are an attendance boosting scheme, in all actuality, the team is "depend"-ing on these oversized undies to guide them to a sectional championship. Other key elements becoming noticeably present on the volleyball squad, including individual intensity displayed by everyone, improving insight of skillful team combinations, and a knowledgeable coach, may also aid the team on the road to a sectional victory.

Ganser's girls, boasting a 12-8 record, met the Mishawaka Cavemen on the 1st of October. Though preparedness was not a factor, and conditioning did not hinder the play, the team's

psyches played a substantial role in the players' worries about facing the Cavemen. "I think our team was overly psyched for Mishawaka because they are the team to beat, and never were able to let our nerves settle," states Megan Moloney.

The Eagles' clash with Mishawaka wasn't a total loss. It gave the younger players an idea of just how intimidating a big name team can be.

Another rival met early in the season was St. Joe. Upon meeting the Indians in pre-season, the Eagles proved dominant. After the regular season match-up, the capable squad was not quite up for the challenge, falling short of a victory. Beating the Indians in post-season play could mean the city championship.

Through the course of the season, three things are obvious. First, the team is making a steady climb and improving with each confrontation.

Second, in order to achieve the goals they are fixating towards, the Eagles must continue to improve the areas of weakness. Co-captain Rita Deranek feels, "Our serving needs to improve the most; when it does, we will be highly competitive for the title." Finally, it should be clear that volleyball is more than just a sport to listen about on the P.E. the next morning. The team needs fans to support them and to cheer them on to a sectional championship.

Come out and help out the team, and at the same time you might even get a peek at those new uniforms.



Senior Katie Lane dinks the ball over her Riley opponent. The Eagles defeated the Wildcats in two straight games. Root Photographers

Winter comes in a flurry

by John Anella and Doug Naylor

The leaves begin to fall from the trees in October, and the fall season teams look to conference titles and sectionals. Some athletes dream of reaching regionals or even state, but there are many others who are only beginning to condition for the opening of the winter season. The skaters, the wrestlers, the swimmers, and the hoopers are honing their skills and perfecting their form for the first events of the upcoming season.

The wrestling team led by the excellent leadership of Martin McNarney returns to the mat after a disappointing season in '86. The team is rebuilding this year, under the eye of talented seniors Dave Eggers and Dominic Zultanski, and junior Brian Gregor. Richard White, a strong sophomore, adds a spark of youth to the squad. The help of a healthy Jay Blandford is desperately needed, but he has been plagued by injuries. Martin McNarney thinks, "It's too early to tell, but we're hoping for an improvement over last season. Last year was a rebuilding year, and with hard work and enthusiasm things could come together."

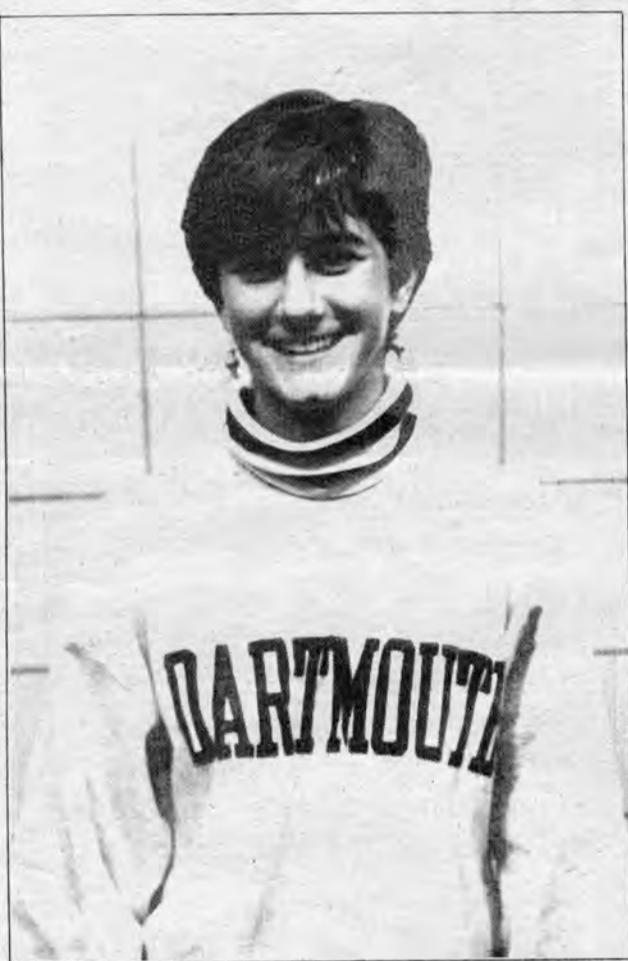
The swimmers are looking forward to a promising season. Led by seniors Pat Carpenter, Paul Ford, Jeff Gramza, and Tom Olson, and juniors Shane Bennett, and Pete Johnson. Young sophomores Andy Lammers, Steve Jones, and Derrick Wally are hoping to come on strong this season. Excellent diving efforts come from juniors Rusty Cobb and Julian Pope. The team is looking for potential from the incoming freshmen. "I feel the team has improved over last season. We should finish high in the sectionals, and we're hoping to send some swimmers down state," remarked Shane Bennett.

Adams hockey is hoping to skate to victory this season. The team also consists of players from LaSalle, Marian, Niles, and Washington High School. Seniors Kevin Cocquyt and Kevin Max backed up by goalie Chadd Rosencrantz, fifth in the state last year, are looking to an impressive season. The youth led by Jeff Case and Mike Shide are tough on the ice. "We're hoping for a promising season. The only way to play our best is to hope that everyone comes out," commented goalie Chadd Rosencrantz.

The girls' basketball team is returning to the floor with a

Practice will make us better, and I guess we have as much talent as any other team in the area. This could be a sectional year," commented junior Megan Moloney. Senior Marilyn Thomas, an All-Metro player from last season, leads the crop of seniors including Molly Lennon, Katie Lane, Kari Miller, Debbie Gergesha, and Lori Myers. The well experienced juniors Megan Moloney, Jackie May, Kristin Mitchell, Jill Cutter, Yvonne Harris, and Vera Marcello. Sophomores Kay Farmer and Mona McFarland are strong contributors. The future looks bright under the supervision of Coach Cleo Kilgore.

Finally, the boys' basketball team will flex its muscle this winter. Seniors Lenny Kalber, Scott Ricks, and Bernie Smith will lead a solid team. The juniors Gary Watkins, Charles Mack, Augustus Giger, Tony Keine, Scott Scheel and Peter Tulchinsky with the help of sophomores Dennis Migas and Jamie Jamison will contribute to the teams success. "We worked hard all summer as a team to prepare for the season, and we feel that we can be contenders for the Conference Title," replied team analyst, Nan Tulchinsky.



Matt Laherty/Tower

This summer, sophomore Mary Kate Kelly tried out for the Girls Under-16 Regional soccer team, consisting of players from 10 states. She was the only player picked in Indiana for this prestigious squad. "I went in there relaxed because I didn't think I could make the team," she said. During the tryout she was doing so well that she scrimmaged with the U-19 players.

The weekend of October 10th, Mary Kate traveled all-expenses-paid to Washington D.C. Her Regional-1 team competed with three other teams around the country, and the WAGS [Washington Area Girls Soccer] Tournament officials will pick an "All-American" team from this national pool.

Mary Kate is a main cog on this year's 12-1-1 girl's team at John Adams. Her ball awareness and skill can juke the socks off of any defender. She's also a team player. Senior tri-captain M.C. Patton said, "She's good because she's interested and works hard in every drill. She's great to get along with and is a well-rounded player."

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South Bend Nightlife Needs A Lift

by Kathy Strieder

It is 2:55 p.m., and all over South Bend schoolbells herald the newly beginning weekend. Students rush out of their classrooms and greet each other with smiles of eager anticipation. Sixty-four hours of freedom lie ahead. But sooner or later someone asks the deadly question: What are we gonna do tonight?

It's no secret to South Bend's teenagers that the city does not offer a tremendously diverse amount of activities. Usually high school students are left to choose between standing in a cold rain at the sports field of their choice or taking in the latest movie at one of the local theatres.

One option recently offered to the local youth, however, is a result of a current sensation that took place in the country's bigger cities in the early eighties. In the past two years several under-twenty-one nightclubs have

opened in the area to allow a place for dancing and social gathering. The original intent of these places was to offer teens a taste of the nightlife they would fully discover a few years into their future, but South Bend's version of this concept has become so diluted that it has succeeded in becoming little more than a series of weekly dances typical to the failed affairs formerly offered by the area's schools.

True, business venturers like Greg Allen of "Off The Strip" (now replaced by "Backstage") and Tibi of "Nightshift" (now defunct) were up against a thick stone wall when they attempted to open their clubs, and even the live bands they hired found this to be true because South Bend socialites tend to be conservative and frugal in their taste. "South Bend is a tough town to play," commented a member of Blue Wail, a jazz and pop group based at Indiana University, Bloomington.

He went on to elaborate that he found the local audience hard to appease at performances ranging from several at "Nightshift" to those at this July's Ethnic Festival. It seems that the local attitude is one of a perverse loyalty resulting in close-mindedness to more than one specific type of music.

This problem is reflected prominently in the musical selections played at the clubs. Traditionally, DJ's look to the Billboard Dance Charts for their selections, and occasionally delve into the oldies for crowd-pleasers. South Bend's choices, however, are stubbornly Top Forty, much to the dismay of those on the dance floor. A local regular at Nightlites elaborates, "When we ask for the Cure the DJ says, 'You guys only want to hear that because you're all on drugs.'" Nightlites, the only club currently operating, specifies by way of notices on the walls that, for them, Friday is "Heavy

Metal" night, and Saturday "Rock 'n' Roll" night while Wednesday is distinguished as "Bizarre" night. While all clubs, including the locally successful "Mitchell's" have specialty nights, the teen dance halls go to the extreme of making this concept the basis for their whole curriculum. The managers have even gone so far as to post signs such as "No Punks, No ---holes allowed" and designated dress codes barring leather and combat boots to ensure that customers with certain specific musical distinctions will be barred. The managers do have good reason to act so discriminatorily. Repeated incidents of insults and fights between youth of clashing tastes throughout town have forced them to take strong action in an attempt to avoid violence.

A solution to the South Bend nightlife problem does exist. It merely involves cooperation on the part of both the local youth and the club owners. The sooner

teenagers can change their attitude to one of open-minded acceptance of all their peers, the quicker managers will be willing to invest in adding features to the nightspots for improvement purposes. Not that the local crowd is expecting "live art" displays similar to those popularized at Chicago's "Limelight," but it is possible that some day soon the old Colfax or State Theatres may be opened as under-twenty-one clubs if conditions become more favorable. These new facilities would sport large dance floors, atmospheric decor, and balcony areas.

The enthusiasm among many of the area's young nightclubbers runs high. "We're even desperate enough to take a box into somebody's alley and dance there," states Shawn Early of LaSalle High School. Properly channeled, this attitude could turn the city into a flourishing night metropolis. The effort is waiting to be made.

Letter to the Editor Tower Skirts the Issue

I got a funny feeling reading the Opinion page of the last issue of *The Tower*.

The first article concerned hazing and the bad name it gives our fine institution. The article went on to say that it "never" happened to that degree, and when it did happen, the freshmen just didn't care. Well, "school of sadism" is a bit harsh, but the point is an important one-somewhere, something did happen, someone did care, and was traumatized enough by the experience to be too "terrified" to complain. This point, it seems, was slighted by the author in zealous defense of her school, even if it is "not a common practice." There is a great distance between the terms "terrified" and "silly attention" and if one applies, the other is simply false or immaterial. If there has been pain inflicted, and there is reason to believe it has, cute pictures of "brutal initiation rites" and ironic references to "living through...boos at pep rallies," especially in defense of some vaporous concept of school patriotism, seem self-congratulatory and even callous.

Then I glanced at a letter concerning the "Adams Trash Problem?" Once again, Hoover Street residents are complaining about litter and lawn-walking. There once was a problem, to be sure, and Hoover parking privileges were almost lost before it was corrected. But, references to "rumors about land mines" indicate the kind of attitude the writer, a class president, is really taking towards the problem. If one chooses not to litter, ideally it should be because of respect for the property owners, not out of fear of punishment, and if punishment really is all that keeps the writer or anyone from littering, then the concept of

other offenders serving them with "silver dinner plates" rings awfully hollow.

Finally, I read an apology placed just left of this letter in the paper. It concerned the recent vandalism of a public facility by an Adams junior, and his subsequent apprehension by the authorities. Vandalism is a very serious offense, especially to this degree, and it was handled well by the officials. However, Graffiti can be found throughout this school on almost every podium, desk, and doorway in the place, not to mention the Twyckenham underpass: much of it is conveniently in the form of the offender's first and last names, initials, etc. I've written on desks, and so have most of the student body. And if this is the only recent crime serious enough to warrant a lengthy apology, we can all feel a little better about driving drunk, say, or slamming some kid's head into a toilet.

My point is this: morality is not a matter of whether or not you get nailed, or how bad you look to the rest of the world. It's how you treat your neighbors, your friends, the people that surround you. None of us are perfect, least of all myself, but when a wrong is done and held up to a sink of behavior, public opinion and societal whim are simply not adequate yardsticks. I only feel that the writers and editors of *The Tower*, and the student body for whom they speak, have serious problems if they truly think that two students caught scrawling on a wall have really done more harm to humanity than those nameless who have made miserable the lives of students and people in this community-or those writers who have belittled and trivialized the victim's concerns.

-John Strieder



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