

THE MAGAT LEAF ABROAD



A newsletter publication for the NVHS-NVGCHS Alumni Abroad Association
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CALIFORNIA INVASION AUGUST 5-6



BAYOMBONG BURSTS IN COLOUR

The 4th Grand Alumni Homecoming was a blast, and so I heard. The colours filled the street – a veritable rainbow. Facebook was inundated with pictures from the event and if you are a subscriber to Facebook like me, you probably would have felt a tug of homesickness. I did. I loved the colours – the smiles and the whirlwind of activities – I could hear the cheers and the laughter. I could taste the native dishes but most of all, the work that went into the planning, organization and execution of the event seemed enormous –and there must have been a big, collective sigh the day after. Great work, everyone! Special feature on the events on pages 5 -11. Thank you, everyone, for your contributions.

– Rose Hombrebueno-Penhale, Class 69

QUOTE

“The heart has its reasons which reason knows not of.” - Pascal

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(Note: Hotel change from Hilton published in the Fall 2010 issue to Sheraton Universal)

QUOTE

“Things which matter most must never be at the mercy of things which matter least.”
- Goethe

The fun and laughter continues.... "The American Dream" is the theme for our 2011 reunion. The North American Batch 1978 is extreme busy-bodies with the task of organizing the upcoming reunion in Los Angeles.

We now have an open registration system at the website. Visit <http://www.nvhsnvgchsalumniabroad.com> to log-on as a member and for registration details. Support our reunion efforts by purchasing a souvenir ad via the website. Various sizes are still available. There are many other features that are available on the website including hotel information and reservations. Add us on Facebook.

Save the Date:

August 5 – 6, 2011
Sheraton Universal Hotel
333 Universal Drive
Universal City, CA

Universal City is within minutes of notable sights and fun locations such as the Universal Studios, Disneyland, Hollywood, California Adventure, Knott's Berry Farm, Beverly Hills, Universal City Walk, Six Flags, and so many others that are too numerous to list.

Visit the hotel website at <http://www.sheratonuniversal.com/>
Please feel free to contact any one of the 2011 Reunion Planning Committee for any additional questions and updates.

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EDITORIAL

Turning Points: Opportunities for Growth



Once upon a time, in a far away land, there was a high school called NVHS which morphed to NVGCHS in the later years. Among the students, there were cliques. I do remember one – the Michelles, fashioned from the Beatles song ‘Michelle.’ I was one of those who did not ‘belong.’ There were those excluded for a myriad of reasons which defies me, even now. Nevertheless, that didn’t stop me from starting the Hi-Jinks. What did we gain? Nothing, except for inflated or deflated self-esteem.

This is a story about an ugly duckling who was ostracized by her classmates, let me call her Rita. I was told she was indigent, and according to some, a plain Jane. Even her relative was disdainful of this young teen. She was the butt of jokes and hurtful gossip.

Fast forward. Once the ugly duckling, Rita grew into a beautiful swan. Presently her life is full of blessings – happy family, successful business, a loving group of friends, a beautiful home and acceptance within the community where she lives. She donates time and money to the school and also to her classmates who need her help. She lavishes her teachers with gifts. In short, she just gives. Still gossip pursues her.

“She must have had some nip and tuck done. She’s buying friendship with all those gifts. She’s manipulative.” All these in derisive tones, and for crying out loud, even some recipients of her gifts talk behind her back.

Rita opened up to me and I betrayed her by mentioning a few things to another alumnus. Unwittingly, I became a gossip myself. She found out and of course, I am now persona non grata. Short of self-flagellation, I admit this as a grievous mistake.

She did admit about the cosmetic surgery, the dental work, and the journey she went through to get where she is now. Her honesty filled me with admiration. She made changes, embraced the rewards and shares the gifts of Spirit among her fellowmen.

While others question her motives, I can only see the giving heart. She has grown. Years have passed but the clique still remains and she is still an outsider. Is the clique wallowing in a mud hole of negativity, I ask. Their smug and self-righteous attitude towards her magnifies their stunted growth. Sad.

For most, high school provides the turning points in our lives. For others, it is a waiting game for something that eventually jars their complacent lives. Opportunities for growth abound, but do we have the awareness to see them?

How difficult is it to look for the good in each person? What stops us from doing a kind deed each day and doing it only for love?

Can I forgive my own participation and can she find forgiveness in her heart for those who have wronged her? Is this what one might call a turning point and is this where we allow ourselves to grow?

-Rose Hombrebueno-Penhale, Class 69

QUOTE

“Great minds discuss ideas. Average minds discuss events. Small minds discuss people.”

-Eleanor Roosevelt

Our Troubled times

Recent 2011 global happenings show difficult times. The Tucson incident in Arizona, the Brisbane-flooding in Australia, the mud-slide in Brazil, the Sri Lankan flush flooding, all claimed many lives and suffering. Political unrest is also disturbing especially the Middle East and the North Korean situation. The world, especially the U.S. and Europe’s slow economic recovery and mass unemployment are worrying.

We are all affected. How are you coping? Are some people luckier than others? Are you feeling helpless and discouraged? Is life not fair? Religious people blame suffering as punishment from God because we have not been obedient enough or have turned our back from “Him”. But God is love, is He not? If so, why is a natural disaster called “an act of God”?

Natural disasters and political conflicts have been with us throughout the ages and global information through cyberspace comes to us almost immediately. The flip side of our dilemma is positive. You’ll see.

Science today recognizes the fact that the universe, from the largest to the smallest creature, functions in perfect balance and harmony. Scientists realize there is a system called the Universal Laws of Life that is maintained by the Absolute, which we call God. Quantum physics tells us that these laws are self-regulating when things go out of balance.

One major universal law is ***The Law of Cause and Effect***. It simply means, what we sow, we shall reap. The Golden rule is one way to help us keep our life in balance. It is taught by our parents, our society or religion or through personal experience. Unfortunately, humankind had violated this *Law* consistently throughout the ages, either willfully or because of ignorance. Since Universal Laws are self-regulating, we (you and I, or as a family, a community, or a nation), *the cause*, succumb to the negative *effect* of our action to once again restore balance. When our actions support balance and harmony, *the cause*, (i.e. respect for all life and our environment), we create a just and caring society, *the effect*. However this has not always been the case.

A very small minority live a balanced life because they are aware of the universal laws of life. Their awareness emanates from within, knowing they are *Souls*, eternal spiritual beings engaged in a spiritual journey of learning. They are aware that our civilization had caused through the ages great imbalance and disharmony on this planet. For this reason, mother earth is sick. To heal itself and bring back balance, mother earth draws energy from the Absolute. In the process, changes occur, such as climate change, unseasonal weather, volcanic eruptions, earthquakes, and earth movements and human beings are greatly affected by it.

Here is the bright side. Restoring balance and harmony brings human growth and higher spiritual awareness. The end result of natural disaster **opens the heart of humankind bringing out goodness, kindness, respect and love for one another – individually, or as a group or as a helping nation. This is divine love in action. This is the self-regulating mechanism of the universal laws of life.**

-Azucena Dulay-Kurz, Class 54

From Fe Afalla-Cabanting's Desk

I submit this report for everybody's perusal and information. One may wonder how we have managed all these years to stay afloat but thanks to a few generous alumni who contribute way beyond the subscription fee. The truth is that collection soars up each time we have a reunion. Thanks to Jolicia Gauuan who took the effort to collect at the last reunion.

We need to revisit our system of collection and circulation of the Newsletter. We want to know your opinion. Please send us your suggestions or bring them up for discussion at the reunion.

Once again, our heartfelt thanks to our editorial staff who have tirelessly given of themselves to serve our Alma Mater and the alumni that we could stay united in thought and spirit through the Magat Leaf Abroad.

We hope to see you in Los Angeles in August. Please turn in your registrations NOW.

-Fe Afalla-Cabanting, Class 58

Collection:

2009

January 5 - December 10 - 27 paid subscriptions donation
July 11 (at the reunion in Toronto) 49 paid subscriptions/donation

2010 - 7 paid subscriptions

2010 Newsletter expenses

Printing - 320 copies \$ 240.48
Stamps - 114.40
Total - \$ 354.88

Cash in Bank – January 2011 - \$1,184.44



The Griffith Observatory in Los Angeles.

Heard At a Beauty Pageant

Interviewer: Which is more addictive - drugs or sex?

Miss Phil. contestant: Ahh, well...really...sa totoo lang (honestly), it depends on the pusher.

SPOTLIGHT ON GADDANG

Gaddang Tales – Part 1

(The tale about the origin of the Magat River dates back to pre-Spanish times. This is an excerpt from Gaddang by Mary Christine Abriza http://litera1no4.tripod.com/gaddang_frame.html)

Magat was a handsome and strong-willed youth who saved a lovely maiden bathing in a stream from the clutches of a python. He proposed marriage to the woman, who consented on condition that Magat would swear not to see her at noon. One day, Magat could no longer contain his curiosity and broke into his wife's seclusion. In place of his wife, he saw a crocodile, which turned into his wife. "You broke your promise," lamented the woman. "I can no longer be happy. Thus, I must now die." Having said this, she slowly turned once more into a crocodile and died. After burying his crocodile-wife in his front yard, Magat drowned himself in the same stream where he first espied her. Over time, the stream grew into the mighty Magat River. It widens and grows, it is said, because Magat wants to claim the remains of the wife he buried in the heart of town.

For love of Gaddang poetry...

Mabeling

Ayan, mabeling a mattam, diriyatannac
Ay matayak si anggam kada lanngin nac
Ay kuruwa dokkal ingke ya anggam ko sicuam
Gafu se ikallak nac, lappo na ya futuc
O busilelaw a maluwawad, lappo na karalwak
Ikka ya lagria na trubador
Anto nad ya indaggan ko
Yan a mammit a sapit no
Ya maggabwat inke sitan, maluwawad a bifig no.

Translation:

Oh, how your radiant eyes seer my soul with blinding light
Then, suddenly a glimpse of heaven appears in my sight
Why does this immeasurable burning passion consume me
with blissful delight?
Pity my love, let it bloom like a flow'r in the garden of my heart
Oh brilliant orbs with dazzling light
Twin beacons along the darkest pathways of my life
You inspire troubadours to sing paeans of exultation and joy
Alas I despair, still I wait and yearn
T o savor those illusive words from your nectared lips
Then, per chance my tortured soul will be
Resurrected from the depths of Hades.

Contributed by : Homer Zuraek, Class 1951

Translation by: Donald Maddumba, Class 1959

WANTED

Your opinions, anecdotes, favourite jokes, quotes, recipes, family events, pictures, and anything at all you wish to share with the Alumni abroad. Send to suzie_fred@kurzdesign.com or rosepen13@gmail.com or by mail to Fe Cabanting



LET'S TALK

Again, KUDOS to everyone! This is one great WOW edition of the Magat Leaf. Have forwarded it to my VIZCAYA listing and my classmates. I love the HKU and Reluctant Donor.

I will be attending our Silliman TIPON reunion in Alaska early July '11 and planning on staying longer in the mainland. I will think about attending our 2011 reunion.

Also, I would like to apply as a contributor of the Magat Leaf, thank you. That is, if you can consider me.

– Alice Dumlao, Class 66

QUOTE

"We are what we repeatedly do. Excellence, then, is not an act, but a habit."

– Aristotle

HEALTH MATTERS

Know Your Ampalaya



Nutritional Benefits

Bitter gourds are very low in calories but dense with precious nutrients. It is an excellent source of vitamins B1, B2, and B3, C, magnesium, folic acid, zinc, phosphorus, manganese, and has high dietary fiber. It is rich in iron, contains twice the beta-carotene of

broccoli, twice the calcium of spinach, and twice the potassium of a banana.

Bitter melon contains a unique phyto-constituent that has been confirmed to have a hypoglycemic effect called charantin. There is also another insulin-like compound known as polypeptide P which has been suggested as insulin replacement in some diabetic patients.

Health Benefits

Blood disorders: Bitter gourd juice is highly beneficial for treating blood disorders like blood boils and itching due to toxemia. Mix 2 ounces of fresh bitter gourd juice with some lime juice. Sip it slowly on an empty stomach daily for between four and six months and see improvement in your condition.

Cholera: In early stages of cholera, take two teaspoonfuls juice of bitter gourd leaves, mix with two teaspoonfuls white onion juice and one teaspoonful lime juice. Sip this concoction daily till you get well.

Diabetes mellitus: Bitter melon contains hypoglycemic compound (plant insulin) that is highly beneficial in lowering sugar levels in blood and urine. Bitter melon juice has been shown to significantly improve glucose tolerance without increasing blood insulin levels.

Energy: Regular consumption of bitter gourd juice has been proven to improve energy and stamina level. Even sleeping patterns have been shown to be improved/stabilized.

Eye problems: The high beta-carotene and other properties in bitter gourd make it one of the finest vegetable-fruit that help alleviate eye problems and improving eyesight.

Hangover: Bitter melon juice may be beneficial in the treatment of a hangover for its alcohol intoxication properties. It also helps cleanse and repair and nourish liver problems due to alcohol consumption.

Immune booster: This bitter juice can also help to build your immune system and increase your body's resistance against infection.

Piles: Mix three teaspoonfuls of juice from bitter melon leaves with a glassful of buttermilk. Take this every morning on empty stomach for about a month and see an improvement to your condition. To hasten the healing, use the paste of the roots of bitter melon plant and apply over the piles.

Psoriasis: Regular consumption of this bitter juice has also been known to improve psoriasis condition and other fungal infections like ring-worm and athlete's feet.

Respiratory disorders: Take two ounces of fresh bitter melon juice and mix with a cup of honey diluted in water. Drink daily to improve asthma, bronchitis and pharyngitis.

Toxemia: Bitter gourd contains beneficial properties that cleanse the blood from toxins. Sip two teaspoonfuls of the juice daily to help cleanse the liver. Also helpful in ridding jaundice for the same reasons.

Consumption Tips

Choose unripe bitter melons that are firm, like how you would a cucumber. Avoid those that have turned orange or have soft spots. Ripe bitter melons can be excessively bitter. Store bitter melons in the refrigerator's crisper which has the right temperature. It should keep for three to four days.

Keeping bitter melons at room temperature or with other fruits and vegetables will hasten the melon to ripen and become bitterer due to the emission of ethylene gas.

Clean your bitter melon under cold running water and brush with a soft vegetable brush. To prepare, slice the melon length-wise and scoop out the seeds. To lessen the bitter flavor soaks it in salt water for about half an hour before juicing/cooking.

The smaller variety is bitterer than the bigger one. To help make bitter gourd juice more palatable, take it with honey, or add carrot or apple juice. For diabetics, drink the juice with green apple juice.

Caution

Do not consume more than two ounces of bitter melon, or more than two melons a day. Excessive consumption may cause mild abdominal pain or diarrhea. Diabetics taking hypoglycemic drugs will need to alter the dosage of their drugs if they consume bitter melon on a regular basis. Please consult your doctor.

Pregnant women should avoid taking too much bitter gourd or its juice as it may stimulate the uterus that may lead to preterm labor. (Source: <http://www.juicing-for-health.com/bitter-gourd-benefits.html>)



QUOTE

"We are not the victims of luck or anything else. What we are today is the result of our own actions and thoughts." – Harold Klemp

TRIED, TESTED AND TRUE

Brussels Sprouts with Hazelnuts

2 Tbsps. Butter

1 Tbsp. extra-virgin olive oil

1/3 cup minced shallot

1 ½ lbs. Brussels sprouts, leaves separated from cores, cores discarded

1 cup apple cider

½ tsp. kosher salt

¼ tsp. pepper

½ cup chopped hazelnuts

In large skillet over medium-high heat, heat the butter and oil; add shallot and cook until softened, about 5 minutes. Add the Brussels sprouts leaves, and cook for 3 minutes, stirring frequently.

Add the apple cider, and cook until cider is reduced by half, about 8 minutes. Sprinkle with salt and pepper and toss with hazelnuts. Serve hot.

QUOTE

"I know of no more encouraging fact than the unquestionable ability of man to elevate his life by conscious endeavor."

- Henry David Thoreau



Filipinos in their creative glory...

Following are signs at various shops in the country; the creativity and the imagination that went into these signs are truly admirable! They are funny and even witty!

A beauty parlor - **Cut & Face**

A wholesaler of balut - **Starduck**

A small Internet café - **Cafe Pindot**

A laundry - **Summa Cum Laundry**

A kambingan - **Sa Goat Kita**

A hair salon somewhere - **Curl Up And Dye**

A store selling feeds for chicken - **Robocock**

A shoe repair shop - **Dr. Shoe-Bago**

Another shoe repair shop - **SHOEPERMAN**

(We will HEEL you, save your SOLE, and even DYE for you)

A second-hand watch store - **2nd Time Around**

A squid stall in a wet market - **Pusit to the Limit**

A lawyer's extension office - **Nota Republic**

A ceiling installer - **Kisame Street**

A car-repair shop - **Bangga Ka 'Day!**

"Looking Back With Jubilation, Sharing With Grateful Hearts"

Reminiscing the 4th NVHS-NVGCHS Grand Alumni Homecoming

I remember the day when I'd walk into the gates of NVGCHS dreading a surprise quiz from Physics, accidentally left my school ID at home or forgetting my homework in Pilipino. But today, I walk into this gate no longer a student but as an alumnus of NVGCHS.

That's exactly what happened last December 28-29, as roughly as a thousand graduates of NVHS-NVGCHS marched back to the school quadrangle for its 4th Grand Alumni Homecoming. Some say this was the largest alumni homecoming ever. What's new in this year's event was the grouping of batches into five clusters, i.e. a cluster consisted of several batches from various years and decades.

The reunion kicked off with a motorcade and from the Provincial Capitol to the school campus. Day one was packed with activities, which included a program, medical mission, tour around the school, games and general meeting of the NVHS-NVGCHS Alumni Association. The highlights of the day were the presentation of batches, turning over of donations for the renovation of the school gymnasium and presentation of donations for various school projects. As each batch was presented, one could feel the high energy and competitiveness of the alumni. Many batches had uniforms with every color from the rainbow and prints as wild as the imagination goes. The younger batches didn't just sit the whole program, they were probably more competitive than their older counterparts as they cheered and yelled when they were presented.

That same night was the awarding and recognition of alumni who excelled in their respective field of endeavors. Aside from the numerous Special Awards, Citations and Outstanding Alumni awards, **Junifen F. Gauuan of Batch 1972 and current President of Aldersgate College received this year's Most Outstanding Alumnus while Alberto A. Genato of Batch 1935 and former Principal of NVHS was presented the Lifetime Achievement award and was dubbed as the Father of NVHS-NVGCHS.**

Day Two was *Batch Day*, which gave each of the batches an opportunity to catch up and have fun.

Overall, the 4th Grand Alumni Homecoming can be summed up in one word – FUN, as it should always be about.

As I walk out of the gates of NVGCHS, I say that I was once a student of this school and I am proud of it. .

See you in 2015 at the 5th Grand Reunion!

- Albert (BJ) L. Genato, Class '02

QUOTE

"Knowledge comes, but wisdom lingers." - Alfred, Lord Tennyson

Harriet's Homecoming Highlights

Kudos to Classes '62-'67 who spearheaded this 2-day event with Batch '62 as the lead class! Alma Dolores Miguel Navarrete-Bodino, Schools Division Superintendent of Nueva Vizcaya, chaired the Executive Committee.

A General Meeting for the Election of Board of Directors and Officers of the NVHS-NVGCHS Alumni Association saw representation from each Batch.

Dr. Edwin B. Galapon, Batch '74 coordinated and managed the medical and dental services.

Free eyeglasses and some medical supplies were donated through the courtesy and kindness of Dr. Augusto B. Valera, Batch '78.

Activities included bingo games, media arts exhibits, theatre presentations and ballroom dancing with fabulous prizes.

Donations from batches poured in like showers of blessings for the rehabilitation of the school gymnasium.

-Harriet Bello Lumicao-Cabauatan, Faculty Member

Reunion Statistics

Total Registration - 1,750

Total Donation - \$410,198 as of last count

Various Awards and Citations:

Outstanding Attendance Award - Batches 80 and 81.

Earliest Bird Award - Gerodita T. Moscoso, Batch '55

Exuberance Award - Batch 80 for their vitality and zestfulness and active participation in all activities from morning till evening.

Most Outstanding Batch Coordinator - Jun Bacsa, Batch '81

Outstanding Batch Coordinators

- Juliet M. Navarrete -Batch-66
- Librada A.Fabian & Arcely M.Palparan -Batch'75
- Rosemarie V. Suriaga - Batch '76
- Norla S. Valdez- Batch '79
- Emily R. Ganacias & Joycelyn C. Llanda - Batch '80
- Crizelda S. Sebastian - Batch'81

For their gift of presence, valuable insights and wisdom shared during the meeting:

- Froilan B. Calata - Batch '37
- Paz N. Villegas & Vicenta D. Hombrebueno - Batch '39
- Rosalina D. Ambatali - Batch'49

Drs. Edgar C. Genato, '62 and Veronica D. Martinez, '78 were Program speakers for morning and evening respectively.

- Juliet Llarina, Retired Faculty Member

QUOTE

"We are not the victims of luck or anything else. What we are today is the result of our own actions and thoughts."

- Harold Klemp



Batch 90

JOKE

Four-Letter Surgery

Jerry is recovering from day surgery when a nurse asks him how he is feeling.

"I'm OK but I didn't like the four-letter-word the doctor used in surgery," he answered.

"What did he say," asked the nurse.

"OOPS!"

Special thanks to Katherine Maddela-Bustos, Noemi Bonares-Salvatierra and Lyndley Ramos for the collection of photos.



Batch 69



Batch 54



A million thanks to the students, faculty members and the various committees for their generosity and hard work in making this the best homecoming ever...may your tribe increase!

Apologies to batches that may not have been represented in these pages.



*Stand ye youth of visions fair
And sing to our Alma Mater,
A song for'er to linger
Deep into the hearts of men,
To you, oh, Vizcaya's pride
This song we dedicate
Thou art full of nature's best
And thou our province's torch!*

*To you NVGCHS We will always be loyal and true,
We will never forget you
Though other hearts may have taken our place,
To you, our loyal soldiers
We will always be proud of thee,
For you led us to truth and to the door of our success.*





A heartfelt gratitude to the donors for an overwhelming contribution towards the rehabilitation of our gymnasium.

Kudos to All Batch Coordinators! Well done!



Batch 98



EXCUSES, EXCUSES

I was kidnapped by terrorists and they only just let me go, so I didn't have time to do it.

I used it to fill a hole in my shoe; you wouldn't want it now.

The lights in our house went out, and I had to burn it to get enough light to see the fuse box.

Another pupil fell in a lake, and I jumped in to rescue him. My homework though drowned.



GEOGRAPHY LESSONS

Name three famous poles?
North, south and tad!

Why does your geography exam have a big zero over it?
It's not a zero, the teacher ran out of stars, so she gave me a moon instead!

Teacher: Where is the English Channel?
Pupil: I don't know, my TV doesn't pick it up



NVHS-NVGCHS Alumni Abroad 9th Grand Reunion - Aug. 5 & 6, 2011

“Fun & Laughter continues in 2011...our theme - The American Dream”

Website:

www.NvhsNvgchsAlumniAbroad.com

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REGISTRATION/SOUVENIR PROGRAM ADVERTISEMENT/DONATION FORM

Part 1 - REGISTRANT/ADVERTISER/DONOR INFORMATION

First Name _____ Last Name _____

E-mail _____ Contact Phone _____

Street Address _____

City _____ State _____ Country _____ Zip Code _____

Part 2 - REGISTRATION

REGISTRATION FEES \$125 per ALUMNUS/ALUMNA \$85 per Guest

Attended: NVHS NVGCHS YEAR GRADUATED/BATCH _____

Name of alumni/guest including yourself:

_____ TOTAL number attending (including yourself)

Part 3 - SOUVENIR PROGRAM

YES, I would like to advertise in the Souvenir Program.

Advertisement Pricing and Size (check desired layout)

\$50 (1/4 pg.) \$100 (Full pg.) \$75 (1/2 pg.) \$150 (back/inside back)

Please provide graphics for your ad layout:

Family/Individual Photo Business Logo Text Copy Layout Supplied (if any)

Note: You can email your graphics to a.dulay@yahoo.com

Advertisement Description and/or Message:

Part 4 - DONATION

YES, I would like to donate \$ _____

Part 5- PAYMENT

(Part 2) Registration Fee

(# _____ Alumnus/Alumna x \$125) \$ _____

(# _____ Guest/s x \$85) \$ _____

(Part 3) Souvenir Program/Advertisement Fee \$ _____

(Part 4) Donation Amount \$ _____

Total Due (check, money order, or bank draft) \$ _____

Please make checks payable to: NVHS-NVGCHS REUNION

**MAIL completed form and payment to: Augusto Valera Jr.
P.O. Box 712
Daly City, CA 94017**

Date form completed and mailed: _____



**REUNION
VENUE**

**Sheraton
Universal Hotel**

333 Universal Drive
Universal City,
California USA
(818) 980-1212

Will book room @
Sheraton Hotel

Yes No

Event Name:

2011 NVHS-NVGCHS
Grand Alumni Reunion

To book now and get the
discounted rate of
\$179.00 + taxes, email
Carol Maravilla

cmaravilla@sheratonuniversal.com

You are responsible for
booking your individual
hotel reservations.

Hotel costs not included
in the registration fees.

Hotel reservation does
not include Reunion
reservation.



Class 69 – my favourite class!



Awards Night

*“The only way to have a friend is to be one.”
-Ralph Waldo Emerson*



Gloria Bonares-Dimalanta & Tony Abellera, Batch 60



Grace Gelacio & Vicenta Dulay Hombrebuena

***Your subscription or donation assists us in the production and distribution of the Newsletter.
Please give generously.***

THE MAGAT LEAF ABROAD

A newsletter publication for the NVHS-NVGCHS Alumni Association
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I am an alumni/friend of NVHS-NVGCHS and would like to subscribe to the Magat Leaf Abroad Newsletter. Enclosed is a cheque/money order for \$10 as my donation.

Name _____ Telephone _____

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City _____ State/Province _____ Country _____

ZIP/Postal Code _____ E-Mail Address: _____

Class Year _____